



www.caresco.org.uk

Sawtry Eye

Distributed to Conington,
Glatton, Upton, Winwick,
The Giddings & Sawtry

No. 133 - April - May 18

WINWICK TABLE TOP SALE

Saturday 19 May
From 10am - 4pm



*On The
Royal Wedding Day*

Houses around the village will be selling
plants, cakes / puddings, bric-a-brac,
books, and more

Children's Treasure Hunt

Maps and light lunches in Winwick village hall

To rent a stall (£10) contact:
Sue 01832 293215, Jenny 01832 293478,
Jane 01832 293513, Alison 01832 293209
Before 12 May

The Friendship & Vintage Clubs

Invite you to join them for their

QUIZ SUPPER

On Saturday 28 April

From 7.30pm

At the CARESCO Centre
Green End Road, Sawtry PE28 5UX

Tickets £8.00

(To include a hot supper)

Teams of 6 - 8

Bring your own drink and glasses

There will be a raffle on the night

Tickets available from the
CARESCO Office or
call 01487 832105



Race Night

Glatton Village Hall
Saturday 14th April

Doors & Bar 7:00pm,

Racing Starts 7:30pm (approx)

£10 entry includes a fish & chip supper
licensed bar available

Entry by ticket only available from Jane Jones Tel: 832042
or e-mail: justjayjay@me.com
or via "Glatton Village" Facebook page



CARMA'S CHALLENGE

Car Treasure Hunt

Sunday 8 April

Starting from the Greystones Pub Car Park,
Green End Road, Sawtry PE28 5ST

Max 4 per car (3+driver) - £10 per team

Staggered start - not a race
Prizes awarded

Check in at 12 noon
for instructions and route
(Approx. 35 miles / 2.5 hours)



Book via the Parish Council office,
37 Green End Road 01487 831771
or email admin@sawtry-pc.gov.uk

**Raising funds for the community
by the community**

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you



Make A Date

2018	Group	Details	Contact No	Page
7 April	Sawtry Bowling Club	Quiz Night	01487 832854	29
8 April	Chairman's Challenge	Car Treasure Hunt	01480 831771	Front Page
14 April	Glatton Village	Race Night	01487 832042	Front Page
20 April	SSBP	Marshall King	01487 832683	7
24 April	Sawtry Bowling Club	Coffee Morning	01487 832854	29
28 April	Friendship & Vintage Clubs	Quiz Supper	01487 832105	Front Page
12 May	St Nicholas', Glatton	Plant Stall	01487 832401	21
19 May	Winwick Village	Table Top Sale	01832 293215	Front Page
1 June	Sawtry Cricket Club	Race Night	07883 635330	8
2 / 3 June	Sawtry Colts	Football Tournament	--	--
5 June	Sawtry Feast Supper Committee	Sawtry Feast Supper	01487 832645	14
7 June	Sawtry Royal British Legion	Prize Bingo	01487 834338	10
9 June	Sawtry Carnival Committee	Sawtry Carnival	07799 062276	10
28 June	Sawtry WI	Strawberry Tea	01487 831793	9
20 July	CARESCO	Race Night	01487 832105	--
6 - 12 August	Sawtry Light Factory	Holiday Club	01487 830345	21
15 September	Sawtry Show Committee	Sawtry Show	01487 832682	18
24 November	CARESCO	RAF Wyton Voluntary Band Concert	01487 832105	--
1 December	SSBP, SYP & CARESCO	Frost Fayre	07720 583340	--

ADVERTISE YOUR COMMUNITY EVENT HERE

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date'. We cannot include regular meetings/classes as space will not allow, but we would love to know about your special events.

When your organisation fixes dates, please let us know. Don't wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours).

We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.





Sawtry Eye is published by:
CARESCO

Contact details:

Sawtry Eye
CARESCO Centre
Green End Road
Sawtry
Huntingdon
Cambs PE28 5UX

01487 832105

sawtryeye@caresco.org.uk

Articles & Letters can be emailed to the address above. Please put the subject "For Sawtry Eye" and enclose full name and postal address.

www.caresco.org.uk

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CARESCO Printshop

EDITORIAL POLICY SUMMARY

· All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.

· Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.

· Anonymous items will only be considered where the author has submitted their full name & contact details to the editors with their contribution and have requested, with reason, that these are withheld.

· Before printing a critical item the editors reserve the right to approach the criticised persons/group and offer an opportunity to comment, where possible, in the same issue. At their discretion the editors may delay the item to the following issue or publish without a reply.

· The editors cannot accept any liability for omissions, errors or mistakes which occur in production.

· The copies of Sawtry Eye delivered to the parish of Sawtry are accompanied by the Sawtry Parish Council Newsletter which is published by and the responsibility of Sawtry Parish Council.

The full Editorial Policy is available from the CARESCO office during office hours.

DISTRIBUTION OF SAWTRY EYE:

If you know of anybody who does not receive a copy or would like to help deliver Sawtry Eye, telephone: 01487 832105 between 9am — 12 noon Monday - Friday



Working to become
Dementia Friendly

Welcome

Well that was a late cold spell for us all! We trust you managed to stay safe and warm, even those who got out to enjoy the snow. Hopefully a warmer Spring is around the corner, if not already here when you are reading this.

We're delighted to once again be able to bring you the first glimpse of this year's Sawtry Show classes (see gold pages). More details will follow in the schedules in early summer, but these should give you a head start in your planning. The Show is such a lovely and social community event and don't forget, even if you live in one of the outlying villages, you are still entitled to enter as you are on the circulation route for the Sawtry Eye.

As always, we are grateful for all the articles we get from local clubs and groups, for each Eye, but are finding it increasingly hard to squeeze everyone in. Contributors, please ensure your items are as concise as possible and keep your word limit down so we can get more into each issue. We continue to retain the right to edit as we see necessary. We may also need to hold off publishing event details which are too far into the future, to give priority to those which will happen in the duration of the issue. Please forebear with us.

From the Sawtry Eye team, have a good one.

Liz - Co-Editor



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April 2018

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May 2018

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28	29	30	31			

SCHOOL TERM DATES

Summer Term 2018

Start of term 16 April

Half term: 8 May to 1 June

End of Term - 24 July

Autumn Term 2018

Start of term - 4 September

Half term: 22 to 26 October

End of Term - 20 December

Spring Term 2019

Start of term 3 January

Half term: 18 to 22 February

End of Term 5 April

NB Academies are responsible for setting their own holiday dates and so may not match those set by Cambridgeshire County Council. Schools have a number of training days available to take in addition at their discretion. Please contact your local school for more details.

Information taken from the Cambs County Council website at



HDC REFUSE COLLECTION

LANDFILL WASTE (GREY)

(Week Beginning)

9 & 23 April

7 & 21 May

GARDEN WASTE (GREEN) & RECYCLING (BLUE/GREEN)

(Week Beginning)

2, 16 & 30 April

14 & 28 May

- The earliest you can put out your waste bins/bags is 6pm the day before collection
- Wheeled bins should be returned to your property as soon as possible once empty
- Do not put filled black or dark coloured bin bags in your recycling bin
- Take clothing and textiles to your local clothing bank or favourite charity shop

To find out your exact dates or for more information visit <http://www.huntsdc.gov.uk>

WAYS TO SUPPORT CARESCO

VOLUNTEER

Do you have a few hours spare you could spend volunteering with CARESCO, be that weekly, monthly or yearly? We can always use another pair of hands.

EASYFUNDRAISING

Do you shop online? By downloading *Easyfundraising* on to your computer and going via their page to your normal retailers' websites, we will get commission at no cost to yourself. Find the link on our homepage.

MYDONATE

Would you like to make a simple monetary donation to further the work of CARESCO? Visit our website and follow the link to our MyDonate page to make an online donation, or contact the office.

COLLECTING BOX

As a simple option, we have collecting boxes available for you to keep at home and use for your small change, as a swear box, or for that loose change down the side of the sofa!



S A W T R Y W I

Sawtry WI meets on the 1st Thursday of the month, at 7.30pm in the WI Hall, Gidding Road, PE28 5TS (wheelchair access and hearing loop)

Charity Number 229016

5 April

'Eating the System (*Tales of a Lady Plummer*)'

- Sarah Oliver

Competition: *Something I have done in the last month*

3 May

'Resolutions'

Competition: *Something I have done in the last month*

7 June

'kURUNI School Project' - Jill Wadsworth

Competition: *Something I have done in the last month*

Visitors and new Members always receive a warm welcome. If you haven't tried the WI before, come along and meet us

Regular features include:
Bring & Buy, Books, Raffle and Refreshments

President Roz Rowland 01487 831793

Correspondence Secretary Rosemary Jubb 01487 830243

**For Issue No: 134
June - July 18**

*Advertisements by
12 Noon on 11 May
News Items by
12 Noon on 18 May*

Rates for Mono

Full Page: Portrait
(17.5cm x 26cm)
1 Issue - £132.00
6 issues - £660.00
Monthly SO - £66.00

Half Page: Landscape
(13cm x 17.5cm)
1 Issue - £71.00
6 Issues - £355.00
Monthly SO - £35.50

Quarter Page: Portrait
(13cm x 8.5cm)
1 Issue - £39.00
6 Issues - £195.00
Monthly SO - £19.50

Eighth Page: Landscape
(6.5cm x 8.5cm)
1 Issue - £23.00
6 Issues - £115.00
Monthly SO - £11.50

For more information and prices for colour, call in or phone 9.00am - 12 Noon Monday - Friday

0 1 4 8 7 8 3 2 1 0 5

sawtryeye@caresco.org.uk



**COMMERCIAL ADVERTISING
TERMS & CONDITIONS**

- Commercial advertisements can be submitted by email to sawtryeye@caresco.org.uk (preferred option), on a disk or as a paper copy delivered to the CARESCO Centre
- A final simple layout can be produced by our in-house graphic designer (possibly at extra cost)
- High contrast line art is usually better than photos
- Remember to include your name & full contact details
- Make your instructions clear
- Payment with advertisement please, call us to discuss options
- We can accept payment by BACS, cash or cheque (made payable to 'CARESCO')
- Sorry, we cannot take card payments
- CARESCO cannot accept any responsibility for business lost due to any error in production
- Our editorial policy is available on request
- Additional information, rates and deadlines along with our editorial policy are all available from our website by following the links to the Sawtry Eye pages

www.caresco.org.uk

WANTED:

VOLUNTEER FOODBANK CO-ORDINATOR



Sawtry Foodbank is looking for a new project co-ordinator. Do you think this is something you could do?

You will need to have a passion for the work of the Foodbank, an ability to be non-judgemental, to work closely in a team, link with supporting agencies and

be willing to carry out the range of tasks that are expected of a project co-ordinator.

This is a big volunteering role but the co-ordinator will have a steering group to support them.

The Foodbank comes under the CARESCO umbrella and therefore there will also be support from the Volunteer Manager and Trustees.

If you are interested in volunteering for this role, or would just like to know more, please contact



Miranda on 07751 798287 or 01487 832105 or email: volunteer@caresco.org.uk

CARESCO Pens

For Sale

£1.00 each

**** Popular chunky style **
** Black ink ****

Available from
the CARESCO
Centre



**CARESCO
Charity Shop
Easter Opening Hours**

Good Friday,	30 March	CLOSED
Easter Saturday,	31 March	9 - 12.30
Easter Sunday,	1 April	CLOSED
Easter Monday,	2 April	CLOSED

7 Greenways, Sawtry, PE28 5UR
01487 208026 - shop@caresco.org.uk



Below are details of some of the activities run by CARESCO, the Sawtry based charity behind this magazine.



For more details about our services, please visit our website or contact the CARESCO Centre
www.caresco.org.uk

What is CARESCO?

We are a small Sawtry-based charity working to meet needs within our local community. We run a range of different activities, some of which are detailed here, with the help of a large number of volunteers. You can find us at:

The CARESCO Centre
 (Behind the Old School Hall)
 Off Green End Road, Sawtry, PE28 5UX
 Tel: 01487 832105
 or email: office@caresco.org.uk

Vintage Club

because life gets better with age

Wednesdays & Thursdays
 9.30am - 2.30pm

We aim to bring together those who are looking to socialise, but may not have the means or are not physically able to get out and about by themselves for a regular day of friendship, food and fun. The team are able to offer a basic level of care in a safe environment where people can find company, activity and assistance where needed.

Group activities include: crafts, quizzes, bingo, raffles, outside entertainment and luncheon outings.

Cost: £7.00 per session, includes cooked lunch, refreshments and transport

Come and join us for all things musical and the spoken word.

We meet on the
 2nd and 4th Fridays of the
 month from 1.30 to 3pm
 At the CARESCO Centre



Refreshments included

Forthcoming dates:

13 & 27 April

11 & 25 May

There is a charge of £2.00 to help cover costs

SAWTRY CAR SCHEME

Volunteer drivers offer door-to-door transport for people in the community who do not have their own car and cannot access public transport.

Journeys cost 45p per mile (£2.00 min charge)

Trips can be for shopping, to hospital, or for some social occasions

For more information

contact the co-ordinator on 07810 476979

Coffee Shop

Is open every Friday

9.00 - 11.30am

(9.45 - 11.30am during school holidays)

Come and meet friends for a warm welcome, tea/coffee, homemade cake, bacon butties (fortnightly) and a chat

CARESCO PRINTSHOP

Mondays to Fridays

9am - 12 noon

We provide a simple printing service to local community groups for their newsletters & programmes.

The Sawtry Eye is our main regular work, alongside which we also print magazines for other villages as well as annual reports and regular newsletters for local groups.

Could we also meet the printing requirements of your group?

Contact us with your requirements and ask for a quote.

CARESCO CHARITY SHOP

7 Greenways, Sawtry, PE28 5UR 01487 208026

Mondays to Fridays	9am - 4.30pm
Saturdays	9am - 12.30pm
Sundays	Closed

Find yourselves a bargain while supporting our services.

Donations of good quality, suitable, clean items always welcome, but please stagger large quantities as storage is limited.

All proceeds support CARESCO activities

FRIENDSHIP CLUB

MONDAYS & TUESDAYS
 10.30AM - 1.30PM

Club members meet for conversation and to share a two-course meal cooked fresh on the day, the more active enjoy helping with small tasks.

Couples are welcome

Transport can be provided within Sawtry but if you live outside of the village and would like to attend, Sawtry Car Scheme may be able to help.

Cost: £5.00 per session plus transport if required.



SSBP presents **MARSHALL KING**

All-round entertainer's
Legends Show

on Friday 20 April at Sawtry Club

In aid of CARESCO and SYP

**Tickets available now
Early birds price of £12, under 14s go free**

For tickets visit <https://www.eventbrite.co.uk>
and search for 'SSBP'

To see a preview of the man himself, visit:
<http://www.kingentertainment.co.uk/>

Farmers' Markets

Truly local food sold by the people who produce it.

OUNDLE

Every 2nd **Saturday** from 8.30am - 1.30pm
Market Street

For further information please contact
Oundle Town Council
Call 01832 272055, or email otc@lineone.net

ST IVES

Held on 1st and 3rd **Saturday** from 8.30am - 2.00pm
at the Sheep Market in St Ives town centre

For further information please contact
St Ives Town Council, call 01480 388929,
or email clerk@stivestowncouncil.gov.uk

Farmers' markets are different because the food sold
there must be from the local area and sold by the people
who grow or produce it.

Bought-in produce is not allowed.

Buy fresh, high quality produce from the people who can
tell you how it was grown or made.

SAWTRY STEPPERS MODERN LINE DANCE CLASSES

** 'New' ** **Mondays for beginners**
10.45am - 12.45pm

with added improvers section until 1.15pm
£5 (inc refreshments)

Old School Hall, 37 Green End Rd, Sawtry, PE28 5UX

Wednesdays Improvers / Intermediates

7.15 - 9.30pm ~ £4.50 per class

Glatton Village Hall, High Haden Rd, Glatton, PE28 5RU

Learn to line dance, no partner required and all ages
welcome. We are a friendly class that dances to all types
of modern and traditional music.

Contact Julie:
jcgillmore@sky.com
07939 070406

www.sawtrysteppers.co.uk



Line Dancing

SAWTRY GOLF SOCIETY

We are a friendly golf society open to all
ages and abilities from Sawtry and
surrounding villages. We hold monthly
society games at top local courses and
run social events throughout the year.

We will also be having a stall at the
Sawtry Carnival on 9 June if you want to
come and have a chat.

For further details contact
David Gadsby at
davidgadsby@bopenworld.com
or **Neil Farrington** at
faz300@hotmail.co.uk



Find us on Facebook -
Sawtry Golf Society



Saturdays
21 April & 19 May

4:30 - 6:30pm

At All Saints' Church
Church Causeway, Sawtry

Crafts for all ages

Celebrate with
bible story and songs

Share a meal together

For more information see
www.allsaintssawtry.org.uk

or email

ali@scottfamily.plus.com

BOOK STALL AND COFFEE MORNING

At Winwick Church

Saturday 14 April

Saturday 12 May

10.00 till 11.30am



The Church is open for everyone to
come along and enjoy a cup of coffee
and cake and browse our extensive
supply of second hand books

Donations invited in exchange for the above

Proceeds to go to the Church



For more information please
contact :
Sue Fowler 01832 293215

A NIGHT AT THE RACES
SAWTRY CRICKET CLUB PRESENTS
RACE NIGHT
+ BARRY'S BINGO



FRIDAY 1ST JUNE
SAWTRY WORKINGMENS CLUB
FIRST RACE 8PM
LIGHT REFRESHMENTS
AUCTION RACE
HORSES AVAILABLE FOR £5 - £20 WINNER
CONTACT JAMES ON 07883635330 TO RESERVE

WOT? NO CHEESE-ROLLING?

As you have probably heard, the annual Stilton Cheese Rolling event has been cancelled for this year due to various issues including those around closing the main road for a whole day and the parking issues.

So this year we will all have to find something else to do on May Day, but never fear, the organisers are hoping to be back next year with a bigger and better event.

For a full statement, visit the *Stilton Village website* at <http://www.stilton.org/wot-no-cheese-rolling/>



SAWTRY GARDENING CLUB

Come along and enjoy a varied programme of activities and speakers throughout the year.



We meet at the Sawtry Club on Gidding Road, on the third Monday of the month from 7.30pm, unless otherwise stated.

Saturday 14 April
we are visiting
Cambridge Botanical Gardens

Saturday 19 May
Our fund raising plant sale
and cream tea

Find us on Facebook under *Sawtry Gardeners*, email us at sawtrygardeningclub@outlook.com or telephone Susan on 01487 208146



Craft Buddies

Do you love to knit or crochet or sew? Or would you like to learn? Bring along your projects or just come to chat.

No charge to attend, drinks including tea and coffee available to buy at the bar.

7.30 - 9.30pm every Tuesday
At Sawtry Club, Gidding Road, Sawtry

Just turn up or for more info contact Carolyn on 01487 832682 or email carolynwatts56@yahoo.co.uk



Chatterbox

DROP-IN SESSIONS FOR FAMILY CARERS

A friendly drop-in where you can get help. Chat & relax over a cuppa.

Guest speakers & Carers Assessments.

Every 2nd & 4th Monday
between 2 - 4 pm



On 9 & 23 April
then 14 May

At The CARESCO Centre,
Green End Road, Sawtry, PE28 5UX

AUTISM & ADHD PARENT SUPPORT GROUP

Chat & offload with other parents & carers. Find help & advice. All family & carers of someone with Autism or ADHD welcome. Come along for a cuppa.

on Wednesdays
18 April & 16 May
7.30 - 9.30pm
at The CARESCO Centre,
Green End Road, Sawtry



Befrienders

— It's Good To Talk

Befrienders are volunteers who offer friendship and support through a weekly chat & cuppa in your own home.

Call or email to find out more
We cover Sawtry and surrounding villages

For more information on any of these activities:

Call Miranda on 07751 798287
for a chat or email:

carers@caresco.org.uk

CARESCO office 01487 832105
(9am - 12 noon)





SAWTRY WINEMAKERS

Calendar of Events

Wednesday 18 April
A Talk on "Versatile Wine"
by Mr Kevin Martin NAWBJ

Wednesday 16 May
A Talk on *Indonesia*
South-East Asia

Wednesday 22 June
A visit to Elgood's Brewery, Wisbech

The Upwood Ukuleles performed for Sawtry Winemakers at our February meeting and together we raised a total of £266.42 for MAGPAS. Big thank you to the Upwood Ukuleles, to everyone who came along on the evening and to Blondie for the delicious buffet.

You will be most welcome to come along to any of our meetings at The Old School Hall, Green End Rd, Sawtry PE28 5UY. Our aim is to promote the making and enjoyment of homemade wines and beers, to share the results of our efforts and encourage new wine and beer makers.

**For more information
call Eileen 01487 830020**

SAWTRY WI

In Aid of the WI Hall, Gidding Rd, PE28 5TS

BINGO

13 April - 11 May - 8 June

Everyone welcome - Eyes down 7.30pm

Contact:

Rosemary Jubb - 01487 830243

Charity Number 229016



SAWTRY WI

In Aid of the WI Hall,
Gidding Rd, PE28 5TS

STRAWBERRY TEA

(Strawberries & Cream, scones and cake)

Thursday 28 June

2.30 - 4pm

Tickets £4.50

Raffle

Everyone welcome

Contact: Roz Rowland 01487 831793

Charity Number 229016



GLATTON WI

We meet on

**2nd Thursday of the Month
at 7.15pm in the Village Hall, Glatton**

We start the evening with WI business followed by an activity or talk then refreshments

Thursday 12 April

Tartan & Hand Sewn Kilts

Competition: *Accessory for Burn's Night*

Thursday 10 May

WI Resolutions & Stall

Competition: *Design a book cover*

You are very welcome to join us as a visitor or as a new member

**For more information see
the WI website at www.theWI.org.uk**

**Find us on Facebook
'Huntingdon & Peterborough WIs'
or Glatton Village Website
www.glatton.org.uk**

PATCHWORK AND QUILTING WORKSHOPS

Monthly at CARESCO Centre, Green End Road, Sawtry, PE28 5UX
£5 per workshop (fundraising for CARESCO)

These workshops are primarily aimed at beginners but all skill levels are very welcome. Each workshop will offer the opportunity to learn or refresh a different aspect of Sewing, Patchwork and Quilting.

Some workshops will focus on hand stitching and some will give you the option of bringing your sewing machine. A list of what might be useful to bring with you to each workshop will be provided.

Evening workshops - From 7 - 10pm

Monday 16 April	Hand quilting techniques - part one
Monday 21 May	Hand quilting techniques - part two

Daytime workshops - From 2 - 5pm

Monday 4 June	Hand quilting techniques - part one
Monday 2 July	Hand quilting techniques - part two

Future daytime workshops will be held on the first Monday of each month 2 - 5pm.
And evening workshops will be held on the third Monday of each month 7 - 10pm.
Content to be advised.

Workshop enquiries to Jacqui Svensson on 01487 830849, or j.svensson@btopenworld.com

Payment for workshops in advance please by either BACS transfer or at the CARESCO Office between 9 - 12 noon weekdays, call 01487 832105.



All proceeds will be donated to CARESCO



The first years of your child's life are very special to your family, with new challenges and exciting changes for you all. Our friendly, experienced Children's Centre staff offer a wide range of services, activities and support to help you make the most of this time.

Contact us for more information:

Sawtry Children's Centre
Middlefield Road, Sawtry, PE28 5SH
Tel: 01487 830618

Farcet Children's Centre
St Mary's Street, Farcet, PE7 3AR
Tel: 01733 743721

Email:
North.HuntsChildrensCentre@cambridgeshire.gov.uk
www.cambridgeshire.gov.uk/childrenscentres



Search for 'Ramsey, Sawtry, Somersham & Farcet Children's Centres'

THE ROYAL BRITISH LEGION SAWTRY & DISTRICT BRANCH

Sawtry Club, Gidding Road

PRIZE BINGO

Thursdays

- 7 June - 6 September -

- 6 December -

Eyes down 7.30pm

All Welcome



Profits to Sawtry Branch
For more information,
call 01487 834338



SAWTRY WI

WI Hall, Gidding Road, PE28 5TS
(wheelchair access and hearing loop)

Charity Number 229016

KNIT & KNATTER CRAFT GROUP

Every Wednesday afternoon

2 - 4pm, in the WI Hall

£1.00 a session

Everyone welcome, call in or phone

Maureen on 01487 832841 for further details

Also

PATCHWORK & QUILTING GROUP

Every Second Monday each month

11am - 3pm, in the WI Hall

£1.00 a session

Everyone (including beginners) welcome,
call in or phone Jacqueline on 01487 830849

Sawtry CARNIVAL

Our 2018 theme is:

'Royalty' - RED, WHITE & BLUE

Bookings are now being taken for stalls and local acts / groups are wanted for the Arena and Parade.



For all enquiries and further information, please contact us via:

sawtrycommittee@gmail.com
sawtrycarnivalcourt@gmail.com
Or call 07799 062276

CAMBRIDGESHIRE HEARING HELP ?

Quarterly Hearing Help Service
for NHS hearing aid users

Free batteries and hearing aid servicing;
advice on how to manage hearing loss.

At the CARESCO Centre
Off Green End Road, Sawtry, PE28 5UX

From 2.30 - 4.00pm

On Wednesday 4 April

And Wednesday 4 July

All Welcome

Cambridgeshire Hearing Help CIO,
8A Romsey Terrace, Cambridge, CB1 3NH
Tel 01223 416141

Registered Charity No 1154071
www.cambridgeshirehearinghelp.org.uk
(formerly Cambridge CAMTAD)

TIME FOR TEA MEMORY CAFÉ

Join us for conversation, entertainment,
activities and refreshments

First Thursday of every month
10.30am - 12pm



The Royal British Legion,
210 Broadway, Yaxley PE7 3NR

No need to book, just turn up

Everyone will receive a warm welcome

This group welcomes people with memory loss along with their carers and/or family and friends in a safe and supportive environment. Where you can meet other similar people and find out about other resources in your community.

For more information, contact Susan Bate
at Care Network Cambridgeshire by email to
susan.bate@care-network.org.uk
or call 01480 423085



AIDED RECOVERY THANKS

I would like to take this opportunity to thank everyone for the many kind messages, cards and offers of help and support to both myself and my family following my recent illness over Christmas and the New Year. The level of support has in no small way played a part in aiding my recovery.

With heartfelt thanks and belated best wishes to you all for a peaceful and happy new year.

Anne Morris

STRICTLY DANCING

Thank you very much to everyone who contributed in any way to the success of the Dance on 9 February. £495 was raised for Feast Supper Funds.

We have been asked to organise another Dance in the Autumn, possibly October. Please look out for the date nearer the time.

Dick and Pam Tuplin

CARESCO DONATIONS

As always our grateful thanks to all who contribute to our work in anyway, be they volunteers, trustee, staff or donors. We could not do it without you!

Our particular thanks this month to the family of John Kendal who died recently. John was a member of our Vintage Club and the family nominated the Club's social fund as the beneficiary of any donations made in memory of John. We have so far received £250.00.

Our thanks also to local plumber, Christian Holt, who came to the rescue at our charity shop by fixing a leaky tap and donated his labour. Very much appreciated.

Thank you to Sawtry Parish Council for donating the surplus from last year's firework display, being £72 along with the collection taken during the carolling singing before Christmas of £30. Both sums were given to the Sawtry Foodbank.

Thanks to Mellors Court "Games Afternoon", residents and visitors for a donation of £56.50.

Please continue to support our fundraising events, such as our Vintage Tea at the beginning of March. Thank you to those who bought tickets, the final total raised is still to be confirmed.

Liz Coates, CARESCO

For more details please visit www.caresco.org.uk or contact the office



APRIL UPDATE:

SAWTRY YOUTH & COMMUNITY CENTRE REVITALISATION

The plans to revitalise Sawtry Youth & Community Centre are steadily progressing.

The contract has now been awarded to refurbish the Youth and Community Centre in order to update the venue for use by the Early Help Team, Library and Children's Centre, along with other local organisations.

Plans to relocate the Library and Children's Centre onto the site are on schedule and the Library will offer great opportunities to take part in family activities in the new space.

Watch this space for further updates in the next issue!

*Transformation Team,
Cambridgeshire County Council*



SAWTRY CARNIVAL

Welcome to the 2018 Carnival Court!

Sawtry Club once more played host for our Selection night on Friday 16th March, and the 2018 Carnival Court were chosen and crowned!

Congratulations to Queen Courtney, Princess Keira, Princess Amber and Rosebud Bea



Thank you to all our entrants and those who attended to support us which included Carnival courts from Newport Pagnell and Corby. The evening was enjoyed by all, John Hedington was our DJ for the evening - and did a great job keeping the dance floor filled in between the completion. Thank you also to all who donated to the raffle - we really did have some fabulous prizes.

Dress designing and float decorating are now next on the agenda - ready for Carnival day on the 9th June. See you all there

Julia, Chairman - Sawtry Carnival Committee
sawtrycommittee@gmail.com / 07799 062276

Sawtry Eye April - May 18



SAWTRY SMALL BUSINESS PARTNERSHIP

The Sawtry Small Business Partnership would like to invite all types of business people to find out more about who we are as group. As a 50 member strong organisation, we offer the community trusted local trades and services.

If you work from home full-time or part-time, you are as welcome as are all established businesses on the industrial estates and shops, etc.

We are non-for profit and membership is only £60.00 a year. True value for money!

For further information, email Ralph at ralph.maloney@ssbpartnership.org or call 01487 832683

SAWTRY YOUTH PROJECT EXCITING TIMES AHEAD!



SYP Awards of Excellence need your nominations!! Don't forget we are looking for nominees between 11 - 17 years of age, who you feel have made a positive contribution to the lives of others or the wider community. Examples include helping within a community group they attend, at school or within their family. If you wish to discuss a nomination with a member of the SYP committee, please visit the website (sawtry-youth-project.org) for further details. The closing date is the beginning of May. If you are interested in sponsoring a prize for one of the winners we would love to hear from you!

The Sawtry Carnival date this year is 9 June and the Carnival committee are no doubt working hard to bring us a carnival bigger and better than previous years. Watch out for more information from SYP, where we will announce our carnival plans - THEY ARE NOT TO BE MISSED!

Please keep up to date with us via our website sawtry-youth-project.org or via our Facebook page - [sawtry youth project](https://www.facebook.com/sawtry-youth-project). Thank you for your ongoing support with the project.

Sawtry Youth Project Committee

SAWTRY INFANT SCHOOL NEWS



It is hard to believe that we are almost at the end of our Spring Term. The weather hasn't helped with feeling the joys of Spring and due to the Beast from the East we took the very unusual decision to close school for a few days at the beginning of March. The children came back to school with fun stories of all the adventures that they'd had in the snow.

Our Reception classes have morphed into super heroes of the last couple of weeks and have had such fun learning through play; it is great to see their imaginations at work. The topic in Year 1 and 2 has been Food Glorious Food and the children have created some amazing writing and are about to design their own pizza in DT, we'll be keeping our eyes open for the next Junior Master Chef!

We'd like to extend a big thank you to everyone in the local community who either attended our Quiz Night on 2 March or donated a raffle prize. We raised £400, which will be put towards buying some new iPads for the children to use in their lessons.

There has been great excitement, once again, in our playground due to the refurbishment works that are happening in the double bay mobile classroom. This is the first phase of the building works, which are taking place to accommodate our expansion. We would like to thank our parents and carers in advance for their patience during the disruption, which may cause limited access to the site.

Finally, we are looking forward to the longer days and warmer weather, so that we can enjoy lessons outside and be able to make full use of our forest garden. It's fantastic to be able to use our environment for learning and enjoy the fresh air.

Email: office@sawtry-inf.cambs.sch.uk Telephone: 01487 830678

SAWTRY CAMERA CLUB NEWS



The next meeting of the Sawtry Camera Club will be on Thursday 10 May and will be an Open Evening where we invite non-members who would like to get to know more about their cameras and camera phones to come along and have their questions answered.



Additionally there will be a display of members' work and some demonstrations of ways to use your cameras beyond your holiday snaps and selfies including "Painting with Light", producing abstract patterns, photographing smoke and how to photograph your small valuables and collectables for insurance purposes.

We meet in the Sawtry Club on Gidding Road and the Open Evening will commence at 8pm. New members are always welcome, from the true beginner to those with more experience. For more information please contact John Webber on 01487 832602 or find us on Facebook.

The Sawtry Camera Club meets on the second Thursday of the month in the Sawtry Club from 7 30pm and is open to anyone with an interest in photography in all its forms.

We meet on the 2nd Thursday of each month from 7.30 until 9.30pm at the Sawtry Club in Gidding Road

For more information please contact John on 01487 832602

Sawtry Eye April - May 18

SAWTRY HISTORY THEN & NOW

Our ongoing series on stories from Sawtry's past

The Forgotten Memorial

The inscription reads 'GJM 6th Dec. 1934'.

This memorial can be found in the hedgerow on Gipsy Hill (beside the B1043 support road, near the Woodwalton roundabout), this is a small hill before the main Stanegate Hill. The victim was a Belgian Undergraduate of Trinity College, Cambridge Gerardus Johannes Mulder aged 20.

In the early hours of the morning of 6 December an articulated lorry, driven by William Lynch from Falkirk Scotland, loaded with iron boxes had broken down.



1990



2018

Also in the lorry were two passengers he had picked up in Doncaster. The lorry had stopped as it was not running well, fearing the battery had run down. He tried to restart the engine with the starting handle but the handle would not fit so he had no option but to stay on the road. The battery was still strong enough to run the rear lights, so he got in the cab and went to sleep. Shortly after this, student Gerardus was returning south in his two seater red sports car, believed to be travelling at some speed. He spotted the stationary lorry and veered to the right to avoid it but possibly swerved in sharply back after the lorry and lost control of the car mounting the verge and crashing head on into a double telegraph pole. He was thrown from the car and suffered fatal injuries and died at the scene. The sleeping driver and his companions were woken by another driver travelling in the opposite direction, stating he had witness the accident, thinking that the car driver swerved to avoid his oncoming lorry. He said he would report the accident and left the scene. He was never traced after this event despite many radio appeals.

The body was taken to *The Royal Oak* pub where at a later date the inquest was held. Dr Garrood pronounced the victim dead and the body was identified by the deceased's father Dr. William Mulder, who was residing in London at the time. The inquest was conducted by Major S Cook and the jury consisted of many locals, John Newton, Sam Parker, Percy Slater to name a few.

The memorial was erected by Gerardus's family.

(With thanks to the Hunts Post)

Sheila Tibbs & Alan Bottell

For more information and pictures, please visit the [Sawtry Community Archive website](#)

SAWTRY JUNIOR ACADEMY NEWS

The Spring term is always a busy term. After the snow disruption, our year 6 pupils are busy working hard in preparation for their SATs.

Pupils in other year groups have also been busy and working hard. Last week over 60 of our pupils took part in Bikeability lessons. This involved learning how to ride safely, with the older children being taught how to ride correctly on roads.

We celebrated World Book Day with the children bringing in a potato dressed up as their favourite book or story character. The children also took part in a book swap, bringing in books they no longer read and swapping for new books. Several hundred books were swapped and we even had had two crates left over for younger siblings to come and take at the end of the day.

The choir visited the O2 and performed as part of an 8000 strong "Young voices" choir. This is the second time we have taken the children and it was bigger and better than ever. The Arts have been a focus for us this year as we are working towards an Artsmark award by participating in a project with other CMAT schools, including SVA. This has included several shared workshops, including a Shrek themed one.

Sarah Flack, Principal

Email: office@sawtry-jun.cambs.sch.uk

Telephone: 01487 830204

www.sawtryjunioracademy.org.uk



SAWTRY FEAST SUPPER

Our 70th Feast Supper is fast approaching this year this will be held on Tuesday 5 June at Sawtry Village Academy. For those already on our list you should receive your invitation late April / early May. We are having a slight change around this year with our Invitation Deliverers so you may see a new face delivering your invitation.

All those on the waiting list have been added to last year's list so everybody will get an invitation.

We would like to express our thanks to Dick and Pam Tuplin who recently held a Dance at the Village Academy to raise funds for the Feast Supper, they raised a magnificent £495 towards our funds. We would like to thank everyone whom attended and bought tickets and raffle tickets to raise this great amount and also thanks to everyone whom helped Dick and Pam on the Night to make this possible.

We look forward to seeing everyone again on the night, if your circumstances change and you can no longer attend on the night please do let us know so the place can be offered to someone else wanting to attend.

Karen Leader, Secretary, Sawtry Feast Supper Club

karenleader@yahoo.co.uk / 01487 832645 or 07903 841708



THE VINTAGE CLUB

Our membership continues to ebb and flow at the Club. We always have room for new members so please do come and join us. We are in the process of completing the first half of the year's entertainment. We have Easter crafts and cards with both Tina and Twink in April. We are going to The Farmers for a meal in March. We also have Dee, one of our volunteers coming in May to pot flowers with the members to take home.

To finish, can we just remind all our villagers that we have a quiz night on 28 April at the CARESCO Centre. Ticket are priced at £8 each to include a hot supper, please provide your own drinks and glasses. Teams of 6 - 8 people please and we have a maximum of 50 tickets. There will also be a raffle on the night. Our quiz nights help to raise funds to support both The Vintage and Friendship Club so please support your village charity. Details on front cover.

Vicki and Gill, Vintage Club Managers

**You can find the Vintage Club at the CARESCO Centre, off Green End Road, Sawtry PE28 5UX
on Wednesdays and Thursdays from 9.30am until 2.30pm,
email us at vintageclub@caresco.org.uk or call the office on 01487 832105**

PEOPLE POWERED FRESH PERSPECTIVES IN VOLUNTEERING

Are you involved in an organisation that relies on volunteers? Are you looking for new ways to recruit, support, celebrate and reward them? Whether you work for a national charity, help out at a local club, sit on a parish council or just want to work with others to improve your neighbourhood, the *People Powered* conference is for you.

The event takes place on Thursday 19 April, 10am until 2pm at St Ives Corn Exchange.

Guest speakers from a wide range of charitable organisations will be on hand to discuss how they find and recruit people, how to define volunteering roles that fit in with people's busy lives, how to ensure that volunteers – and the organisation – are protected from risks, and the best ways to show volunteers that they're appreciated. It's free to attend and lunch is provided.

**Please contact Living Sport on 01487 841559 or
info@livingsport.co.uk to book your place in advance.**

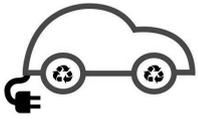


SAWTRY CHORALE

**Do you sing in the shower - or as you work in the garden?
Why not come and join Sawtry Chorale?**

We are always looking for new members (particularly men), so if you would like to sing with us please contact 07745 618364 or come along to rehearsal – We meet at the Methodist Church Hall on Green End Road, on Wednesday evenings 7.45 - 9.45pm.

You don't need to read music, just like to sing



GOING GREEN

People tend to say the same things when they hear that we've taken the plunge and bought an all-electric car. It'll be something about the lack of charging points available, the poor batteries, the excessive electric bills or the limited range. All are what we could call either urban myths, or just out of date knowledge.

Sometimes it seems like we're doing nothing but reassure people about the electric future we're all facing. The quick answers are: Yes, there are public chargers and more are being installed all the time - though Peterborough and East Anglia do seem to be a bit of a blank spot currently. The range is dependent on your car, your driving style and the conditions. Drive fast and brake hard and a full charge won't get you as far as sensible and safe driving. The new cars claim to have a range of over 200 miles and manufacturers are continuing to improve on that. Tesla have already got theirs to over 500 miles per charge. Finally, yes the batteries do last. Early fears that they wouldn't have been proved wrong as real cars driven on real roads are showing that batteries may well outlast the car itself.

And don't forget that electric bill. Yes it will go up a little, but hey we're not paying anything like we used to cost for a full tank of fuel and the road tax is free (for now)!

Finally, did you know that second-hand electric cars are suddenly so popular that their value is increasing not decreasing as people begin to move into this new, if misunderstood electric world.



Eco Apprentice

SAWTRY VILLAGE ACADEMY NEWS



Sawtry Village Academy

We are thrilled to have been rated 'GOOD' in every category after our Ofsted inspection in January 2018. Our 6th Form has been rated 'OUTSTANDING!' We are very proud of the hard work and commitment that has been shown by our staff, students, parents and the community to ensure SVA is a school we can all be proud of. I have summarised the inspectors' key points below:

They state we have been "on a rapid journey of improvement since the previous inspection. Leaders have navigated the school through turbulent times. The head teacher and senior leaders are very ambitious for the school, their commitment and endeavours are evident. They have established a clear sense of direction and focus on improving outcomes for all pupils."

The report praised the progress of our pupils, in the latest validated league tables, we were judged as above average and placed seventh in Cambridgeshire for Progress 8, which measures the amount of progress students make throughout their time in secondary school. The inspectors also said: "the progress of disadvantaged pupils is improving rapidly across a wide range of subjects, and the difference between the progress of disadvantaged and that of other pupils is diminishing."

The inspectors commended our curriculum and felt "teachers have good subject knowledge, which is used to plan effective lessons and to adapt questions so they can be targeted at pupils of all abilities."

The report celebrated the pastoral, special educational needs and disability care given. The inspectors said: "pastoral care through the 'house' system is a strength, and pupils reported that they feel safe and well cared for." They added "there is now a strong focus on the progress of pupils who have SEN and/or disabilities, and this has led to improvements in outcomes, in particular for those pupils with an education, health and care plan."

Our sixth form was graded 'Outstanding' – the highest grading that can be awarded. The inspectors said: "The sixth form provides an outstanding education. Achievement overall has been significantly above average for the previous two years. Strong teaching and a very supportive pastoral system are enabling students to follow ambitious career pathways."

The inspectors praised the effectiveness of our partnership with CMAT. They said "the trust provides very effective support at both strategic and operational levels. Leaders from across the trust support and work alongside leaders to drive forward improvements."

The work that has been done at the school has been undertaken against a background of turbulence. Despite this, we have worked incredibly hard with CMAT to ensure students have received the best possible education throughout, which has been reflected in our fantastic GCSE and A level results and in this report. We are excited for building work to begin at the Academy following the grant of funding from Cambridgeshire County Council and we continue to fight for the educational environment that our staff and students deserve.

Please visit our Facebook page or website www.sawtryva.org to find more detailed information. You can also follow us on Twitter @Sawtryva.

Sarah Wilson, Principal

**For more information, please contact the Academy at:
Fen Lane, Sawtry, Cambridgeshire, PE28 5TQ**

T: 01487 830701; F: 01487 831679;

Email enquiries@sawtrycc.org

Or visit www.sawtryva.org



NEWS FROM SAWTRY LIBRARY

Bunny Afternoon at Sawtry Library - Friday 6 April at 3.30pm

Hop along to Sawtry Library for some bunny themed stories and fun. Donations welcome. All children must be accompanied by an adult. For more details, please ask a member of staff or call 0345 045 5225.

Sawtry Library on the Move

In Spring/Summer 2018 Sawtry Library will be moving to our new location once a refurbishment of the Youth and Community Centre has taken place. For more information about the project and to follow our progress, please find an update on page 11 under the heading of "Sawtry Youth and Community Centre Revitalisation".

Easter Crafts

Bring your children to the library this Easter holiday and pick up an Easter craft pack for just 50p. Inside each pack will be two competitions and a selection of Easter-themed craft activities to do. Closing date for the competitions will be Saturday 14 April so please hand in entries by 12.30pm on this date.

Rhymetime on Wednesdays

Bring your little one along for half an hour of rhymes and fun at Sawtry Library – It's free! Every Wednesday from 10.15 – 10.45am aimed at children aged 18 months to 5 years old.

Easter Opening Times

We are open as normal over Easter except we will be closed on Good Friday, 30 March.

Opening Hours for Sawtry Library

Monday	Closed
Tuesday	3.00pm - 7.00pm
Wednesday	10.00am - 1.00pm and 2.00pm - 5.00pm
Thursday	Closed
Friday	3.00pm - 5.00pm
Saturday	9.30am - 12.30pm



To renew or request books: www.Cambridgeshire.gov.uk/Library.

Enquiries: 0345 045 5225

For further details about any of our events listed here please see a member of staff.

Paul Smith, District Library Assistant, Huntingdon, Yaxley and Sawtry Libraries



SAWTRY FOODBANK - VOLUNTEERS WANTED

Feeding local people in crisis

We are looking for new people to join our teams and help us provide this vital emergency service. We work in four teams of four people who work alternate weeks, helpers need to be available between 3 and 5.30pm for their shift on either Tuesdays or Fridays.

If you are interested in finding out more, please get in touch.

Please contact Miranda on 07751 798287 or 01487 832105 or email volunteer@caresco.org.uk to apply or find out more.

YOUR KIND OF MUSIC PRESENTS – STILTON IN TUNE

As the producer / organiser of the *Stilton in Tune* charity music events, featuring top keyboard players from home and abroad, I would like to let Sawtry residents know that we stage these at the Stilton Pavilion (currently in aid of the Pavilion itself).

The monthly social and music events started last April and the audience sizes have steadily increased as the word gets around with February seeing the largest number so far. I have a lot of support from within the keyboard world and our numbers of new local attendees is growing well as they discover the superb music of the modern day instruments played by great musicians. These cannot be heard on radio or television because the Musicians Union has banned them because of the orchestral, big band and other sounds produced. My team and I would love to see more people from Sawtry as we know many of you would enjoy the live music.

The 'concerts' are on Sunday afternoon's with a 2.30pm start (doors open at 2pm) and the cost is £7.50 per person which includes interval refreshments of tea, coffee, soft drinks and cakes (sometimes sponsored by Tesco). The show lasts until approximately 5pm.

The address is Stilton Pavilion, High Street, Stilton, PE7 3RA and the next events will be on 15 April and 20 May.

**For further information tel: 01480 474282 or 07918 602600,
Email: tony.oliver5@btinternet.com**



FROM CLLR BYWATER

At the FULL COUNCIL on 6 February Councillors proposed a 2.99% Council Tax increase to protect vital services and put finances on a firm footing. Despite investing in a range of innovative and ambitious transformation and efficiency plans, without which the situation could have been much worse, the County Council was still projecting a budget gap for 2018/19 of £4.3m.

This is despite having already included the 2% Adult Social Care Precept and as there are further substantial gaps forecast for the next four years, I reluctantly supported an additional 2.99% Council Tax increase in the 2018/19 budget which was agreed by the Council by a majority.

The increase would plug the £4.3million shortfall in the current budget provision by raising £7.5million. Upping the tax will add £1.14 onto the weekly bill of a family living in a band D property. (Around £60 a year). It's never great news increasing Council Tax but we have all seen the pressures on local Government, not far away in Northamptonshire.

Cambridgeshire County Council, which includes myself, are also fighting for a FairDeal4 Cambs and with other County Councils calling on the Government to address the funding disparity. If we were to receive the average allocation made to a London Borough we would have £75m a year more to spend on services.

Cllr Simon Bywater, 07984 637553 / 01487 831079,

Simon.bywater@cambridgeshire.gov.uk, <https://www.facebook.com/CllrSimonBywater>

Sawtry and Ellington Division, Cambridgeshire County Council

SAWTRY HISTORY SOCIETY

The January meeting was about All Saints Church, the second talk on our churches by Kevin Ruff who co - wrote the official guide to the church, covering history, architecture, people and places connected to it.

All Saints stands at the end of Church Causeway which in turn is at the end of Church Street, this has been a site of worship for over a 1000 years. The previous building had a tower with a spire, this had to be rebuilt in 1683 due to subsidence. James Russell Woodford Bishop of Ely amalgamated All Saints with St. Andrews in 1873. But by 1878 a report into the churches revealed that both churches should be demolished and All Saints rebuilt on its existing site.

The architect was Arthur Blomfield who had a road in Sawtry named in his honour, only a spelling mistake made it Bloomfield Way! The builders were John Thompson of Peterborough (see April meeting). They were reputedly involved in half of the cathedrals in Britain, also the Royal College of Music & Holmewood Hall. The project came in "under budget" which was £3000. Many parts were reused including windows, one from St Andrews. As can be seen on the outside there are stone blocks of all shapes & sizes. The grand opening was in 1880 when the church had a seated capacity of 300. Only one of the original bells was used which is now 600 years old, believed to be the oldest church bell in Huntingdonshire. The chancel still has its original tiled floor and despite the budget it is quite ornate. An organ was installed in 1888 to supersede the harmonium which was retained in the building until recent years. Millers of Cambridge supplied the organ and then did a major rebuild in 1988 and also serviced it in 2009. The position of the time capsule hidden during the rebuild has never been discovered, perhaps we will have to wait for the next subsidence!

Our February meeting entitled *A Memories Film*, was presented by two members from the Great Fen Project, part of the Wildlife Trust. It consisted mainly of a film made by themselves in association with Ramsey Abbey School.

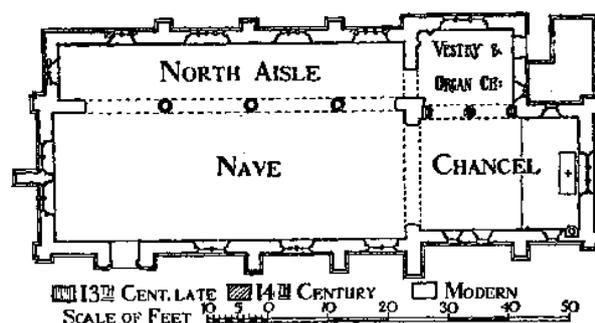
A series of interviews with residents of Holme Fen and surrounding area were then dramatised to illustrate how the farming community lived & worked. It showed how labour intensive the sowing and harvesting of the crops were, which is of course still in living memory. Even when tractors arrived, the radiators had to be drained if they were left out overnight as the water would freeze, then refilled in the morning and the water had to be carried there!

No mains electricity, no piped water and no sewer, so oil lamps, water was used from water butts drained from the roof or from the dykes in the summer and outside toilets with buckets to empty. When one farm got a generator for the electricity supply the last to bed had to turn off the diesel engine.

The subject of the next meeting on 19 April is *The Life & Achievements of John Thompson Master Builder of Peterborough*.

The History Society meets on the third Thursday of the month in the WI Hall, Gidding Road, Sawtry at 7:30. Visitors always welcome, entrance is £2.00 by donation.

The S.H.S. Archive is open in the library from 10:00 am to 12:00 noon on the last Saturday in the month, for info call Chris Merton 01487 831441





**SAWTRY SHOW 2018
SATURDAY 15 SEPTEMBER**

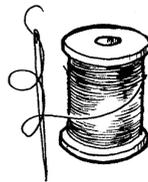
When I wrote my last piece I may have been a little premature suggesting the snowy days were over. I bet lots of you took some great photos in the snow and it would be great if you would enter them in the Show. They don't have to be perfect – the content is as important as the quality in some cases.

As you can see the list of Classes has been included in this edition (see gold pages), so you can get making and growing ready for the big day.

Please encourage your family to take part – we would love to get nurseries and childminders involved this year – the amount of entries from children in the last couple of years have been quite disappointing. For those that did enter we saw how excited they were at seeing their entries displayed and maybe taking home a rosette or trophy.

I hope you find a category to inspire you to enter this year. It's so important to keep village traditions alive and it's a real fun event, not to be taken too seriously.

I'm starting to knit a pair of wrist warmers in the hope that they'll be finished on time. I'm well known for not finishing projects but I think even I can manage a pair of gloves!



**Carolyn Watts, Show Chairman,
01487 832682**

**One-Liners
To Make You Smile!**

- ☺ I've bought trainers with Velcro fastenings - well why knot?
- ☺ Our local council will now collect your dead batteries, free of charge....
- ☺ This salad shortage badly needs addressing....
- ☺ Telephone call to Surgery:
"I like to see the Doctor next week please".
"What's the problem?"
"I think I'm turning into a lemon".
"Right, I'll squeeze you in on Monday".
- ☺ I've put in 3 hours on my exercise bike and it's got me nowhere.



Thanks Tony

Save the Date  **Frost Fayre
Saturday
1 December**

WELLSIDE SURGERY NEWS

New GP

We are very pleased to be welcoming Dr Lino Pasco to the practice clinical team on a permanent basis as of Thursday 5th April. Many of you will have already had the opportunity to meet Dr Pasco as he has been providing some locum GP cover at the practice for the last three months.



Clinical Team

As of Thursday 5 April our GP team are available on the following days:

Monday	Drs Smith, Uszycka, and Jarosz
Tuesday	Drs Archer, Smith and Pasco
Wednesday	Drs Smith, Richardson and Jarosz
Thursday	Drs Uszycka, Jarosz and Pasco
Friday	Drs Archer, Smith and Richardson

We have recently expanded our clinical team to include Jon, our Advanced Practitioner, who many of you will have met by now. In the near future, Jon will be increasing his commitment to the surgery and his days in the practice will consist of Monday, Tuesday, Thursday and Friday.

Carrie Corney, one of our Practice Nurses, is now providing a minor illness service which further widens the range of practitioners able to deal with your immediate minor health concerns. Carrie will be providing her minor illness clinic on Tuesday, Thursday and Friday mornings.

In order to ensure our patients are given an appointment with the most appropriate clinician we recently introduced a change to our booking process whereby our reception team ask for some brief information about the medical problem. We would like to thank our patients for understanding the need to introduce this, and for embracing the change, which allows us to ensure we can continue to provide a high level of care to all of our patients.

Mrs Claire Wright, Practice Manager
Wellside Surgery, Sawtry, Tel: 01487 830340

AN EYE ON NATURE

As with so many of our local animals I have described in my articles, reptiles are not easy to see. There are six native species in Britain: Common Lizard, Sand Lizard, Adder, Smooth Snake, Grass Snake and Slow Worms. Half of these live within a 10 mile radius of Sawtry!

You will most likely come across the grass snake, as I have, on my walks or when fishing. They are readily identifiable being green with brown markings with a distinctive yellow neck marking. A big female can grow to 3ft long. Grass snakes hunt for prey such as newts, frogs and small fish in and around ponds and lakes. They are good swimmers as I can testify whilst watching one hunting under water in Lady's Wood pond. The newts that afternoon looked quite nervous as the snake tried to find a potential target. Grass snakes will have emerged from hibernation by the time this article is published. A favourite activity is basking in a nice warm place. Dry grass laid low by Winter and heated by the Spring sun being ideal. Laying eggs sets them apart from the other three Cambridgeshire reptiles and the perfect place is a large compost or manure mound. The heat produced during decomposition speeds up incubation so the young can get a good head start in Summer before hibernating in Autumn.

Another of our local reptiles which can be spotted on a walk is the common lizard. As they too are sun lovers. The trick is to find a good warm log or rock pile where common lizards can bask. They are extremely shy hence a lot of stealth is needed but with practice good views can be had. The very best place to see them is the board walk at Wickam Fen where they come out and bask in the sun, or closer to home try Woodwalton Fen.

Ramping up the degrees of difficulty, try finding a slow worm! The key here is to create the perfect habitat in a rural garden. Slow worms love compost heaps and my mum's population thrived in hers (before cats and crows discovered them and took the lot). They are known as legless lizards, brown to grey in colour and unlike snakes, can close their eyes and have a 'normal' shaped tongue. Just like the common lizard, if a predator grabs a slow worm, it can shed its tail as a distraction. This then becomes the focus of attention and the animal escapes. The wound heals in time but it leaves a stumpy individual to live another day and in the case of the slow worms it can be a long life. This animal is a good friend of the gardener as one main food item is the slugs which can ravage a vegetable plot.

The last reptile to mention in the Cambridgeshire quartet is a specialist with a bad reputation. The poor old adder (or viper) is the only venomous British snake. The main cause for concern is where a small child or adult in poor health gets bitten. But I do stress the chances of being bitten by an adder are much less than being run down by a car or struck by lightning. To my knowledge, they only regularly occur in a private nature reserve in our area, so contact with them will be minimal. The distinctive V marking pointing forwards on the back of its head gives rise to the less commonly used name of viper. Colour can vary widely from grey with black zigzag pattern to various shades of brown with darker brown zigzags. Live young are born in Summer and I must say, having seen one, they are very cute. This Spring get to know where the best places are likely to be for reptile spotting and take a while to creep up on them so you can add more species to your list of British Wildlife.

Martin Baker

The views expressed in this article are solely those of the author

**For more information on our local wildlife, contact the Wildlife Trust:
Phone 01954 713543 or visit www.wildlifebcn.org**



**Sawtry
CARNIVAL**

SAWTRY CARNIVAL DONATION FROM 2017 EVENT

Following yet another successful Carnival in 2017, we are happily able to give back to the village with our 'Community Donation'. This year's chosen group were Sawtry Girl Guiding. The donation of £350.00 was presented to special guest Wise Owl - who founded Sawtry 2nd Brownies 42 years ago! - and representatives from Sawtry 1st Guides, Sawtry 2nd Brownies and Sawtry 2nd Rainbows.



2017 Court Princess Tobie and Rosebud Alisha made the presentation on behalf of the Carnival committee.



**For all enquiries and further information,
email: sawtrycommittee@gmail.com
or sawtrycarnivalcourt@gmail.com or call 07799 062276**

Julia, Chairman, Sawtry Carnival Committee



BRAMPTON SCALE MODEL CLUB

The winter evenings are prime time for modellers and we have been very busy. Our annual first meeting of the year on 10 January gave us the chance to show the models that we had completed during the previous twelve months – the tables were loaded with a huge variety of models. We are planning this year's programme of activities, which will see our participation in a number of model shows throughout the country, as well as our regular "theme" nights and talks at our weekly meetings.

We are making initial preparations for our own model show at St Ives in September and for the club's participation in "Scale Modelworld 2018", the biggest model show in the world, at Telford in November. Our programme of 'Make and Paint' events will continue at local libraries and at Flying Displays at the world-famous Shuttleworth Collection at Old Warden in Bedfordshire, where we try to get young people (and their Mums and Dads) to make a simple kit and paint it. In June, we will again be displaying at Sawtry Carnival, where you will be able to see examples of our work.

If you are a modeller, were a modeller, or think you might like to try the hobby, then come along any Wednesday evening between 7.30 and 9.30 to the Old School Hall in Green End Road and join us; you can be assured of a warm welcome regardless of age, gender or ability.

Check out our website www.bramptonmodelclub.fsnet.co.uk or contact Sam Bratby on sambratby@sky.com (01487 830689) or Alec Smith on ams-ceks@hotmail.co.uk (01480 896949).



EVERY ONE REMEMBERED

The Royal British Legion, in partnership with the Commonwealth War Graves Commission, has developed **Every One Remembered**, a project to individually commemorate over 1 million Commonwealth Service men and women who were killed during the First World War.

The losses were felt in almost every town and village in the UK and throughout what was then the British Empire. We would like to see each and every one of these men and women individually commemorated throughout the WW1 centenary years. **Every One Remembered** is an opportunity for you to be part of a great collective act of Remembrance.

You can make your commemoration at www.everyoneremembered.org. Choose to commemorate someone you know - a relative or person on your local war memorial - or commemorate someone randomly selected for you. There is also an optional opportunity for you to make a donation to support the Legion's work with the Armed Forces community, which would be greatly appreciated.

More than 1.1 million Service men and women gave their lives in the First World War so that future generations could live theirs. Please help The Royal British Legion ensure their sacrifice is never forgotten: find someone to remember and leave a short message to commemorate their life.



REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year. In April and May we particularly remember:

APRIL

Private Bertram David HAYNES	19 April 1917	Sawtry
Private James STAPLETON	19 April 1917	Sawtry
Private Reuben GRAY	23 April 1917	Wood Walton
Private James REID	6 April 1918	Great Gidding
Private George Henry COLBERT	12 April 1918	Holme
Private Frank WILLIS	24 April 1918	Holme
Trooper Reginald ELSOM	23 April 1943	Sawtry

MAY

Private William WRIGHT	3 May 1917	Sawtry
Private Arthur YEOMANS	3 May 1917	Great Gidding
Private Archie ROWELL	13 May 1917	Sawtry
Private Charles William BODGER	5 May 1918	Old Weston
Private Leslie Charles REDHEAD	20 May 1940	Great Gidding
Private George Joseph William GINNS	28 May 1943	Sawtry
Lance Sergeant Robert KETTERINGHAM	29 May 1944	Sawtry

When you go home tell them of us and say
For your tomorrow we gave our today.



ST NICHOLAS PARISH CHURCH
CHURCH ROAD, GLATTON

April		
1	9am	Easter Service Holy Communion
8	9am	Common Worship (BCP)
15	9am	Common Worship
22	9am	Common Worship
29	10.30am	United Service All Saints Holy Communion

May		
6	9am	Holy Communion
13	9am	Morning Prayer (BCP)
20	9am	Common Worship
27	9am	Holy Communion

Enjoy Our Village Green – Wonderful Plants Stall

The St Nicholas Plant Stall located on the Village Green will again provide an abundance of attractive plants for sale. The event is probably likely (growing weather permitting) to be on Saturday 12 May starting at 9.00am through to 2.00pm. We will put clear notices up in Sawtry and Glatton should the date change. This event is very popular and there is good parking adjacent to the Green; we look forward to welcoming many passers-by.



Tea and Cake

Come and join in the Tea Afternoon on Wednesday 18 April and 16 May in the Village Hall from 3 - 4.30pm. Find out what is happening at St Nicholas, chat with friends and meet new people.

While St Nicholas is between 'Priest in Charge' at the church, you will not be able to contact the Sawtry Rectory using the old number. We would ask anyone who would like to get in touch to plan a wedding, baptism, funeral or any other ministry need, please contact the Churchwarden, John Pigott (on 01487 832401), or the Church Secretary, Joan Meiklejohn (on 01487 831168).

See Glatton website for more information: www.glatton.org.uk

SAWTRY LIGHT FACTORY

Monday 6 to Sunday 12 August

at the Methodist Church, Green End Road, Sawtry
For more details, call Matt on 01487 830345



SAWTRY METHODIST CHURCH

Green End Road, Sawtry, PE28 5UX



Minister: Rev Alan Taylor - Tel 01487 209457

alan@sawtrymethodist.org.uk

Weekly Sunday Morning Worship at 10.30am

SPECIAL SERVICES

Easter Communion

1 April - 10.30am

Led by Rev Alan Taylor

Holy Communion

6 May - 10.30am

Led by Rev Alan Taylor

Come and join us, all are welcome



MONDAY UNITED FELLOWSHIP

Monthly on Mondays starting at 2.30pm - Open to all.

30 April and 21 May

Contact Joy Kisby for more information on 01733 566588

SATURDAY COFFEE MORNINGS

9.30 – 11am

All Welcome. Proceeds in aid of Building Project Phase Two.

ALL SAINTS' PARISH CHURCH

Church Causeway, Sawtry, PE28 5TD

www.allsaintssawtry.org.uk

April		
1 <i>EASTER DAY</i>	8.00am	Holy Communion (BCP)
	10.30am	Holy Communion (CW)
8	10.30am	All Age Worship
15	10.30am	Morning Prayer (CW)
22	10.30am	Morning Prayer (CW)
	6.00pm	<i>United Service at Methodist Church</i>
29	10.30am	Holy Communion (CW)
	6.00pm	Holy Space TBC

May		
6	8am	Holy Communion (BCP)
	10.30am	Holy Communion (CW)
13	10.30am	All Age Worship
20	10.30am	Morning Prayer (CW)
27	10.30am	Holy Communion (CW)
	6.00pm	Holy Space TBC

Messy Church

Messy Church will meet on Saturday 21 April & 19 May, 4.30 - 6.30pm in church – but-not-as-you-know-it- for families of all sizes, shapes and ages. Come and enjoy being messy, with activities, celebration and a meal.

Discoverers & Seekers Clubs

Discoverers (years 3-6) will meet on Friday 6 & 27 April & 18 May, 6.30 - 7.30pm in Church.

Seekers will meet on Tuesday 17 April & 15 May, 7.45 – 9.00pm in Church. For more info on either of these groups, contact Ali Scott on 07506 411507 or 01487 832478.

Every Monday - 'Morning Prayer'

A simple but rich service of about half an hour, which gets the week off to a good start. An opportunity to draw near to God, pray for our community, our friends and family, and ourselves. Please come and join us if you can. All are welcome every Monday at 9:30am at the Church, *except Bank Holidays*.

Saturday Opening

All Saints Church is open every Saturday from 2.00 to 4.00pm, for an opportunity to enjoy a moment of peace and quiet, to pray, or share a cup of tea and a chat. A warm welcome awaits you.

Change of Contact Details

During the vacancy at All Saints' Church while we are between Rectors at the Church, you will not be able to contact the Rectory using the old phone number. We would ask anyone who would like to get in touch to plan a wedding, baptism, funeral or if you have any other ministry needs, please consult our website www.allsaintssawtry.org.uk where there is information about services and other events as well as email addresses and other contact details.

The Churchwardens can be contacted at - churchwarden@allsaintssawtry.org.uk



WHEN'S EASTER?

Easter Sunday celebrates the Christian belief of Jesus Christ's resurrection. According to the Bible, Jesus Christ's death and resurrection occurred around the time of the Jewish Passover, which was celebrated on the first full moon following the vernal equinox. Therefore the date of Easter Sunday is usually the first Sunday after the first Full Moon occurring on or after the March equinox and so does not fall on a fixed date in the Gregorian calendar, or the Julian calendar.

Other Christian festivals which are fixed according to the date of Easter are: Shrove Tuesday (last day before Lent), Ash Wednesday (first day of Lent), Lent (period of 40 days leading up to Easter reflecting Christ's time in the wilderness), Palm Sunday (Sunday before Easter Sunday, remembering the triumphant entry into Jerusalem), Good Friday (Friday before Easter Sunday, the day Jesus died), Ascension Day (39 days after Easter Sunday, when Christ went up into Heaven) & Pentecost/Whitsunday (about seven weeks after Easter Sunday, when the Holy Spirit arrived).



Taken from www.timeanddate.com



ST BENEDICT'S CATHOLIC COMMUNITY SAWTRY

Served by St Luke's R.C. Church Peterborough

In 1981 St Benedict's Catholic Community Sawtry was formed.

Mass is celebrated at the Women's Institute Hall, Gidding Road, Sawtry on Sunday Morning at 9.15am.

After Mass you are invited to stay to meet everyone and enjoy refreshments.

There is also a weekly Prayer Group and details of House Masses will be announced at the beginning of Sunday Mass.

Everyone is Welcome

We are a friendly proactive community involved in a number of events in Sawtry and the surrounding villages.

St Benedict's also works closely with the other Church communities in Sawtry.

If you wish to know more

Contact Tony – tony.stefanelli04@gmail.com - 01487 830680

For details of all services at St Benedict's and St. Luke's Peterborough check website

<http://www.saintlukesparish.org.uk>

Find us on:



BECOME A HELP AT HOME VOLUNTEER!

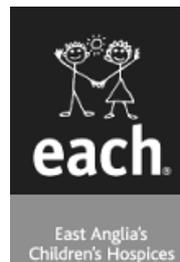
Support a family in their own home with everyday activities such as cleaning, cooking, gardening, DIY and much more.

For more information please contact our Volunteer Co-ordinator

Email: jess.hughes@each.org.uk

Or phone: 07889 251385

www.each.org.uk/volunteering



**PROTECTING ASSETS FROM CARE HOME FEES:
SEVERANCE OF JOINT TENANCY & NEW WILLS**

There are two ways in which couples can own land in England and Wales. This can either be as Joint Tenants or Tenants in Common. If you own a property as Joint Tenants then it will automatically pass to the survivor on the death of the first one of you, which means the property cannot pass through your Wills. An alternative option is to own any jointly held property as Tenants in Common which means you will each own 50%, and so on death of the first one of you, your 50% share can pass in accordance with the terms of your Wills.

You would then need a new Will which would provide for your half of the property to be held on trust so that your spouse may benefit from it without actually being the owner, with the result that it cannot be taken into account in any financial assessment. By phrasing your Will in this way, you would also create the opportunity to argue that the one half of the property still owned by the survivor should be valued at nil in a financial assessment since it is impossible to sell half a house. There is more detailed information that needs to be provided on this point before you choose to proceed with this option, and expert legal advice is required in the drafting of such documents.

For more information please contact Sarah McIlhagga on 01733 888883 or alternatively visit www.buckles-law.co.uk.



Sawtry Carnival 2018

Saturday 9 June

12 noon

This years theme 'Royalty - Red, White and Blue'



QUESTIONS FOR THE GARDENER

How do I look after my established Rhubarb plant properly in winter, as the plant seems quite weak when in growth producing few stems? Also, when is the best time to feed them?

Part two

Soil Pre Planting

Rhubarb is a very greedy plant indeed, ideally requiring, deep, organic rich, slightly acidic soils. The soil should be well prepared in advance or you will only produce weak unproductive plants. Incorporate bundles of well-rotted organic matter deep into and around the planting hole while incorporating plenty into the returning soil as well, then scatter some general compound fertiliser around the crowns.

On established plants only: Feed the plants in summer with liquid based fertiliser but only after the first harvesting, this will help to boost the crowns. Water thoroughly in any prolonged dry spells in late spring-summer, weed and mulch thickly again around the crowns with more well-rotted organic matter. Remove any flowering shoots ASAP; otherwise, the plants will weaken and any future stem production will be very poor. Harvest for about two months, after which the crowns must be allowed to recover so they have time to build up their reserves. Only harvest the stems when the leaves are fully open, do this by gripping the stem as low down as possible to the crown, grip tightly, twist, and pull off simultaneously.

Post Harvesting Winter Care

Once harvesting is over usually by Mid July, allow the plants to grow on and then let them die back down naturally and compost the old leaves, gently fork & weed over the soil, feed the crowns with a good general-purpose fertiliser in early spring. This feed will help to give the crowns a boost for the coming cropping season. I like to thickly mulch my bed again in Oct-Nov but never covering the dormant pink buds themselves as this allows exposure to the cold.



Good Gardening

The Gardener



Wildlife Trust – Huntingdonshire Local Group

www.wildlifetrust-huntsareagroup.org.uk/

Portholme Meadow, Brampton

Thursday 19 April

Dr. Patrick Doody will lead us for first Spring Walk. Portholme is an ancient meadow lying in a large flood plain boarded on two sides by the river Ouse. The meadow has traditionally been used for sheep and cattle grazing and today is a haven for breeding birds such as corn bunting and skylark and also supports a rich variety of flora.

Everyone is very welcome to attend, but please note that it is likely to be wet underfoot. We will meet at 7.00pm at Godmanchester lock (TL 241 704). The closest parking is in Godmanchester near the Chinese Bridge. Otherwise there is parking at Mill Common, Huntingdon, or Brampton Mill, but you will need to allow 20-30 minutes walking.

For more information please contact Pat on 01480 392706.

The Beautiful Bluebells of Brampton Wood

Sunday 29 April at 10.30am

or Sunday 6 May at 2.30pm

Come and experience the delights of a carpet of bluebells in this ancient woodland, which lies on our doorstep. George Cottam, who is Warden of Brampton Wood, will lead us through this woodland where a rich variety of flora can be seen.

Everyone is most welcome to attend. Please meet at Brampton Wood Car Park, Grafham Road, Brampton. GR TL 184698. Park in the Trust car park. For more information please contact George on 01480 450809.



For more information please contact Tim on 01480 457795.

Everyone interested in wildlife is most welcome to attend.

There is no charge, but donations are welcome.

Registered Charity No: 1000412

UNITE AGAINST DEMENTIA AS A VOLUNTEER

Alzheimer's Society is appealing for more volunteers in Peterborough to help make a meaningful difference to those affected by dementia. From fundraising and administration to providing information and support in the community, there are a variety of opportunities available which people can learn more about at a local event.

Staff at the Dementia Resource Centre, Lincoln Road, Peterborough, invites people to visit them on Friday 20 April, 10am to 2pm, where a recruitment event will be held. Not only will Alzheimer's Society professionals be on hand but current volunteers will be there to share their experience.



Volunteers are crucial to helping us spread awareness that whoever you are, whatever you are going through, you can turn to Alzheimer's Society for support, help and advice.

Anyone unable to attend the event but interested in volunteering for Alzheimer's Society in Peterborough, email debbie.holmes@alzheimers.org.uk or call the Dementia Resource Centre on 01733 893853.

SUSTAINABLE COTTON

36 of the world's most renowned clothing and textile companies have now pledged to use 100% sustainable cotton by 2025. This pledge demonstrates that there is a demand for more sustainable cotton, and the commitment made by companies will help to drive sustainable practices across the sector. In turn, this will help alleviate the environmental and social costs often associated with cotton production.



Cotton is the most abundantly produced natural fibre and its production supports the livelihoods of over 350 million people, but whilst cotton only covers 2.4% of the world's arable land, it accounts for 6% of global pesticide use. With around 2,720 litres of water needed to make just one t-shirt, conventional cotton production is highly dependent on water. Higher temperatures caused by climate change are likely to cause severe water shortages in some areas, as well as increase the prevalence of pests and diseases, negatively affecting yields.

This initiative recognises several existing standards as delivering sustainable cotton already, including Fairtrade. So look out for the Fairtrade Mark when you are out shopping for clothes and do your bit to back the pledge and make a difference for cotton farmers and our planet.

Look for the FAIRTRADE Mark on your shopping. It's your guarantee that disadvantaged farmers and workers in the developing world are getting a better deal.

For more information visit www.fairtrade.org.uk or call the Fairtrade Foundation on 020 7402 5942

CHANGING ATTITUDES BY EDUCATION

www.roadarc.org.uk

Change of Name

Regular readers of these articles will notice that the name of the Group has changed from Cambridgeshire Advanced Drivers and Riders (CADAR) to RoSPA Advanced Drivers and Riders Cambridgeshire (RoADARC). RoSPA is the accreditation body to which the Group belongs as do many other Groups in the UK. RoSPA is seeking to raise the profile of advanced driving and riding and part of this initiative is to create a level of consistency in the naming of the Groups, hence the renaming.

Summer and Winter Tyres

In parts of Europe it's common, or even a legal requirement, for drivers to keep two sets of wheels and tyres – one for Summer and another for Winter. Not so in the UK.

Summer tyres are made of a different type of rubber to Winter tyres and stiffen up when the temperature drops. This increased stiffness will affect the tyre's grip on the road surface and will impact upon braking and handling performance until the tyre reaches its operational temperature. Winter tyres use a type of rubber with a high silica content and a tread pattern designed to stay flexible in low temperatures (below 7°C) to give better braking and handling performance on snow and ice as well as on wet roads in cold conditions. Winter tyres are marked with a symbol showing a snowflake or snow-topped mountain. Living in East Anglia it would be hard to justify the cost.

All Season Tyres

All season tyres are a compromise and use a similar rubber compound to Winter tyres but have a tread pattern somewhat between a normal Summer tyre and an out-and-out Winter tyre. They are a bit of a compromise but should work better on wintry roads than a Summer tyre and avoid the cost and hassle of swapping tyres twice a year.

RoADARC's mission is to promote safer driving and riding.

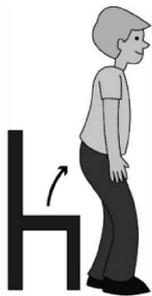
Contact us by email at info@roadarc.org.uk or visit our website at www.roadarc.org.uk for further details.



This issue's top tip: Correct tyre pressures help maximise tyre life.

STAND UP FOR FITNESS

Hello and welcome to a new Sawtry Eye Fitness Column that I am very grateful to be allowed to write. Let's start with a question I'm often asked ... why do we get heavier as we get older? We can often find ourselves putting on half a stone a year yet we are still eating the same and still doing the same job (maybe) ..so why does it happen?



Well amongst other things, we often become more sedentary without really realising it. Consider this ... just standing up burns 50 calories more per hour than sitting. So, let's say you set a reminder on your phone to stand for 5 mins every half an hour. That's 10 mins extra standing per hour ..perhaps you work in an office for 8 hours a day and maybe watch TV for 2 hours on an evening. That's 10 opportunities to stand for an extra 10 mins .. which is 100 mins per day, 600 mins for 6 days a week (you can rest on Sundays!). That's 10 hours extra standing per week which equals 500 calories.

Not a lot really but over a year, that's 26,000 calories or the equivalent of half a stone of fat! So you can see that by just standing less than we used to we can easily let the pounds creep on. So why not stand up to read your Sawtry Eye today?

Steph Taylor Exercise4Seniors Specialist, Exercise4happiness.com

MAKE A WILL, HELP TRANSFORM PATIENT CARE



Making or updating your will can seem like a big challenge. However, it can be a lot more affordable and straightforward than you may think.

Addenbrooke's Charitable Trust's annual Make a Will Week takes place this year from 23 to 27 April. A group of local solicitors and will-writers have kindly agreed to waive their usual fees and write or update a simple will, in return for you making a donation to change patients' lives at Addenbrooke's and the Rosie hospitals.

To find out more, simply call Alice on 01223 254841, email hello@act4addenbrookes.org.uk or visit www.act4addenbrookes.org.uk/makeawill

CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Do you own or run a business locally? On average, there are 165 fires in business premises each year and many of those businesses don't go on to trade again. Attend a FREE Business Seminar with Cambridgeshire Fire and Rescue Service and get the support you need to keep your business safe.

We are determined to support and inform business owners across Cambridgeshire and Peterborough on fire safety legislation, and to help you put together a FREE Fire Risk Assessment.

Seminars run across the county in various locations and can additionally be arranged ad-hoc to requirements wherever possible.

Contact us today – For more information on upcoming seminars or to book a place contact us on: 01480 444 500 or book online at www.cambsfire.gov.uk under Business Fire Safety.

For the latest news, incidents and safety advice, or to contact us, log on to www.cambsfire.gov.uk or call 01480 444500.

Sign up to email alerts and find us on Twitter, Instagram, YouTube and Facebook.



**CAMBRIDGESHIRE
FIRE & RESCUE SERVICE**
Working together to improve community safety

ROTARY CLUB OF PETERBOROUGH ORTONS DISABILITY GAMES

Rotary Clubs from around the area are preparing for our District's First Disability Games. These will be held at Stamford School on 15 April and are open to both seniors and juniors with Disability or Sensory Impairments.

The events are wide ranging including Archery, Boccia, Darts and Swimming Table Tennis and Rifle shooting. Wheelchair races including slalom and dash in both motorised and manual chairs. Some events are team, some individual, something for everyone.

We hope the games will promote team spirit and achievement in a competitive and friendly atmosphere.

For more information or if you are interested in Rotary contact us at orton.rotary@gmail.com, phone 07812 749 500, or look at our website at www.ortonsrotary.org, or try our Facebook page <http://tinyurl.com/OurRotaryClub>



Rotary Club of Peterborough



SAWTRY COLTS

There's been a lot of weather out there of late as you may have noticed. We've had the whole gamut of postponements with games being called off due to frozen pitches, snowy pitches and that old Greenfield favourite - waterlogged pitches. Some teams have not played since early February whilst those who were away from home managed to get some game time in. Here's what's been occurring:

The newest team - our Under 7s (U7) have had three wins and a draw as they continue their highly promising first season of organised football.

The U9s defeated Priory in the league but went out of the cup going down to a good St Ives team. They are still searching for a few more U9 players (Year 4 in school) to enable them to set up an U8 and U9 team from the players they currently have. If there are any boys or girls in Year 4 who want to give football a go then please get in touch as your village needs you.

The U10s are on a decent run at the moment, making it 5 wins in a row, their latest matches (albeit the last one was early February!) brought them victories against Stilton and St Neots. They have yet to play a match in their new "mini-season" and hope to have a re-arranged cup game against Brampton soon after an earlier postponement.

The U12 Blues currently sit second bottom in their eight-team league having lost 3 and drawn one of their last four matches. The U12 Yellows are currently third in their league with a few matches in hand of second place. The weather has put paid to their recent matches as they look to extend their unbeaten run following wins against Papworth and Godmanchester.

The U13 Blues lie second bottom in their competitive league and are on a losing run at the moment with defeats in their last 3 matches to Little Paxton, Mid Beds Tigers and Offord. The U13 Yellows are fourth in their six-team league. They have played only two matches of late due to the weather - a good 5 - 0 win against Godmanchester was followed by a hard-fought 4 - 3 loss to top of the table Somersham.

The U14s are fourth in their league. They are on a three match unbeaten run with 3 - 1 and 5 - 3 victories over Somersham and Little Paxton sandwiching a 1 - 1 draw with Bluntisham. They have three games in hand of the third place team so have a good chance of leapfrogging them before the end of the season.

The U17 team are still looking for that first "W" in the league this season. They have come close though in two recent games against Godmanchester going down 2 - 0 and 3 - 1; this came after a disappointing 6 - 0 home loss to second bottom Hemingford.

Here's hoping for some fair weather between now and the end of the season or some teams may be playing evening midweek matches to finish the season.

Brian Craig

SAWTRY MOTORCYCLE CLUB

In the last edition of the Eye, I wrote that we were waiting for the weather to improve... since then we've had a lot of snow, freezing temperatures and generally the sort of weather that keeps a motorbike safely tucked up in the garage. I can only hope (yet again) that the weather will start to improve soon (it is meant to be Spring after all!)

Sawtry Carnival, Saturday 9 June: Once again the Sawtry Motorcycle Club will be providing marshals for the Carnival Parade to keep everyone safe and help the parade go smoothly. The parade starts at 12 noon from Sawtry Village Academy and follows the same route as last year, i.e. **SVA - Fen Lane - The Green - Green End Road - Beaumaris Road - Moyne Road - Fen Lane - SVA**. The parade normally takes about an hour so obviously there will be some disruption to traffic during this time - if you can avoid driving around the village while the parade is happening then please do!

If you are out and about, **PLEASE obey the marshals** - they have an important job to do and you won't be delayed for too long.

The Sawtry Motorcycle Club will have a stand at the Carnival again this year - we should be easy to spot(!) - so please come along for a chat, have a look at the bikes and even have your photo taken sitting on some of the bikes (just ask first!).

We still meet at The Greystones on a Tuesday evening, from about 8.30pm, so if you're a bike enthusiast then please come along and see us!

Ride safely as always.

Pete

Tel: 01487 832478 - Email: smcc@scottfamily.plus.com



SAWTRY FOOTBALL CLUB

An F.A. Charter Standard Club

Sawtry FC are running two teams this season, both teams playing in the Peterborough and District Football League. They are Sawtry First Team, sponsored by APPS UK Ltd., and playing in the Premier Division and Sawtry Reserves, sponsored by The Bell PH and playing in Division 5B. Both teams play their home games at Greenfield, Sawtry, kick off at 2 pm on Saturdays.

Please come down and show your support.

Recent Results

January 20	League Division 5B	FC Parson Drove Res	1 - 3	Sawtry Res
27	League Premier Division	Sutton Bridge Utd	3 - 0	Sawtry FC
	League Division 5B	FC Peterborough 'A'	4 - 2	Sawtry Res
February 3	League Premier Division	AFC Stanground Sports	3 - 3	Sawtry FC
10	League Division 5B	Sawtry Res	3 - 1	Gunthorpe Harriers
17	League Premier Division	Sawtry FC	0 - 3	Moulton Harrox FC
24	League Premier Division	Leverington Sports	2 - 1	Sawtry FC
	League Division 5B	Sawtry Res	1 - 4	FC Parson Drove Res
March 10	League Premier Division	Stamford Lions FC	8 - 2	Sawtry FC

Forthcoming Fixtures at Greenfield

March 24	League Division 5B	Sawtry Res	v	Stanground Sports FC
31	League Division 5B	Sawtry Res	v	FC Peterborough 'A'

Sawtry FC would like to thank their sponsors and supporters, DV Maintenance, SRD Spirotech, Bradgate Groundcare, East Anglian Galvanising, Happy K9, B S Graves Electrical Ltd., Catalyst Design Partnership, Travis Perkins, Sawtry Youth Project and CARESCO.

If you or anyone you know would like to play or volunteer to help on match days please contact the Secretary on 07939 258032

**SAWTRY WALK TO RUN FOR EVERYONE
- EVEN THOSE WHO THINK THEY CAN'T RUN!**

Sawtry Walk To Run was set up under England Athletics' Run Together programme and currently offers three run groups which meet 3 times every week. There is no fee to join us, it's all free. There is no pressure to run at any particular speed as we cater for all shapes, sizes, ages (from 14 years up) and abilities. No-one is ever left at the back on their own as we have lots of volunteer helpers and so there is always someone to keep the back markers company. We have group runs at Parkrun and have started entering races and have two teams competing in the 50 mile Green Wheel Relay on Father's Day in June which will set 15 year old Kiera's team against her Dad's team. Bring it on!

Our latest beginner's course with over 20 new runners finishes in April at which point they will start work on the 3k to 5k programme. The next official beginners group will start in September but we may be able to fit in a small group before then.

Generally, we meet at 7.15 on a Tuesday and Thursday evening in the carpark of the Greystones and at 9.30 at St Judith's on Sunday mornings. These groups will change again in the summer when some of the group start training for the Great Eastern Run (Peterborough Half Marathon) where our runners expect to clock times ranging from 1.35 to 3 hours plus - there really is a place for all abilities in our group.

**Latest details and timings can be found on our website at
<https://groups.runtogether.co.uk/SawtryWalkToRun> and in our Facebook group.
Alternatively you can contact Group Leader Nona at nona19@live.co.uk
or on 07484 745006.**

Running - it's much more fun than you might think!

DRAGON YOGA & MARTIAL ARTS ACADEMY

Custom-built studio at 11 Ashdale Close, Sawtry. 07585 950923. markad@btinternet.com
Yoga, Qigong, Feng Shui, Meditation, Karate, Kickboxing, Weapons, Self-defence

Events and Local Seminars:-

- Martial Arts Seminar – Sawtry - 22 April

Classes:

- Tuesdays 9am, Meditation Class
- Tuesdays 9.30am, Yoga & Qigong (Suitable for OAPs)
- Thursdays 5.30pm, Yoga & Qigong (Suitable for OAPs)
- Fridays 6.30pm, Yoga & Qigong (Suitable for OAPs)
- Saturdays 3pm, Yoga & Qigong (Suitable for OAPs)
- Saturdays 4pm, Tai Chi & Qigong (Suitable for OAPs)
- Saturdays 5pm, Martial Arts
- Sundays 9am, Martial Arts
- Sundays 10am, Family Yoga & Fun Self-defence



Recent Promotions: Feng Shui Level One - large local group

Instructor - Grandmaster Mark Adlington, 9th Dan

Facebook under “Yoga, Qigong & Meditation” & “Tai Chi, Qigong & Meditation”

SAWTRY BADMINTON CLUB

Are looking for players to join them
On Wednesday evenings - At Sawtry One Leisure
From 8.00pm to 10.00pm

JUNIOR BADMINTON CLUB

Including qualified coaching
10 years +
From 7.00pm to 8.00pm

For more information please contact Robert Stefanelli

Tel: 01487 832871 Mobile: 07948 123620

Email: mail@stefanelli27.wanadoo.co.uk

Web Page: www.sawtrybadmintonclub.com



SAWTRY AND DISTRICT BOWLING CLUB

As expected we had a very enjoyable Burns Night in January paying homage to Robbie Burns - our 10th year of holding this event. Everyone enjoyed the night and thanks to all those that helped or participated in the evening.

Our new season starts for members at 2pm on Saturday 21 April with the Kelvin Cooper Trophy, so no doubt members are making sure their waterproofs etc are ready before the summer really begins.

Full details will be forwarded to members shortly, but please note that we are having a Quiz Night at 7.30pm on Saturday 7 April – max of 6 per team - £2.50pp which includes a light supper. Contact myself for details. We will also holding a Coffee morning at 10am on Tuesday 24 April.

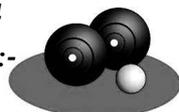


Fancy playing bowls? We are always looking for new members of any age or ability. Please feel free to contact me or pop through the gates when they are open – opposite Cooper's garage - especially on Saturday mornings from 10am.

Picture shows President Iain Hamilton recently handing over a framed shirt to 'Rumbles' our sponsors, together with some members of the committee and Rumbles staff.

Any Queries contact - Club Secretary Kevin Bowers - Tel No 01487 832854

Visit our Facebook Page - search Sawtry and District Bowling Club), Our website :-
<https://hugofox.com/community/sawtry-and-district-bowling-club-8948/about-us>
or search for 'Sawtry and District Bowling Club'



Sawtry Eye April - May 18

USEFUL NUMBERS

All Saints' Church - 830215
American Football Weekly - 07725 908356
Beavers/Cubs/Scouts - 01480 581072
Buttons & Bows Pre-School -
01487 833010 / 07914 278466
Brownies - 830806
Cambs Bobby Scheme - 01480 413311
Cambs Libraries Contact Centre -
0345 045 5225
CARESCO - 832105
CARESCO Charity Shop - 208026
Citizens Advice Bureau, Huntingdon -
0344 245 1292
Electricity 24hr Helpline & Emergencies -
0800 7 838 838
Gas 24hr Helpline & Emergencies -
0800 111 999
Guides - 07811 072670
HACT (Community Transport) -
01480 411114
Ladies Hockey - 07872 339662
Learning Bears Pre-School - 07811 072670
Methodist Church - 01480 453857
Police (Non-Emergency) - 101
Rainbows - 831076
St Benedict's Catholic Community Sawtry
- Tony 830680
St Luke's Catholic Church Peterborough
- 01733 370877
Samaritans Day/Night - 01733 312727
Sawtry & District Astronomy Society
- 831921
Sawtry & District Bowling Club - 832854
Sawtry Camera Club - 832602
Sawtry Car Scheme - 07810 476979
Sawtry Chorale - 830149
Sawtry Club - 830462

USEFUL NUMBERS

Sawtry Colts - 834478
Sawtry Cricket Club - 834699
Sawtry First Responder Group -
07885 422257
Sawtry Fishing Club - 07436 016188 -
(Charlie)
Sawtry Football Club - 831403
Sawtry History Society - 07596 672588
Sawtry Infant School - 830678
Sawtry Junior Academy - 830204
Sawtry Junior Cricket Club - 830581
Sawtry League Badminton Club - 832871
Sawtry Motorcycle Club - 834190
Sawtry Old School Hall - 831771
Sawtry One Leisure - 01480 387800
Sawtry Parish Council - 831771
Sawtry Pharmacy - 832558
Sawtry Post Office - 208460
Sawtry Small Business Partnership
- 832683
Sawtry Sports & Leisure Association
- 831797
Sawtry Table Tennis Club - 831374
Sawtry Tang Soo Do (Karate) - 830601
Sawtry Village Academy - 830701
Sawtry Walking Group - 832407
Sawtry Wine Makers - 830020
Sawtry WI Hall - 07763 438409
Sawtry Yoga Club - 830601
Sawtry Youth Community Centre - 831542
Seijimkai Karate Club - 832773
Tree Warden - 208676
Wellside Surgery, Sawtry - 830340
www.safelocaltrades.com - 0800 014 1832
Yaxley Surgery - 01733 240478

SAWTRY AREA CODE - 01487

If you would like to add a new number to the list or you have spotted a wrong number then let the CARESCO team know on 832105

