



www.caresco.org.uk

Sawtry Eye

Distributed to Conington,
Glatton, Upton, Winwick,
The Giddings & Sawtry

No. 114 Feb - March 2015

Sawtry Junior
School Association

invites you to their

FAMILY EASTER BINGO

on

Friday 20th March

Doors open 6.30 pm

Eyes down 6.45pm

All welcome!

Raffle and refreshments

Please come along, have some fun and
help raise funds for the school.

For more information please pop in or telephone
the school office on 01487 830204

We look forward to seeing you!



SAWTRY SMALL BUSINESS PARTNERSHIP

Presents by popular demand

**THE 2015 SUPERHERO
RACE NIGHT**

on Friday 20th March

at Sawtry Club

Admission £12.00 to include Hog Roast
Under 14's FOC

Tickets available from group members and the
CARESCO office/shop

All proceeds to Little People UK and CARESCO

**For more information contact Ralph
on 01487 832683**

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you

SAWTRY EYE IS PUBLISHED BY CARESCO REGISTERED COMPANY NO: 7513432 CHARITY NO: 1140728

SAWTRY FEAST SUPPER PRIZE BINGO

Sawtry Ex-Servicemen's Club



ON Thursday 5th March

EYES DOWN AT 7.30PM

**You do not have to be a member
of the Club to attend.**

Everyone very welcome

Great prizes

GOODWILL LUNCH

On Wednesday 18th February

From 12 – 1.30pm

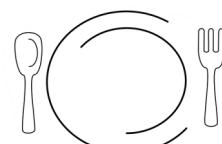
At Sawtry Methodist Church,
Green End Road

Tickets £4 (children free)

Come and share a simple meal together

Bring & Buy stall

In aid of
Leprosy Mission





Make A Date

2015	Group	Details	Contact No	Page
18 February	Sawtry Churches Together	Goodwill Lunch		Front Page
5 March	Sawtry Feast Supper Committee	Prize Bingo	01487 832645	Front Page
7 March	St Nicholas', Glatton	Quiz Night	01487 830215	20
20 March	Sawtry Small Business Partnership	Super Heroes Race Night	01487 832683	12
20 March	Sawtry Junior School Association	Family Easter Bingo	01487 830204	Front Page
28 March	Sawtry Bowling Club	Easter Chocolate Bingo	01487 830720	27
18 April	Sawtry Day Centre	Quiz Night	01487 832105	6 & 16
31 May	Sawtry Feast Parade	Sawtry Parish Council	01487 831771	---
2 June	Sawtry Feast Supper Committee	Sawtry Feast Supper	01487 832645	11
13 June	Sawtry Carnival Committee	Sawtry Carnival	07944 895114	13
27 June	Sawtry Royal British Legion	Coach Trip	01487 831458	7
3 - 9 August	Sawtry Light Factory	Sawtry Holiday Club	01487 830345	---
12 September	Show Committee	Sawtry Show 2015	01487 831281	12
21 November	Sawtry Small Business Partnership	Christmas Fayre	07720 583340	---

Advertise your community event here

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date'. We cannot include regular meetings/classes as space will not allow, but we would love to know about the special events.

When your organisation fixes dates, please let us know. Don't wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours). We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.





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CARESCO

CARESCO
CARESCO Centre
Green End Road
Sawtry
Huntingdon
Cambs PE28 5UX

Telephone: 01487 832105

sawtryeye@caresco.org.uk

Articles & Letters can be emailed to CARESCO. Please put as subject "For Sawtry Eye" and enclose full name and postal address — Email: sawtryeye@caresco.org.uk

www.caresco.org.uk

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EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.
- Anonymous items will only be considered where the author has submitted their full name & contact details to the editors with their contribution and have requested, with reason, that these are withheld.
- Before printing a critical item the editors reserve the right to approach the criticised persons/group and offer an opportunity to comment, where possible, in the same issue. At their discretion the editors may delay the critical item to the following issue or publish without a reply.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.
- The copies of Sawtry Eye delivered to the parish of Sawtry are accompanied by the Sawtry Parish Council Newsletter which is published by and the responsibility of Sawtry Parish Council.

The full Editorial Policy is available from the CARESCO office during office hours.

DISTRIBUTION OF SAWTRY EYE:

If you know of anybody who does not receive a copy or would like to help deliver Sawtry Eye, telephone: 01487 832105 between 9am — 12 noon Monday - Friday

**Sawtry
Twinned with
Weimar**

Welcome

With spring just around the corner and hopefully your New Year's resolutions still intact, we're delighted to welcome a new initiative to the village in the form of the Sawtry Foodbank. This project is the result of partnership working between a number of Sawtry organisations and the support from the village in the way of food donations has been overwhelming. There is further information about the foodbank within these pages, and we are beginning a series of examples of real life stories highlighting situations that illustrate how easy it is to slip into a crisis where you cannot afford food.

We are also beginning a new series by The Gardener to help get you in the mood to be out in your garden once again and tending your plants.

Don't forget to use these winter months to start those crafting projects in anticipation of the Sawtry Show - you know you won't have time later in the year!

So, here's to 2015, let's make it a good one!

Liz - Co-  Editor



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SCHOOL TERM DATES FOR SAWTRY SCHOOLS

Spring Term 2015

Half term, 16 to 20 February

End of Term - 27 March

Summer Term 2015

Start of Term - 13 April

Half term, 25 to 29 May

End of Term - 22 July

Autumn Term 2015

Start of Term - 3 September

Half term, 26 to 30 October

End of Term - 18 December

Schools have a number of training days available to take at their discretion. Please contact your local school for details.
Or check the Cambridgeshire County Council website at
<http://www.cambridgeshire.gov.uk/education>



SAWTRY WI

Sawtry WI meets on the 1st Thursday of the month,
at 7.30pm in the WI Hall, Gidding Road
(Wheelchair Access)

Charity Number 229016

5th February

The Bobby Scheme

Jeff Turner

Competition - The Colour Yellow

5th March

“Ratty Goes to Chelsea”

Angela Potter

Competition - The Colour Purple

Visitors and New Members always receive a warm welcome
If you haven't tried the WI before, come along and meet us,
have fun and go home with a smile!!

Regular features include:

Bring & Buy stall, raffle and refreshments

Secretary: Ann Watson 01487 834035

Presidents: Linda Lavery 01487 830282

Maureen Westbrook 01487 832841



Don't forget - during weeks containing a bank holiday, collection days will change from the usual

HDC REFUSE COLLECTION

Sawtry and the surrounding villages have the same calendar for refuse collection, however the week day may vary.

To find out the exact dates for your property visit:

<http://applications.huntsdc.gov.uk/applications/refusecollection/> and enter your house number & postcode or call 01480 388388

GREY (LANDFILL WASTE)

(Week Beginning)

2nd & 16th February
2nd, 16th & 30th March

COMPOST (GARDEN WASTE) & DRY RECYCLING

(Week Beginning)

9th & 23rd February
9th & 23rd March

For more information visit the Hunts District Council website at
<http://www.huntsdc.gov.uk> and look for the Refuse & Recycling link on the left hand side of the page.



Is open every Friday

(including School Holidays)

at the

CARESCO Centre,

Green End Road, Sawtry

(Behind the Old School Hall)

9.00 - 11.30am

(9.45 - 11.30am during school holidays)

A Warm Welcome For

Coffee, Cake And A Chat

Call 01487 832105

**For Issue No: 115
April - May 15**

Advertisements by
12 Noon on 13th March
News Items by
12 Noon on 20th March

Full Page: Portrait
(17.5cm x 26cm)
1 Issue - £124
6 issues - £620

Half Page: Landscape
(13cm x 17.5cm)
1 Issue - £66
6 Issues - £330

Quarter Page: Portrait
(13cm x 8.5cm)
1 Issue - £36
6 Issues - £180

Eighth Page: Landscape
(6.5cm x 8.5cm)
1 Issue - £20
6 Issues - £100

For more information call in or
phone 9.00am - 12 Noon
Monday - Friday

0 1 4 8 7 8 3 2 1 0 5
sawtryeye@caresco.org.uk



TERMS & CONDITIONS

- Commercial Advertising copy can be submitted by email to : sawtryeye@caresco.org.uk (preferred option) or alternatively on a disk or as a printed/ handwritten copy delivered to the CARESCO Centre. The final layout can be done by our in-house graphic designer at extra cost.
- Please make instructions clear & provide full contact details
- Payment with advertisement please.
- We can accept payment by BACS (please contact the office for payment details), by cash or cheque (made payable to 'CARESCO')
- Sorry, we cannot accept payment by card.
- CARESCO cannot accept any responsibility for business lost due to any error in production.



UPTON DELIVERER NEEDED

Do you live in Upton? Would you be willing to deliver the Sawtry Eye six times a year? We are looking to recruit a new distributor to the team.

The Eye goes out at the beginning of February, April, June, August, October and December and will need delivering within a couple of days of you receiving it. We pay 3p per issue plus 1p per leaflet when applicable. The available route is for half the village which is 45 copies.

We have a large team of dedicated distributors who cover Sawtry, Glatton, Conington, Winwick, Upton and the Giddings. From time to time we have a vacancy or need a relief distributor. If you would like to apply to go on our waiting list, please get in touch with the CARESCO office, details on page 3.

Our thanks to Jackie who has decided to retire from the role of distributor and our best wishes.

easyfundraising www.easyfundraising.org.uk/CARESCO.org.uk



Do you enjoy music?

Would you like to meet up with others
to explore a range of music related activities?

Come and join our fun social group involving
all things musical and the spoken word

Forthcoming dates: 13th & 27th February, 13th & 27th March

The group meets
on the 2nd and 4th Fridays of the month
From 1.30pm to 3pm

At the CARESCO Centre, Green End Road, Sawtry PE28 5UX

Refreshments included

There is a nominal charge of £2.00 to cover expenses

Transport can be arranged through the Sawtry Car Scheme if required (at additional cost)



Contact details:

Tel: 01487 832105 - Email: office@caresco.org.uk

Farmers' Markets

Truly local food sold by the people who produce it.

HUNTINGDON

Alternate Fridays from 8am to 2pm
in Huntingdon Market Square

13th & 27th February
13th & 27th March

**** Saturday Special ** - 28th March**

Organised by Huntingdonshire District Council with the support of Huntingdon Town Centre Partnership.

For more information call 01480 388388
or visit www.huntingdonshire.gov.uk/markets

PETERBOROUGH

2nd & 4th Thursdays from 9am to 2pm
in Long Causeway

Organised by Peterborough City Council.
For more information call 01733 452217
or visit www.peterborough.gov.uk

OUNDLE

Every 2nd Saturday from 8.30am - 1.30pm
Market Street

For further information please contact
Oundle Town Council

Tel: 01832 272055, email: otc@lineone.net

Farmers' markets are different because the food sold there must be from the local area and sold by the people who grow or produce it. Bought-in produce is not allowed.

Buy fresh, high quality produce from the people who can tell you how it was grown or made.

SAWTRY LINE DANCE CLUB

Meet Wednesday Evenings
(Term Time Only)

Sawtry Community College, Fen Lane,
Sawtry, PE28 5TQ

Beginners Class - 7 - 8 pm ~
but welcome to stay on afterwards

Improvers / Intermediates - 7.30 - 9.30 pm
£3.50 per class

Learn to line dance, no partner required
and all ages welcome

Come along, make new friends, enjoy yourself and
keep fit at the same time

We are a friendly, sociable class, dancing to all types
of music - including country, pop and contemporary

Email Julie:
jcgillmore@sky.com

~
Call or Text: Julie on
07939070406



SAWTRY DAY CENTRE

QUIZ NIGHT

Saturday 18th April
Starts at 7.30pm

At The Old School Hall

Tickets £7.50 including supper and raffle

Available from CARESCO Centre
and CARESCO Charity Shop

**For more information contact
CARESCO office on 832105**



It's coming...!

Saturdays

21st February

21st March

4:30 – 6:30pm

All Saints' Church
Church Causeway, Sawtry

Crafts for all ages

Celebrate with bible story
and songs

Share a meal together

**For more information see
www.allsaintssawtry.org.uk
or contact Revd. Rosie Ward**

BOOK STALL AND COFFEE MORNING

At Winwick Church

Saturday 14th February

Saturday 14th March

10.00 till 11.30am



The Church is open for everyone to come along and enjoy a cup of coffee and cake and browse our extensive supply of second hand books

Donations invited in exchange for the above
Proceeds to go to the Church



**For more information
please contact :
Sue Fowler 01832 293215**



WELCOME TO THE SAWTRY CAMERA CLUB



We meet on the second Thursday of each month

7.30pm until 9.30pm

At the Sawtry Club in Gidding Road

Everyone will receive a warm welcome young or old, male or female beginners or experienced we learn from each other

For more information please contact 01487 830186



SAWTRY WI In Aid of the WI Hall

BINGO

13th & 27th February

13th & 27th March

Everyone welcome - Eyes down 7.30pm

Contact for events

Secretary: Ann Watson 01487 834035

Presidents:

Linda Lavery 01487 830282

Maureen Westbrook 01487 832841

Charity Number 229016



SAWTRY ROYAL BRITISH LEGION

Coach Trip To

The National Memorial Arboretum

**Saturday 27th June
(Armed Forces Day)**

Departing 09.00
from The Sawtry Ex-Servicemen's Club

Departing 16.00 to return to Sawtry

Cost of coach trip £15
(including a small donation to The Royal
British Legion Poppy Appeal)

Entry to the Arboretum is free and there
are full café facilities available

**To book or for further
information call:**

Stewart 01487-831458

Allan 01487-830806

Tony 01487-831316

**There will be a full
programme of events
to commemorate and
celebrate Armed Forces Day**

**Mobility - Wheelchairs and electric
scooters are available on loan
from the visitor centre**

**To ensure availability they should
be booked in advance**

**For full details on the
National Arboretum visit:**

www.thenma.org.uk

What's on at Just For Kicks Rock n Roll Club (Yaxley)

Royal British Legion, 210 Broadway,
Yaxley PE7 3NR

- **14th February** Glenn Darren and the Krazy Krew
- **14th March** Jack and the Real Deals

We also have a "Record Hop" every Monday night from 7:30pm

Contact Steve 07718511640

see our Facebook page for further details:

**[https://www.facebook.com/
JustforKicksRocknRollClub](https://www.facebook.com/JustforKicksRocknRollClub)**

GLATTON WI

**We meet on 2nd Thursday of the Month
at 7.15pm in the Village Hall, Glatton**

We start the evening with WI business
Followed by an activity or talk
Then refreshments

FORTHCOMING ACTIVITIES

Thursday 12th February

Marie Curie

Speaker: Sally Young

Thursday 12th March

Trip to Indonesia'

Speaker: Shirley Dewar

You are very welcome to join us as a visitor
or as a new member

For more information see:

the Huntingdon & Peterborough WI

website www.hpfwi.com or

Glatton Village Website: www.glatton.org.uk



Craft Buddies

Do you love to knit or crochet or sew? Or would you like to learn?

We're a small friendly group of people who would love to welcome new members.

Meet new friends, learn new skills, and share your experience and knowledge.

Bring along your projects or just come to chat. Anyone can come along, all ages and experience levels, male or female, any type of craft interests welcome

No charge to attend, you don't have to join us every week and you can come & go as you please.

Drinks including tea and coffee available to buy at the bar

7.30 - 9.30pm every Tuesday

At the Sawtry Club, Gidding Road, Sawtry

Just turn up or for more info contact

Carolyn on 01487 832682

or email carolynwatts56@yahoo.co.uk

Postponed

The Sawtry Night Proms

Performed by the RAF Wyton Area Voluntary Band

Sawtry Community College Saturday 7th February 2015 7.30pm

In aid of CARESCO

A programme of popular and military music plus community singing and, by popular demand, Graham Sheldon performing the Post Horn Gallup!

Tickets £10.00 from CARESCO

Office: Green End Road, Sawtry, CAMBS PE28 5UX

Telephone: 01487 832105

Email: office@caresco.org.uk

Website: www.caresco.org.uk

HELP WANTED

Help Wanted

We urgently need some extra volunteers to join the team for our Coffee Shop rota on Friday mornings in the CARESCO Centre. Do you have the time to offer your help to serve customers with refreshments from 8.45 – 11.45am on Friday mornings?

We have a simple menu of tea/coffee and cake to sell to our loyal customers and need a couple of helpers each week by rota to work in the kitchen taking orders, making drinks, serving cake and of course doing the washing up. Cake bakers particularly welcome but not essential!

If you are interested or would like to know more, please contact Liz Coates on 01487 832105 or drop into the CARESCO office any weekday morning.



TINY TOTS

Methodist Church Hall,
Green End Road, Sawtry

Parent, Baby and Toddler Group

Every Tuesday term time

9.30 – 11.00 a.m.

£1.20 per family, First visit FREE

Refreshments 10p

Come along and make new friends

New members welcome

**For more information call Charlie
01487 830341**

Ladies

Give us your support!

Join the

AGAINST
breast cancer
BRA AMNESTY



Give all your old bras a new lease of life and help raise money for cancer research. Deposit your unwanted bras in the Bra Bank at the

CARESCO Charity Shop and they will be whisked away to Africa where there is a short supply of affordable bras.

Against Breast Cancer will receive a donation based on the weight of the bras collected – so every bra helps!

www.againstbreastcancer.org.uk

01235 534211

Registered charity number 1121258



Letters ...



PLANNING AHEAD

Many thanks to all those who organised Christmas Fayres this year (2014) and also to Jane and Kelly from Sawtry First Responders who organised the large event in previous years. These events are a great way for the community to come together at Christmas and are usually well supported by village residents. So, for next winter personally, I would like to see the return of a large event again to help raise money for both CARESCO and Sawtry First Responders and therefore I have bravely (or madly) volunteered to organise one together with some members of the Sawtry Small Business Partnership (SSBP).

We plan to have it on **Saturday 21st November 2015** at One Leisure Sawtry, I know it is very early but make a note of the date in your diary and come and join us either as a stall holder or a visitor.

Any enquiries please contact me on 07729583340.

Stephanie Taylor

CHRISTMAS DAY PARTY

I would like to thank Liz and her happy band who willingly gave up their private celebrations to ensure that the CARESCO Party was a success. Building on the success of the past two years, how could it fail?

From the "Merry Christmas" greeting upon arrival to the welcoming drinks and array of nibbles to start with, which allowed people time to get to know each other, followed by the most sumptuous lunch you could ever imagine which was accompanied by some very good wines.

Entertainment quickly followed which led the inevitable carol singing, the Queen's Speech and of course a visit from "Santa" who handed out presents to everyone. What a wonderful climax to a wonderful day.

When the time came for us to make our way home, very reluctantly I might add, there was still a final surprise waiting for us, which was a small carrier bag containing a huge slice of Christmas cake, a box of mince pies (donated by the Co-op I believe) and a photograph of ourselves which was taken during the lunch and a Christmas card.

So ended my day, not **at** CARESCO, but **with** CARESCO because there had been a family warmth atmosphere throughout, so once again thank you and three cheers for the team, hip, hip

Derrick Morgan, Sawtry

Remembering a Very Special Dad & Grandad

Stanley Reginald Redhead

who passed away on 6th February 2008

A golden heart stopped beating,
two smiling eyes at rest,
God broke our hearts to prove to us,
He only takes the best.

Loving you Always, forgetting you Never.

Mark, Mandy, Sam & Jordan xxx

BESSIE GROVES

Thank you to the family and friends of Bessie Groves who gave so generously at her funeral before Christmas.

All proceeds have been given to the CARESCO Friendship Club social fund where Bessie had been a member for many years

Liz Coates

THANK YOU

I would like to take this opportunity to thank the organisers of the community carol services held firstly at the College and then at the Old School Hall.

At the village carol service the two young soloists were absolutely fantastic, together with the great musicians and the primary school choir it was an afternoon that will stay in my memory throughout 2015. It was so pleasing to see so many people in the audience, I am sure when our clergy stood facing them to give their short but meaningful talks this thought ran through their minds "If only we could encourage these people into our churches" because we have such a good time there also. The refreshments were very well received it was great to be among the happy throng as the people enjoyed them.

The Carol service outside the Old School Hall was equally well attended especially as the wind blew very cold, Alex kept us laughing with his quips, Jean Garner braved the cold evening and played the keyboard so lovely, once again our clergy didn't disappoint. The Carols sung we were invited inside to hot Glue wine and mince pies served to us by our members of the parish council, we were allowed time for a good chat with other members of the congregation.

Once Again Thank You All

Isolde Whitmore MBE

Write to Sawtry Eye: 'Letters', CARESCO, Green End Road, Sawtry, Huntingdon, Cambs PE28 5UX

Or email sawtryeye@caresco.org.uk with subject 'Letter for Sawtry Eye'

PLEASE SEE STATEMENT FOR SUBMITTING LETTERS ON PAGE 3

Letters

Letters ...



DISTRICT COUNCILLOR DICK TUPLIN

I am very concerned that there are areas of the Sawtry which suffer from problems with drainage at times of high rainfall, which I think may be exacerbated with the new developments which are proposed in the Draft Local Plan. There are so many organisations involved, but there doesn't seem to be any correlation between them.

In order to present an argument to the appropriate authorities, could I ask for as many people as possible to give me examples of recent problems with flooding (say during the past 7 years). These could include instances of downstairs toilets not flushing away properly, water running from one property to another, overflowing ditches, or overflowing manholes, etc. I would need approximate dates and locations of any incidents. Photographs would be very helpful. Any reports can be sent either to me directly, or to the Parish Council Office.

Sawtry Parish Council is planning to organise a meeting between all of the agencies involved (Anglian Water, the Environment Agency, Sawtry Internal Drainage Board, the Middle Level Commissioners, and the District Council). I would like evidence of flooding problems to present to them, so an early response to my request for information would be appreciated.

The District Council's Draft Local Plan will go out for its final consultation on 23rd January for 6 weeks. There is a copy in the Parish Council Office. Any comments must be made in this timescale. I urge everyone concerned about proposed developments to put their observations in writing, to the Planning Department at Huntingdonshire District Council immediately.

Dick Tuplin

58, Old Great North Road, Sawtry - Email: Dick.Tuplin@huntingdonshire.gov.uk

DONATIONS TO CARESCO

Another huge thank you to the staff and customers at the Addison Arms, Glatton for their generous donation of £60.00 towards the work of CARESCO. Our thanks also to Debbi Brown, her team & customers at Salon 42 for their donation of £67.50 raised in the run up to Christmas.

We would like to publically acknowledge the generosity of Waitrose Huntingdon for their donation of £200 to spend in store from their Community Matters scheme (the green tokens) towards our Christmas Day Party and to Sawtry Co-op Foodstore for the boxes of mince pies which were shared out on Christmas Day and to our service users when they came back in the New Year.

Several people made personal donations over the Christmas period, many in lieu of sending cards and we thank you.

Thank you to everyone who attended the Village Carol Service in December for their donations given during the collection, we received £181.00 being half the collection taken on the day.

Finally we would like to say thank you for the beautiful table centre decorations created and donated by Lisa Baxter for Christmas Day. They were enjoyed by everyone.

Your support is truly appreciated and the money will go toward helping to funding our ongoing services for the local community.

Liz Coates, General Manager



EVERYBODY NEEDS GOOD NEIGHBOURS

Do you feel lonely or isolated in your own home?

Or know someone who is?

Would you like someone to call or visit for a cup of tea or coffee and a chat?

Our new Good Neighbours scheme is now up and running as our first group of volunteer befrienders started visiting their new friend. We are now looking for more people interested in getting involved.

If you would like to know more about becoming a befriender, or would like someone to pop in regularly for a chat and a cuppa, please contact Emma on the number below.

All befrienders are DBS (formerly CRB) checked before they are able to start.

Emma Byrne - Good Neighbour Co-ordinator

Email: gns@caresco.org.uk or call 07840 015969

Please note this phone is not manned, leave a message and Emma will get back to you



ROYAL BRITISH LEGION Sawtry & District Branch

The Huntingdonshire District Conference was held on the 10th January. Part of the proceedings is the presentation of Poppy Appeal Trophies and it was Stewart Wylie's great pleasure to accept not one but two trophies on behalf of the Branch!

We were awarded the trophy for "The Highest Increase In Poppy Appeal Trophy 2014 Small Branch" and the trophy for "The Highest Amount Per Capita of Poppy Appeal Trophy 2014", awarded for the Branch showing the highest level of increase in poppy appeal per capita in the District!

This is, as far as we are aware, the first time the Sawtry Branch has won such an award and that it is a particular honour to gain these awards in the anniversary year of the commencement of WW1. This is a fitting reward for Allan Fowler in his final year as Poppy Appeal Organiser. These awards could not have been won without the generosity of you all. Thank you so very much.

Carol Stobbs
Poppy Appeal Organiser

Tel: 01487 834338
Email: carol@sonoma.co.uk



Facebook SAWTRY RBL

www.branches.britishlegion.org.uk/branches/sawtry

SAWTRY FEAST SUPPER CLUB

This year's supper will be held on **Tuesday 2nd June** and is open to everyone who is actively retired and living in Sawtry. We are expecting to be at capacity once again. If you have not attended in the past and would like to attend this year, please contact me and I will put you on the waiting list.

You may have seen over the past year the lovely home grown vegetables outside Dick and Pam Tuplin's house. Dick and Pam have very kindly donated £100 from the money they made to the Feast Supper Club, for which we are very grateful.

In November last year we held our most successful Bingo ever, we raised a magnificent £312 our best to date, so thanks once again to all those that donated prizes, helped and attended the evening, also thanks to Marlene for the gorgeous cake she made for us to raffle on the evening.

Our next Bingo is booked for **Thursday 5th March** - see front page for details - so please note the date.

The support we receive from our community is wonderful and really does assist us in continuing with the annual Supper. We look forward to seeing you in June.

Karen Leader 01487 832645 or 07903 841708

WELLSIDE SURGERY NEWS



Friends and Family Test

As of 1st December 2014 all general practices have introduced the NHS Friends and Family Test. This is a way of gathering your feedback so that we can continually review our service. The test is based on one question – how likely are you to recommend our GP practice to friends and family if they needed similar care or treatment? You also have the opportunity to tell us the main reason for selecting your answer. All of our patients are welcome to answer this question and you can do so as frequently as you wish. Response cards are available in our waiting room and there will soon be the opportunity to participate online via our website. We would be very grateful if you could take a moment to complete a response form next time you are in the practice.

Online Repeat Prescription Requests

Thank you to those patients who have already registered to use our new online system for requesting repeat prescriptions. Our new system is now up and running and the ability to place orders via our website will be shut down at the end of February. If you would like to use our new system and have not already registered please collect a form from our Reception desk or download a copy from our website. Once complete, you will need to hand your form in personally at reception and provide identification – details regarding suitable types of identification are provided on the reverse of the registration form.

Mrs Claire Wright, Practice Manager
Wellside Surgery, Sawtry, Tel: 01487 830340



Sawtry News

SAWTRY JUNIOR SCHOOL



We have had a great start to the New Year here at Sawtry Juniors with the children thinking about New Years resolutions and setting themselves goals.

Lower school have been learning more about their local area and will be contrasting this with London. Their trip to the Natural History museum to support learning in Science will also provide an opportunity to see the sights of our capital city first hand.

Upper school have started their theme about extreme weather and climates and I think the children are secretly hoping we will see some snow this year! Year 5 have also embarked on an exciting literacy theme, Spies! Information and clues have been found in the 'Drop zone' and I think we have some budding 007s amongst us!

The children continue to work hard trying to gain house points and participating in house competitions such as Tag rugby and a lower school Dance off! Neptune House gained the most points for the Autumn term, well done to them.

Jen Howlett – Headteacher

You can contact the school on 01487 830204 - Or email office@sawtry-jun.cambs.sch.uk

Website: www.sawtry-jun.cambs.sch.uk

Address: Sawtry Junior School, Middlefield Road, Sawtry, Huntingdon, PE28 5SH

SAWTRY SHOW 2015

12th September at Sawtry Community College

If you are reading this in time, there will be a meeting of the Show Committee on Thursday 29th January at 7.30pm in the Old School Hall to finalise the classes in this year's Show. If you have any ideas for new categories, or would like to help organise the show, please come along and join the committee.

Anyone living in the distribution area of the Sawtry Eye, or belonging to any Sawtry organisation, or attending any of the Sawtry schools, is eligible to take part. With the exception of the Junior Classes, categories are open to all ages.

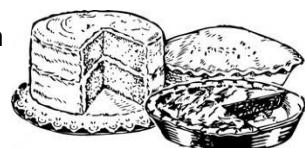
The continued success of the Show is not only down to the commitment of those involved in the organisation, but also to the many and varied entries received and the support given by those attending on Show day.

Every year judges are amazed at the variety and level of skills displayed locally, but if you are a beginner then don't feel inhibited; we have a trophy especially for you! It may be dark and cold outside at this time of the year, but there are plenty of art and craft projects you could be working on during the long winter nights and plenty of seed catalogues to leaf through.

There is great satisfaction in showing something that you have produced and getting involved in a community event, so why not get busy now?

If you would like to know more about the show, or want to be more involved in its organisation, please contact me on 01487 831281.

Barry Dupée (Show Chairman)



LOCAL BUSINESSES COME TOGETHER

The Sawtry Small Business Partnership presents by popular demand the 2015 return of their Super Hero Race Night on **Friday 20th March**. Admission £12.00 to include Hog Roast (Under 14's free of charge). Tickets available from group members and CARESCO office/shop. Come along and join in what promises to be a truly memorable night.

If you have a local business and would like to find out more about what the Partnership might have to offer you please take a look at the website.

Contact Ralph Maloney, Chairman on 01487 832683 or email ralph.maloney@ssbppartnership.org

The SSBP is all about local....why not find out more ?

www.sawtry.net

[www\(ssbppartnership.org](http://www(ssbppartnership.org)

An Eye on Nature

Hidden unseen for most of the time are our smallest mammals. Only when a pet cat brings one indoors do we realise that there are small furry creatures out there in our gardens and beyond. There are several species of mice, voles and shrews living in and around Sawtry. Going further afield, more fussy species – harvest mice and dormice - can be found in the Wildlife Trust Nature Reserves.

Starting with mice, living in a rural area, we are as likely to find wood mice in our gardens and homes as house mice. Wood mice are quite cute and much less smelly than house mice. They can be identified by very large eyes and ears and long tails. House mice have smaller eyes and a greasy appearance to their fur. Wood mice come into our houses in autumn but are much more suited to an outdoor life in the countryside.

Harvest mice are least likely to be seen in Sawtry but do occur in our area of Huntingdonshire. We have found nests in two Wildlife Trust reserves – Lady's Wood and the much larger Brampton Wood. The nests are very distinctive, beautifully woven balls of grass suspended in rough grass or other dense cover. Harvest mice are tiny, bright orange with a gripping tail. The only sighting of a harvest mouse for me was one animal clambering the reeds on a lake shore in Godmanchester.

There are two species of smaller voles in our area, the bank vole and field vole. Bank voles prefer dense cover whereas field voles live where there is damp tussocky grass – hence the name. Both vole species are larger than mice, the field vole with grey fur and the bank vole with red-brown fur and more prominent ears. Field voles are especially prolific breeders, which is good news for Sawtry's barn owls and kestrels who thrive in good vole years.

Coming onto shrews next, there are two species we may encounter in Sawtry being the common and the pygmy shrews. They are distinguished by size with the pygmy being the smallest British mammal. Even common shrews are smaller than mice. The pygmy shrew is quite special as it is so tiny that it is near the limit at which a warm blooded animal can exist. If it were any smaller its body surface would be too extensive for its bulk and it would lose heat too rapidly to maintain a warm body temperature. A pygmy shrew has to eat constantly and consumes its own body weight in small creatures such as woodlice each day. Common shrews are as voracious and can starve to death within 3 hours without food! They do not sleep for long, snatching a brief rest every hour or two.

Shrews are very noisy making loud pitched squeaks, so when out walking in Aversley Wood, sit for a while and listen. You may well hear shrews arguing in the undergrowth as I have often done on my walks in our local nature reserves.

Our rarest small mammal in Hunts is the dormouse or hazel dormouse, which was reintroduced into Brampton Wood over two years between 1992 and 1993. The introductions have been a great success and animals have now colonised the whole wood. Dormice were once common in lowland England but habitat destruction and changing woodland management practices have caused a big decline. Dormice are much longer lived than any of the other small mammals reaching 4 years and as old as 6 years in captivity. Compare this with mice, voles and shrews which only live a year to 18 months at best.

So when you visit our local woods, stop and listen for noisy shrews and keep an eye out for mice and voles when you sit to admire the view. If you are very still and quiet, our small mammals might reveal themselves even if only briefly.

Martin Baker

The views expressed in this article are solely those of the author

For more information on our local wildlife, contact the Wildlife Trust phone 01954 713543 or visit www.wildlifebcn.org



Now that the hustle and bustle of Christmas and the celebrations of the New Year are behind us, the Sawtry Carnival Committee are making preparations for this year's Carnival.

The 2015 event will celebrate its 10th Birthday. Last year's Carnival was a fantastic success and had its largest footfall ever and this year with more stalls to visit it promises to be another great

event for Sawtry and the surrounding villages.

Many stall holders have already booked their place providing a variety of stalls for you on the day. We also have some fantastic afternoon entertainment lined up and varied activities organised to keep everyone busy without breaking the bank.

The Carnival Parade will be as big as ever and Carnival Court from Sawtry and surrounding towns will be adding fairytale glitz and glamour to the event.

Sawtry Carnival Court Selection and Crowning night will be held in April and will include a Disco and Raffle, for an entry form and further details you can email sawtrycarnivalcourt@gmail.com.

For updates, news, including which stalls will be present and the afternoon's entertainment please visit and like our Facebook page "Sawtry Carnival" and follow us on Twitter @SawtryCarnival.

We look forward to seeing you there!

For more details contact Jo on 07944 895114 or email sawtrycommittee@gmail.com

GOING GREEN

There is a lot of mis-information out there about how to reduce our household bills which only serve to confuse us all, here are some current energy saving myths:

- **Leaving the heating on all day on a low temperature is cheaper than turning the heating up and down, or on and off, as needed.** FALSE: For the majority of householders, leaving your room thermostat on all day at a lower temperature will not only mean that your home will never be at a comfortable temperature but it will also waste heat when you do not need it.
- **Cranking up the thermostat heats your home faster.** FALSE: Your room thermostat turns your heating system on or off according to a set temperature. No matter how high you set the temperature, the rate at which your central heating distributes heat remains constant. To heat your home faster, install better insulation. This decreases the rate at which heat is lost.
- **Electrical appliances, such as TVs, laptops, phone chargers, don't use electricity when they're plugged-in but not in use.** FALSE: Some electrical appliances and chargers draw energy even when the devices are not being used. This 'vampire power' wastes energy, and the best way to avoid this is to remember to switch off at the wall and pull out the plug.
- **With traditional light-bulbs fittings, you cannot do a straightforward swap with energy saving bulbs and LED light bulbs.** FALSE: Energy saving and LED light bulbs come in all shapes and sizes and can now be fitted in down-lighters, free-standing lamps and traditional pendants.
- **Cavity wall insulation causes damp in the home.** FALSE: In most cases, cavity wall insulation is likely to alleviate and not exacerbate damp in a home. A combination of proper insulation, adequate ventilation and balanced heating will help avoid cold spots and moisture from condensing on walls.
- **Solar panels don't generate electricity on a cloudy day.** FALSE: Whilst solar panels will work most effectively in bright sunlight, they nonetheless continue to collect energy from diffuse light even on a cloudy day. Summer months are the most productive as there are longer daylight hours.

Taken from www.energysavingtrust.org.uk



Eco Apprentice

SAWTRY HISTORY SOCIETY

Jim Blackwood of RAF Wyton came along on the 20th November 2014 for our last talk of the year on the subject of the 'Pathfinders'.

In 1939/40 our Bombers during WW2 were very unsuccessful in hitting their targets, most of the time missing them by as much as 5 - 10 miles and it was issues with navigation that was deemed to be the problem. During the day 'line of sight' or 'dead reckoning' was used and at night a 'sextant', all having their own faults. Grp. Capt. Button came up with the idea of dropping flares and it was eventually agreed to give it a try. A famous long distance flyer, Air Vice Marshal Donald Bennett, who reached this rank at the ripe old age of 33, was tasked to form groups for this purpose. RAF Wyton was chosen and set up on the 15th August 1942, the first missions to begin on the 18/19th August, but the targets in Flensburg were covered by cloud, as happened on the 24/25th August at Frankfurt. But on the 27/28th August the target was Kassel Aircraft works, the flares were dropped and the bombers hit their targets with success.

Sometimes Mosquito bombers were sent on dummy sorties to keep the Germans guessing the real targets. Different types of Radar were used and in 1942 HS2, an imaging display, proved popular. At our meeting an image was shown from 1942 and a modern Google image showed how little things had changed, but how good the 1942 image was and this was still being used on the Vulcan Bomber in the 50's. In the middle of 1943 it was decided to bring in a 'Master Bomber' role. Some targets had more than one area to be bombed, and it was the Master Bomber to be first in on site to co-ordinate the Pathfinders dropping the flares and the bombers hitting the correct targets, he was last out of the area having spent several hours of the targets, a dangerous job.

The Pathfinders lost 3,727 personnel, flew 50,490 sorties and hit 3,440 targets and were awarded 3 Victoria Crosses, posthumously. Their museum at RAF Wyton hosts the biggest collection of artefacts, possibly in the world.

Our next meeting on the 19th February is a slide show by Alan Bottell on subject of 'The Fenland Ark', a well deserved second showing with new material. An advance notice, on the 19th March is the AGM where we will be looking for a new Chairman, Treasurer and committee members, so please give this some thought.

Don't forget to come and see us at the Library on Saturday mornings from 10.00 - 12.00.

The History Society meets on the third Thursday of the month in the WI Hall, Gidding Road, Sawtry.

Contact 01487 830054 for more information.

Sheila Tibbs

HOW A FOODBANK WORKS

As Sawtry Foodbank is now open for business, we thought you might be interested to know how foodbanks work:

Food is donated

All food given out by foodbanks is donated. Often this is from schools, churches, businesses, individuals, or through supermarket collections. The food is then taken to the foodbank warehouse for processing.

Food is sorted and stored

At the warehouse, volunteers weigh and sort the donated food according to type and 'best before date'. They also check it is undamaged and suitable for use before packing it into boxes for storage.

Frontline professionals identify people in need

Professionals from statutory and voluntary organisations such as teachers, doctors, health visitors, social workers, Citizens Advice Bureau staff, welfare officers, the police and probation officers, identify people in crisis and issue them with a foodbank voucher.

Receiving emergency food

Clients bring their voucher to a foodbank centre where it can be exchanged for three days supply of emergency food. The contents of each parcel has been designed by dieticians to provide recipients with nutritionally balanced food.

Clients are signposted to further support

Whilst their food is being packed, Foodbank volunteers will sit and chat with clients over a cup of tea. This enables them to hear clients' stories and signpost them to agencies who can offer additional help and begin to resolve any underlying problems.

In partnership with



Adapted from the Trussell Trust website

For more information about Sawtry Foodbank in particular, please

see the inside of the back page in this issue.

This includes details of opening times along with a shopping list of items needed as donations.

FOODBANK REAL LIFE STORY

This story, like so many others across the UK, is an example of how easy it is to slip into a crisis where you cannot afford food.

'Funeral expenses meant we couldn't afford food' says 13-year-old Sophie.

When 13-year-old Sophie's father became terminally ill, her mum gave up work to look after him. When he passed away, the situation got dramatically worse as the grieving family found themselves crippled by funeral costs and unable to afford food.

Chiltern Foodbank gave the family enough emergency food to help them through their crisis.

Sophie said 'it was such a massive help and the people there were really kind.' She said that the food parcel helped them to get back on their feet and that without it 'it would have been impossible to cope.'

Receiving a food parcel helped to reduce the family's anxiety and meant that they could concentrate on supporting each other, Sophie said that the foodbank 'made it a little bit easier to feel better'.

In partnership with



CARESCO CHARITY SHOP

Thank you for bearing with us while we closed shop over the Christmas period to recharge our batteries. Now we are back in full force to accept your donations & offer you treasure at reasonable prices.

We are grateful to everyone who has supported our bra collection, we've filled three sacks which have now been collected by the cancer charity concerned. Do please keep them coming, old or new, all can either be used or recycled. We've also been delighted with the flow of donations into our foodbank collection basket. Thank you to everyone concerned, (the shopping list is on the inside of the back page).

Please note that we are struggling under the weight of current donations of books and ask that you do not bring in any more while we find a solution to the surplus. Thank you for your patience

Contact the shop on 01487 208026 or by email shop@caresco.org.uk or by calling in to: 7 Greenways, Sawtry during opening hours 9 - 4.30pm Mon – Fri & 9 – 12.30pm Saturdays.



SAWTRY DAY CENTRE NEWS

Everyone is back at the Day Centre after a long break and I am happy to report that all are fit and well and as we start another year we are already arranging the entertainment for our members.

We are planning to change the way we raise money to pay for our members' entertainment and outings. In the past we have held a bingo once a month but as of this year we will only be doing two or three, we are grateful to the ladies and occasional gentleman who have supported us, however it is hard work for not much reward and we feel that our time and that of our volunteers can be better served by doing two big functions in a year.

The first will be a quiz night on **Saturday 18th April** in the Old School Hall. Tickets will go on sale the beginning of February at a cost of £7.50, this will include supper and a raffle. They will be available from the CARESCO office and the charity shop, tickets will also be available from Day Centre staff. There will be another function later in the year, format and date to be decided.

Talking of changes we can now announce that we have a new cook in place. Helen joined us as a volunteer in October and became an official member of staff in November. Helen has quickly settled into feeding our members with nutritious and innovative meals, she is always up for the challenge and trying new things.

As always the Day Centre is open to all in the village so come along and have a cup of tea and see how we work, everyone is welcome.

So until the next time all usual contacts apply.

Vicki Goddard & Gill Robinson, Managers, Sawtry Day Centre

You can find us at the CARESCO Centre on Wednesdays and Thursdays from 9.30am until 2.30pm, email us at daycentre@caresco.org.uk or call the office on 01487 832105



SAWTRY CHORALE

2014 was a challenging year for Sawtry Chorale. It was a year of changes and new beginnings.

Shirley Allen who had been our Musical Director since 2004 retired after our summer concerts. At the same time Rebecca Rickwood, our accompanist, also left us to go to university. Shirley's final concerts were at Thorney Abbey, Huntingdon Methodist Church, and Sawtry Methodist Church where she received a standing ovation.

Our new Musical Director, Joanna Goldspink, took over the baton at the end of August and our new accompanist, Martha Page, joined us at the same time. It was a challenge getting ready for the Christmas concerts the first of which was at the end of November. We were delighted to be invited back by the Rotary Clubs of Huntingdon and Kimbolton Castle to perform in aid of their charities and, of course, by Sawtry All Saints Church. All concerts were well attended by enthusiastic audiences. The inclusion in the programme of songs from 'Frozen' was a definite hit, popular with children and adults alike.

After a well-earned Christmas break rehearsals started again in January with a brand new programme. Our theme for summer 2015 is 'songs from the Shows'. We will be singing a few standards as well as songs from Shows currently in the West End.

This past year we have seen some members leave and have welcomed new ones. We are a friendly group of people of all ages whose common interest is singing. If you like to sing, enjoy a challenge, want to meet new people and have fun do come along. For more information you can ring me on 01487 830149, go to our website or come along to rehearsals on Wednesday evenings at 7.45pm in the Methodist Church Hall, Green End Road, Sawtry. You can be assured of a warm welcome.

May there always be music in your life.

Hazel Rea

www.sawtrychorale.co.uk

SAWTRY CAR SCHEME

The Car Scheme offers a wonderful service to our local community by offering lifts to anyone who has problems using public transport. Volunteer drivers give their time and using their own cars will collect passengers from home and deliver them door-to-door. They charge 45p per mile from their own home to cover the costs of fuel and wear & tear, this needs to be paid in cash on the day.

The Scheme is currently being under used so if you or anyone you know could use them, please give the Co-ordinator a call on **07810 476979**



THE MULBERRIES (8)

Road Names on the New Gidding Road Development, Sawtry

The names for this estate were chosen by the Developers from the Sawtry War Memorial and approved by the District Council: Rowell Way, Richardson Drive, Parker Crescent, Hodson Court, Woppard Walk and Stapleton Close. Here is the last article of our series on the background to those men and the service they gave to their country during the two World Wars (to read earlier articles, you can download previous issues of the Eye by visiting www.caresco.org.uk)



WOOLLARD WALK

Woppard Sidney Cpl. – Sidney (Theodore) was born in 1912 in Eastbourne and served in the 63 Airborne Composite Co. Royal Army Service Corp (RASC). He was the son of Theodore (born Kirtling, Cambs) and Violet Woppard, husband of Vera May. They lived in 21 Fen Lane, Sawtry, Vera was there until 1953 when she married Alfred Thirtle.

The RASC were at Blakehill Farm Airfield, Wiltshire which was one of 8 airfields used to drop supplies to our troops before and after D-Day playing an important role in the Pegasus Bridge mission. On 6/7th June 20 lorries at intervals of half hours during the night took supplies to 63 Co. Transport. During the day preparations to re-supply all the aircraft which were loaded by 2100hrs. Take-off was 2220hrs. Aircraft from the re-supply Co. returned approx. 0115-0150 hrs. Debriefing was completed by 0400hrs.

Judging from the reports, it must have been a difficult night, some making 2/3 runs to complete their drop, being caught in searchlights, having to make steep banks to take evasive action several times and most crews reported problems with the size of the bundles being difficult to move, also they reported that the Flak was "lively" over the Drop Zone, many aircraft getting damaged. Five Aircraft and 20 RASC dispatchers were missing. Sidney, aged 32, was on one of the aircraft that failed to return, he has 'no known grave' but is commemorated on Bayeux memorial, Calvados, France. Members of the Woppard family remain in the village today.

Sheila Tibbs & Alan Bottell, Sawtry History Society

MESSAGE FROM OUR LOCAL POLICE

I would like to introduce myself as the Sergeant for Huntingdon and North West Villages. I have been in post since June 2014, and have been given the opportunity by the editors of The Sawtry Eye to submit a regular article, providing an update in relation to recent crime, and anti-social behaviour of note.

Although we, as a Constabulary have moved away from using crime figures as a measure of success, I think it is indicative for you, as residents, to be provided with an update on crime that has occurred within your community. This not only provides re-assurance to you, but will also serve as a reminder to make contact with us, if there is any suspicious activity within your neighbourhood.

Figures are obtained using the beat code for Sawtry and surrounding areas – this will include locations such as Glatton, Conington, and the Giddings. The total crime for the financial year to date for your area is 141 – this, compared to 180 for the same period 2013 – 2014, shows a reduction of approximately 5%. With the recent HMIC inspection being very critical of Cambridgeshire Constabularies' crime recording standards, we were expecting an approximate 10% increase in recorded crime. For this reason, a reduction is very good news, and indicates that Sawtry and the surrounding areas are a relatively safe place to live.

That said, crimes have been committed, leaving many victims of crime. Our new 'Victims Hub' focuses on providing support to those persons who are victims of crime. The local policing team will work closely with the hub, and the communities that we serve, to ensure that victims and residents feel safe, and also to relentlessly pursue those that we believe are suspects for committing crime. I would urge that if you witness any suspicious behaviour within your community, to report it as soon as possible, via the methods below.

Speeding within Sawtry has been highlighted as an issue of concern amongst residents. As a result, the local officer will be carrying out regular speed checks within the village, and offenders will be dealt with accordingly.

A warrant has also successfully been completed within Sawtry, under section 23 Misuse Drugs Act, where items relating to drug misuse were located.

We are always keen to receive information from our local communities, and contact can be made on any of the means below:-

Emergency – Immediate Risk to Life or property – 999

Non urgent/information – 101/www.cambs-police.uk, and follow links to our local or Facebook pages.

Thank you for your assistance, and I look forward to working closely with you in the near future,

TPS 2386 Aaron Murphy

NEWS FROM SAWTRY LIBRARY

On-Line Resources - Did you know you can download E-books and magazines to your iphone or tablet? You can also download our **Sorcer Mobile App** to your device and access your account 24 hours a day. If you would like more information please see a member of staff.

DVD Hire - DVDs are now £2 for one week's hire. Browse our catalogue for a wide range of titles at www.cambridgeshire.gov.uk/library

Events at Sawtry and Huntingdon

Sawtry – Anyone for Crochet? This is suitable for beginners or experienced crocheters and attendees are welcome to bring along their own projects. This will be held on Wednesday 25th March at 2.30pm. For a free ticket please ask a member of staff.

Huntingdon – Airfix Model Making on Saturday 7th February 10.30am – 2.30pm, Free Event.

Anyone for Music? on Saturday 14th February 10.30am – 2.00pm. Free Event.

If you would like any more information on the events above or if you would like to attend an event at any Cambridgeshire Library please visit www.cambridgeshire.net or speak to a member of staff. Regular events are held at Huntingdon, Yaxley and Sawtry.

Bookgroups - Did you know that Libraries provide a wide variety of titles for Book groups. If you would like to attend your nearest Book group or would like to set one please ask a member of staff. Book groups can meet at your local library or in your own home.

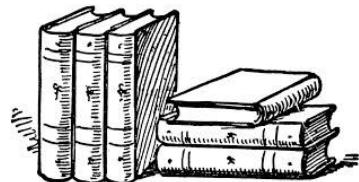
OPENING HOURS FOR SAWTRY LIBRARY

Monday	CLOSED
Tuesday	4.00 - 7.00
Wednesday	9.30 - 12.30; 2.00 - 5.00
Thursday	CLOSED
Friday	2.00 - 5.00
Saturday	9.30 - 12.30

To renew Books: 0345 045 5225

To renew or Request Books www.cambridgeshire.gov.uk/library

Pam Goodwin



FRIENDSHIP CLUB



We operate on Mondays & Tuesdays 10.30am – 1.30pm, at the CARESCO Centre, (behind the Old School Hall) Green End Road, Sawtry, PE28 5UX

Club members meet for conversation and the sharing of a two-course meal cooked fresh on the day.

The more active may enjoy helping with small tasks. We can be flexible with attendance and couples are welcome. Transport can be provided within Sawtry but if you live outside of the village and would like to attend, our car scheme may be able to help.

I have included some of the comments by members:

“Come and join us and enjoy a lovely cooked meal and meet new friends”

“Very friendly people and wonderful lunches”

“I usually go on Mondays and Tuesdays, the food is excellent and varied. We are able to choose the menu”

“Tuesday is a day I really enjoy each week. The whole atmosphere at the club is friendly and all the meals really tasty”

“All you out there, why not come and try the Friendship Club? A lovely home cooked lunch and good company”

Why not give us a telephone call and come along for your lunch and a chat to members. You do not have to commit to attending the Club on a regular basis but a phone call to lets us know you will be coming and we will look forward to seeing you.

For more information please contact CARESCO on 01487 832105 and ask for Pat or call into the office weekday mornings.

SAWTRY METHODIST CHURCH

Green End Road, Sawtry, PE28 5UX

Rev Katy Dunn - Tel 01480 830314
Sunday Services

Morning Worship at 10.30am

Sunday School at 10.30am

SPECIAL SERVICES

All Age Worship
15th February – 10.30am
Led by John Bridge

Mothering Sunday
15th March – 10.30am
Led by Rosemary Merchant

Come and join us

MONDAY UNITED FELLOWSHIP

Alternate Mondays starting at 2.30pm - Open to all

2nd & 16th February, 2nd, 16th & 30th March

Contact Joy Kisby for more information on 01733 566588

SATURDAY COFFEE MORNINGS

9.30 – 11 am

including Cake Stall

In aid of Building Project Phase 2.

St Benedict's Catholic Community, Sawtry

Sunday Mass: 9.15am

Women's Institute Hall

Gidding Road, Sawtry.

There is a House Mass each month, and a weekly Prayer Group.

For further details of these and for any other enquiries,
please contact Tony Stefanelli, 01487 830680

We are served by the Roman Catholic Parish of St Luke's
26 Benyon Grove, Orton Malborne, Peterborough, PE2 5XS

Parish Priest: Fr John Minh
01733 370877

Email: saintlukesparish@yahoo.co.uk

Website: www.saintlukesparish.org.uk

ALL SAINTS' PARISH CHURCH

Church Causeway, Sawtry, PE28 5TD

www.allSaintssawtry.org.uk

SERVICES

February

1 st	8.00am	Holy Communion (BCP)
	10.30am	All Age Worship for Candlemas
8 th	10.30am	Holy Communion
15 th	10.30am	All-age Nativity Service
18 th	7.30pm	Ash Wednesday Holy Communion
22 nd	10.30am	Holy Communion

March

1 st	8.00am	Holy Communion (BCP)
	10.30am	All Age Worship
8 th	10.30am	Holy Communion
15 th	10.30am	Morning Worship
22 nd	10.30am	Holy Communion
29 th	10.30am	Palm Sunday Worship

MESSY CHURCH

Messy Church – crafts, celebration and a meal, for children and parents/carers - will be on Saturdays 21st February, and 21st March, 4.30-6.30pm. Come and enjoy being messy, and discover more about Jesus.



ADVENTURERS AND DISCOVERERS CLUBS

After school Adventurers Club will meet at the Sawtry Infant School on Tuesday 10th February and 10th March, 3.00 - 4.30 pm. Discoverers (years 3-6) will meet on Friday 13th February, 6th and 27th March, 6-7.30pm in church. For more info on either of these groups, contact Ali Scott on 07506411507 or 832478.

SATURDAY OPENING

All Saints is open every Saturday from 2.00 to 4.00 pm, for space to pray, or enjoy a cup of tea and a chat. A warm welcome awaits you.

FOR FURTHER DETAILS CONTACT THE RECTOR

Contact Rector Rosie on (01487) 830215 or wardrosie@btinternet.com with any general enquiries or enquiries about baptisms or weddings, if you would like a visit, you have any questions about the Christian faith, or to ask for prayer.

ST NICHOLAS PARISH CHURCH

CHURCH ROAD, GLATTON

SERVICES

February

1 st	9.00am	Morning Prayer (BCP)
8 th	9.00am	Holy Communion
15 th	9.00am	All-age Nativity Service
19 th	10.00am	Holy Communion (BCP) *
22 nd	9.00am	Holy Communion

March

1 st	9.00am	Morning Prayer (BCP)
8 th	9.00am	Holy Communion
15 th	9.00am	Morning Worship
19 th	10.00am	Holy Communion (BCP) *
22 nd	10.30am	Holy Communion
29 th	10.30am	Palm Sunday Worship

* The mid-week Holy Communion will not be held in St Nicholas while there is building work on-going; the venue will be announced in the weekly service sheet.

Quiz Night

A Quiz Night will be held in the Village Hall on Saturday 7 March at 6.30 for a 7pm start. Tickets @ £9, which includes supper, can be obtained from PCC members. There will be a bar and raffle.

Tea and Cake

Come and join in the Tea Afternoon on 18th February and 18th March in the Village Hall from 3 - 4.30pm. Find out what is happening at St Nicholas, chat with friends and meet new people.

FOR FURTHER DETAILS RING THE RECTOR:

Please phone Rector Rosie on (01487) 830215 with any general enquiries, or to ask for prayer.

See Glatton website for more information: www.glatton.org.uk

REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year. In February and March we particularly remember:

FEBRUARY

Private Ernest HADMAN	17 February 1917	Glatton/Holme
Private Herbert WRIGHT	14 February 1942	Wood Walton
Driver Edward Harold DACK	9 February 1944	Sawtry

MARCH

Private Victor John FURNELL	7 March 1916	Wood Walton
Private George Edward SAVAGE	15 March 1916	Glatton
Private William ROWELL	17 March 1917	Sawtry
Private William BARRETT	18 March 1918	Sawtry
Private George Frederick DEWBERRY	20 March 1918	Wood Walton
CQMS Henry James NICKERSON	23 March 1918	Sawtry
John Thomas COLBERT	25 March 1918	Sawtry
Private William Percival GLOVER	27 March 1918	Great Gidding
Sergeant Norman George Wood BOYCE	26 March 1942	Old Weston
Sergeant Robert Charles DOBIE	26 March 1942	Old Weston
Flight Sergeant Donald Cole LINDSEY	26 March 1942	Old Weston
Flight Sergeant Robert Joseph O'LEARY	26 March 1942	Old Weston
Private John Edward ANDREWS	23 March 1943	Sawtry

They shall grow not old as we that are left grow old
 Age shall not weary them, nor the years condemn.
 At the going down of the sun and in the morning
 We will remember them.



Are you looking for a new challenge this year? Why not volunteer to help local charity East Anglian Air Ambulance (EAAA) and play a part in continuing our lifesaving work.

EAAA is a 365 day-a-year lifesaving helicopter emergency medical service working across Bedfordshire, Cambridgeshire, Norfolk and Suffolk. Since the charity began 15 years ago, we have attended over 16,000 missions.

In 2015, EAAA are looking to recruit more volunteers across the region to help us celebrate 15 years since the charity began. EAAA will be marking 15 years of service with commemorative events throughout the region, including 'Tea at 15:00' on 15th May at locations all over East Anglia.

As a volunteer you will play a vital role in helping us to keep our two helicopters flying 365 days a year across East Anglia. We completely depend on our volunteers to support us in delivering our lifesaving services.

Our volunteers choose the time that they can give to us, whether it is on a weekly basis or occasionally helping out at events. Every hour of time given to us makes a huge difference.

There are plenty of opportunities, from organising your own events, to helping us for a few hours at one of our events across East Anglia. You could even spend your time volunteering behind the scenes at one of our seven offices, with anything from operations to communications.

If you are interested in becoming a volunteer in 2015, visit our website <http://www.eaaa.org.uk/support-us/volunteer/becoming-a-volunteer/> or contact your local area Fundraising Manager.

Together, we save lives.

For more information please visit www.eaaa.org.uk or call 08450 669 999

YOU CAN RECYCLE EVEN MORE AT HOME

Residents can now add plastic film and bags to the list of materials that can be recycled as part of the collections made by HDC.

The new materials include: plastic carrier bags, plastic bread bags, breakfast cereal bags, multipack wraps, freezer bags, magazine and newspaper plastic wraps, clean clingfilm can now be recycled in along with the materials already accepted: plastic bottles, pots, tubs and trays, aerosols, tins, cans, metal jar lids, aluminum foil and trays, paper, magazines, catalogues, phone books, cardboard, cartons, glass bottles and jars.

**You can find out more about the materials that can go in recycling bin
www.huntingdonshire.gov.uk/whatgoesinwhichbin**



FAIRTRADE FORTNIGHT 2015

23 February - 8 March



We've come so far since the first Fairtrade Fortnight in 1995, after 20 years of campaigning 78% of the UK public recognise the FAIRTRADE Mark. From UK sales alone, £26m of Fairtrade Premium was invested by producers in 2013. But we know there is still a long way to go to make all trade fair – just 1.2% of cocoa and less than 10% of tea globally is traded on Fairtrade terms.

Fairtrade has paved the way for fairer and ethical trading but there is still a long way to go as trade isn't working for the poorest farmers in the global south. We want more benefits in the Fairtrade system and to make sure we can support those who aren't, so they can receive a fairer deal too.

70% of the world's food is produced by 500 million smallholder farmers yet many of them remain trapped in chronic poverty while shoppers enjoy the fruits of their labour. Fairtrade ensures farmers across the developing world receive a fairer price for their work, as well as an additional Fairtrade Premium, used by farmers and workers to invest in their communities. The community then decides what the Premium is spent on, whether that's building a new school or hospital, or investing in better environmental business practices.

In 2015, we want to see more individuals and businesses buying and selling Fairtrade products in the UK. The more that people choose Fairtrade, the more farmers and workers will be empowered to improve their lives through the better terms of trade it offers.

You can find out more about Fairtrade Fortnight, and how to get involved in your local area, at www.fairtrade.org.uk

Look for the FAIRTRADE Mark on your shopping. It's your guarantee that disadvantaged farmers and workers in the developing world are getting a better deal.

For more information visit www.fairtrade.org.uk or call the Fairtrade Foundation on 020 7405 5942

Pruning Wisteria

Every year this question crops up!

Personally I think that there is no finer sight in Horticulture than a wisteria in full bloom, "Magnificent". The principles of wisteria pruning can be a bit tricky for the uninitiated but really it's quite a straight forward procedure. Wisterias produce their flowers on short woody spurs after the frame work of the plant has been achieved.

First 3 years

Firstly the aim here is to build up a permanent woody framework of stems ie the skeleton of the plant that will carry the flowers in subsequent years. It is best to train your wisteria as near to the horizontal as possible onto a large sunny wall. During this time, select the shoots required for the framework loosely tie to the supporting wires in place, and prune out any unwanted growth. Once the framework has been achieved usually after 2 - 3 years then the bi-annual pruning process comes into play ie producing the woody flowering spurs.

Summer pruning

Most wisterias I come across in July-August have very long whippy shoots that are heading off into space somewhere! So prune these long whippy shoots back between 5-6 leaves of the main woody branches. Tie in any shoots to continue the framework if required while keeping a nice shape and remove any unwanted growth.

Winter Pruning

Prune back these summer shoots to 2-3 buds in February this will in time produce the short woody flowering spurs which will flower in the following years. Repeat this process for subsequent Summers & Winters on matured plants.

N.B. Remember that Wisterias are very forgiving plants so please don't worry because the plant will produce long whippy growths again in the following season, which gives you a second chance to get the pruning regime right!

Good Gardening

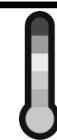
The Gardener

Sawtry Eye Feb - Mar 15

Unwell? Choose Well

Your pharmacist, GP or NHS 111 can help you get treatment quickly

- Self-care - for illnesses like headaches, sore throats and stomach aches
- See your pharmacist for illnesses like coughs and colds
- See your GP for illnesses that won't go away
- Unsure where to go or need advice? - call 111



Choose well.

Remember: A&E is for life threatening emergencies only

Help your NHS save lives

www.choosewellcambs.nhs.uk



**Bedfordshire
Cambridgeshire
Northamptonshire**

Ouse Fen – Making Britain's Biggest Reedbed

On Wednesday 11th February

Chris Hudson will describe how the RSPB are working with Hanson on an ambitious scheme to transform a working sand and gravel quarry near Needingworth into a vast nature reserve. This talk will be followed by an evening Guided Walk to the less visited parts of the Reserve on 26th June (places on the walk must be booked – this can be done at the meeting).

Huntingdonshire Local Group

SILENT SPRING REVISITED – OUR DEBT TO RACHEL CARSON

On Wednesday 11th March

Author and conservationist, Conor Mark Jameson, will talk about the rise of environmentalism since *Silent Spring* was written in 1962 by Rachel Carson. Conor will give an entertaining tour of the highs and lows of 50 years of campaigning to keep the birds singing and the planet secure. Was Carson right, and did we listen?

Meetings are at 7.30pm at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB
Anyone interested in wildlife is welcome to attend. Entrance charge £2.50; accompanied children free.

Please visit the website for more information or contact Tim on 01480 457795

Registered Charity No: 1000412

NEWS FROM HEALTHWATCH CAMBRIDGESHIRE

healthwatch
Cambridgeshire

Our job is to make sure you have a say when important decisions are made about local health and care services. We are interested in any recent experiences you have of a local health or care services that you are happy to share with us.

The big health story in the news this New Year is about pressures on our local hospitals. We have two new projects that will look at some of these issues from a different view point.

In our "First Steps to Health" project we want to find out about the first thing you would do to solve different health issues. Would you work it out yourself, see a pharmacist, call NHS 111 or see your GP? Please do take part in our survey either on our website or by contacting our office.

We also need you to help us develop our local "Care Home" project. We want to use our statutory "Duty to Enter & View" local care homes. This means we have a legal right to visit places that provide public health or care services, to see what kind of care they are providing.

We need to recruit volunteers to be "Authorised Representatives". Your role will be to go into local care homes and talk to the people there about the care being provided. This might include talking to residents, their relatives, friends and care home staff. You will get lots of training and support.

Do you have any recent experience of a local care home, or do you know someone who has? Please tell us about it. We will use what you tell us to plan which homes we will visit and what to look at. We are also talking to the County Council and the Care Quality Commission, to help us plan where we should visit.

**Get in touch to find out more or we can come and talk to your group about Healthwatch.
Call us on 01480 420628 or visit www.healthwatchcambridgeshire.co.uk**

Registered Community Interest Company no. 08516179

MALE SUFFERERS OF ABUSE CAN GET HELP

As many as one in four men will be a victim of domestic abuse in their lifetime and Cambridgeshire Constabulary have specially trained officers to work with sufferers.

Detective Inspector Mark Greenhalgh from the Domestic Abuse Investigation and Safeguarding Unit, said: "Men will often believe they are to blame and can be embarrassed to speak out. Our message to anyone who recognises the signs of abuse is clear: No more hiding, help and support are available."

Men will often suffer abuse longer than women before taking action as they may not immediately recognise they are being subjected to abuse. It can take many forms including:

- Being subjected to constant yelling and shouting
- Verbal humiliation either in private or in company
- Constantly being laughed at and being made fun of
- The threat of violence
- Having personal items destroyed
- Threats to remove the children
- Withholding affection
- Limiting outside involvement such as family, friends and work colleagues
- Constant checking up on your whereabouts
- Telling the police that you are the one committing the domestic abuse when it is the other way around

The force has a Domestic Abuse Investigation and Safeguarding Unit (DAISU), who investigate all domestic abuse crimes, as well as a domestic violence desk run with Cambridgeshire County Council Independent Domestic Violence Advisory Service (IDVAS).

For support and advice:

Cambridgeshire Constabulary – 101

ManKind Initiative – 01823 334244 www.mankind.org.uk

Men's advice line – 0808 801 0327 www.mensadviceline.org.uk

National Domestic Violence Hotline - 0808 2000 247

Broken Rainbow – 0300 999 5428 www.brokenrainbow.org.uk – LGBT domestic violence charity

OIL BUYING SCHEME



Cambridgeshire ACRE's community oil buying scheme is designed to help Cambridgeshire purchasers of central heating oil to make savings by buying in bulk. The scheme is open to anyone in Cambridgeshire and Peterborough.

Community buildings such as churches and village halls as well as businesses which are reliant upon heating oil can join too. The annual membership fee for domestic users is £20 and covers as many oil orders as you need during the course of the year.

Through our partnership with AF Affinity Limited, a subsidiary of Anglia Farmers Limited, the leading agricultural purchasing co-operative in the United Kingdom, the scheme makes the most of collective purchasing power.

The average saving is usually 2 pence per litre against online prices. In November and December 2014 scheme members who ordered oil in these months paid **46.99** and **42.49** pence per litre respectively (exclusive of VAT at 5%). The environment benefits too as every time a tanker comes out to make a delivery, it is using a lot of diesel – a full tanker can get as little as a horrifying 8 miles per gallon. If deliveries are organised so that one tanker delivers to several customers in a village, instead of making lots of individual deliveries, the fuel consumption is reduced and so is traffic in the village.

There are five easy steps to cheaper heating oil:

- Step 1: Join the Cambridgeshire ACRE Community Oil Buying Scheme
- Step 2: Receive a reminder to check your oil levels
- Step 3: Place your order online
- Step 4: Sit back whilst our negotiators get the best possible price
- Step 5: Take delivery of the oil and pay the company

To find out more about the Cambridgeshire ACRE Community Oil Buying Scheme go to our website www.cambsacre.org.uk or contact Julie Weekes on 01353 860850 email oil@cambsacre.org.uk



CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

THINK the fire service is all about putting out fires and rescuing people from road crashes? Think again.

At Cambridgeshire Fire and Rescue Service, the men and women on our frontline deliver important fire safety advice to dozens of different communities. From visiting schools to care homes, mother and toddler groups to community fêtes, our firefighters play an integral role in keeping YOUR community safe.

And we'd like **you** to think about joining us.

The role of a firefighter is varied and exciting but most importantly, it can make a real difference to people's lives. It is a profession that provides development from the start, with opportunities to grow into management or specialist roles for those who want to.

The next recruitment process for fulltime firefighters opens February 2015. To find out more, log on to www.cambsfire.gov.uk.

Find us on Twitter, Facebook and Instagram.

General info / Sports

END OF WORLD WAR 2 COMMEMORATION SMALL GRANTS

Next summer marks the 70th anniversary of the end of World War II. In celebration of this important anniversary, Cambridgeshire County Council is pleased to announce a Small Grants Fund to encourage community activity.

On 8th May 1945 more than a million people took to the streets to celebrate VE Day, the end of the war and peace at last in Europe. Huge crowds amassed in front of Buckingham Palace as King George VI and Winston Churchill greeted a nation full of joy and relief at the prospect of peace following six years of conflict and hardship. Having agreed in principle to unconditional surrender on 15 August (VJ Day), Japan formally surrendered on 2nd September signifying the end of World War II throughout the rest of the world.

It is an opportunity for communities and Cambridgeshire residents to come together to remember the wartime effort, celebrate peace, reminisce about the 'unforgettable forties' era and capture some of the celebratory mood of the time. Whether it be a community tea dance, the researching and sharing of stories of the time, a lindy hop event, raising morale through music or sport, a 'make do and mend' community craft project, creating a 'Dig For Victory' garden or giving your fete or festival a forties theme, we would like you to design and deliver activities within your community that motivate and encourage people to get involved.

Small grants will be awarded to local groups and organisations to support community activities linked to and inspired by the 70th anniversary, wartime Britain and the 1940's era.

Each grant will be up to a maximum of £500 and additional funding or support in kind will be expected. The grants will be awarded in two rounds. The **deadlines for applications** for each round are **9th February and 9th March**.

To request an application form and for details on how to apply for a Small Grant, please email ww2commemoration@cambridgeshire.gov.uk or call 01954 284615.



SAWTRY BADMINTON CLUB

Are looking for players to join them

On Wednesday evenings - At Sawtry One Leisure

From 8.00pm to 10.00pm



JUNIOR BADMINTON CLUB

Including qualified coaching - 10 years +

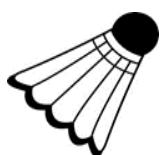
From 7.00pm to 8.00pm

For more information please contact: Robert Stefanelli

Tel: 01487 832871 Mobile: 07948123620

Email: mail@stefanelli27.wanadoo.co.uk

Web Page: www.sawtrybadmintonclub.com



SAWTRY COLTS



Colts, unlike professional football, has had its mid-season break for the festive season and the Sawtry teams are back at Greenfield. Here's a snapshot of their recent results and how their seasons could pan out.

The newest Colts team, the Under 7s (U7s), are beginning to gel together well and have won their last 2 matches - avenging a previous loss to Priory Black with a 3-2 cup win taking them into the semi-finals and also gaining a well-deserved 8-1 win at home to Needingworth.

The U10 Yellows have been involved in five close matches of late without gaining that elusive win. They lost 1-0 and 2-1 to Somersham in the league and cup respectively, 3-1 to Godmanchester, 2-1 to Little Paxton and earned a hard-earned draw with a 1-1 game against Bluntisham. The U11s have recorded 3 recent wins sandwiching a 9-0 cup win away to Park Farm with two home league wins 1-0 against Whittlesey and 4-1 versus Boston. They sit comfortably mid-table with matches in hand of the teams above them and also have a quarter-final cup match to look forward to.

The U12s have only lost one of 9 league matches so far, a top of the table clash against Fenstanton where they went down to a thrilling 6-5 defeat. Their other 8 matches have gained them convincing wins of late, with their last 4 matches producing 8-1, 12-1, 6-0 and 8-1 victories. They currently sit second in the U12 league one point behind Fenstanton with a game in hand. The U13s, after an indifferent start to the season, have begun to hit form with 5 wins in a row. They have won 5-3 in the cup against Huntingdon, 6-3 (twice), 3-0 and 8-3. They are now handily placed in 4th place in the league and have a cup quarter final against Priory on the horizon.

The U14s Blues registered their second league win just before Christmas with a 3-2 away win. They were also knocked out of the cup by a strong Huntingdon side. They sit 7th in a 10 team league but have matches in hand of the clubs around them so hopefully will move up the table as the season progresses. The U14 Yellows have lost their last 4 matches with 3 heavy losses and a close fought 1-0 loss to Godmanchester. They are currently 2nd bottom so there is room for improvement.

The U14 Girls have lost their last 4 matches losing 7-1, 4-1 and 8-0 in the league and were knocked out of the cup, but were not disgraced, in a 5-0 defeat to an unbeaten St Ives side. They sit 2nd bottom in the league but with winnable matches against teams around them in the league can hopefully climb that table.

The U18s last two matches have both ended in draws, 3-3 at home to Leverington and 0-0 away to Harrowby. They sit mid-table but have only played 7 out of 18 matches so far, so a long way to go yet.

The U18 Girls had a convincing 9-1 win against Bourne in an early(ish) season bottom of the league clash but followed this up with two heavy losses to Cambridge and Estover, which turned out to be a game of chances with Estover taking theirs! They have a cup semi-final to look forward to but unfortunately this is against league leaders Cambridge.

Fingers crossed for a continued mild winter as there is a chance of success for a few teams with the U12s in particular flying high in the league and a fair few sides with upcoming quarter final and semi finals cup matches to look forward to. Let's hope Lady Luck is on Sawtry's side and they can add to the growing list of honours.

Brian Craig

www.sawtrycolts.co.uk

DRAGON ACADEMY

Yoga & Combined Martial Arts for Health, Healing, Fun and Fitness

Training Hall - Sawtry One Leisure Centre, Green End Road, Sawtry PE28 5UY

Tuesdays - 11.30am – 12.30pm Longevity **Yoga £6**

Sundays - 10.00am – 10.45am Family **Martial Arts £4**

10.00am – 11.30am Combined **Martial Arts £6**

11.30am – 12 noon Family **Yoga £3**

All three classes £7

Private Lessons - £20 each

Videos and Photos for you to see

Put "Dragon Black Belt Academy International" or "Mark Adlington" into Facebook to find us. If you need motivation then these videos and photos should get you going!

Recent Promotions:- Sawtry students all passed their latest belt test – Well done!

Events and local seminars:-

- February Feng Shui Seminar date to be set
- 14th February Seminar with Grandmaster Bowman
- 22nd February Forms Seminar
- 28th February Coventry Seminar
- 8th March Coloured Belt Test
- 4th April Seminar with Rich Hall

Instructor - Grandmaster Mark Adlington,

8th Dan Ki Do Karate, 7th Dan Tang Soo Do Karate, 5th Dan Kickboxing

Phone: 01487 830601 / Mobile: 07585 950 923 -

Email: markad@btinternet.com / Facebook: "Mark Adlington"



SAWTRY FOOTBALL CLUB

An F.A. Charter Standard Club

Sawtry FC are running four teams, all sponsored by The Greystones PH. They are Sawtry First Team playing in the Premier Division, Sawtry Reserves playing in Division 2 and Sawtry 'A' playing in Division 5 of the Peterborough Football League. Also for the first time there is a Sawtry Ladies team who are playing in the 'S Tech' Cambs League Women's Championship South.

All teams play their home games at Greenfield, Sawtry, the men's teams on Saturday and the Ladies on Sunday. All usually kick off at 2 pm. Please come down and show your support.

Recent Results

1st Team

Nov 29	League Premier Division	Oakham Utd	4 – 1	Sawtry
Dec 6	League Premier Division	Sawtry	2 – 3	Coates Athletic
January 10	League Premier Division	P'boro Sports Res	4 – 1	Sawtry

Reserves

Nov 15	League Division 2	Sawtry Res	5 – 2	Pinchbeck Utd Res
Dec 6	Intermediate Shield	Sawtry Res	0 – 6	P'boro Sports 'A'
20	League Division 2	Pinchbeck Utd Res	2 – 2	Sawtry Res
January 10	League Division 2	Parkway Eagles	0 – 3	Sawtry Res

'A'

Dec 6	League Shield	Sawtry 'A'	1 - 4	Eye Utd
13	League Division 5	Tydd St Mary Res	1 - 6	Sawtry 'A'
20	League Division 5	Ryhall Utd 'A'	2 - 2	Sawtry 'A'
January 3	League Division 5	Parkside Res	1 - 3	Sawtry 'A'
10	League Division 5	Sawtry 'A'	1 - 3	Netherton Utd 'B'

Ladies

Dec 2	Championship South	Sawtry Ladies	1 - 1	Milton Ladies
January 11	Championship South	Newmarket Town Ladies	0 - 4	Sawtry Ladies

Forthcoming Fixtures at Greenfield

Forthcoming Fixtures at Greenfield			Weather permitting	
January 24	League Division 2	Sawtry Res	v	Spalding Utd Res
	League Division 5	Sawtry 'A'	v	Whaplode Drove
31	League Premier Division	Sawtry	v	Crowland Town
	League Division 5	Sawtry 'A'	v	Parkside 'A'
February 7	League Premier Division	Sawtry	v	Riverside
14	League Division 2	Sawtry Res	v	Oakham Utd Res

For more information, match reports, player profiles, etc. visit the club website at www.sawtryfc.co.uk
If you wish to become involved with the club either as a player, volunteer or as a sponsor please contact the secretary on 07719641431.

Richard Patchett, Chairman

SAWTRY AND DISTRICT BOWLING CLUB

A Happy New year to all our members, junior, playing and social. Events at the club house before Christmas were very successful and enjoyable and I'm sure Burn's night will be the same with haggis and piper. Social events are very important to the club as they help to finance upkeep and improvements and we thank all our members for their support.

Our members were very successful in County and National competitions last year, and we wish them all the best for 2015.

DATES FOR DIARIES

Provisional date for Easter Chocolate Bingo is Saturday 28th March at 7.00pm.

Contacts

Mick Rayson - Tel No 01487 830720 or Maureen Urwin - Tel No 01487 830193

