

# SAWIRY EYE

Distributed to Conington, the Giddings, Glatton, Holme, Upton, Winwick, & Sawtry

www.caresco.org.uk

Price £1.00 (where bought)

No. 150 - Feb - March 21



The census is coming Sunday 21 March

> it's about us census 2021

The census is a unique survey that takes place every 10 years in England and Wales.

By taking part, you'll help inform decisions that shape your community.

census 2021





During the middle ages they celebrated the end of the plague with wine and banquets. Does anyone know if there is anything planned when this one ends?

To prevent the spread of Coronavirus, Public Health MHS





regularly wash your hands for at least 20 seconds

with soap and warm water

For more information on how to protect yourself, visit NHS.uk/coronavirus



If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you

## **CARESCO**

## SAWTRY FOODBANK

Thank you to everyone who made donations in December. You helped 66 local families

over the Christmas period and we gave out 1350kg / 212.6 tonnes of food.

We are now looking for donations of basic foods to help those in genuine financial need. Items will be used to make up parcels to be distributed to local families in crisis. In particular, we currently need:

- Tinned ham, corned beef and spam
- Coffee, small and large jars
- Jam
- Custard
- Rice pudding

We are also in need of donations of strong plastic 'bags for life' if you any to spare.

Donations can be dropped off at Gt Gidding Stores, Sawtry Co-op Food store or the CARESCO Centre. Thank you in anticipation.

To contact the team, please email foodbank@caresco.org.uk or call 07743 593863.





## **FUNDING OUR FUTURE**

We have been supporting our local community since 1982, now more than ever we need your help.

We are asking our friends and supporters to consider making a regular financial donation of £4 per month.

Please contact us for details of how to set up your payment and about Gift Aid by emailing fundraising@caresco.org.uk or calling Jacqui on 07599 987468

The CARESCO Centre, Green End Road, Sawtry, Huntingdon, PE28 5UX www.caresco.org.uk



Reg Company: 7513432 Charity No: 1140728



## TREE OF LIGHT

Thank you so much to Sawtry Parish Council for putting the beautiful Christmas tree on our village green for us all to see. I think that you would all agree that it looked so bright and twinkly with all the new lights on it. A great job to all concerned and to the

councillors who put it up and added the lights. Also for them letting us put our wooden hearts on the tree to decorate it. Thank you so much to everyone who took the time to write on a heart, we had 33 in total and it raised an amazing £88.50 for CARESCO. We even had someone who used to live in Sawtry contact us and ask for a heart to be written on their behalf so their parents who live in Sawtry could see it. It was a pleasure to be able to help them. The messages that were written were so lovely and heartfelt and a pleasure to read. We put them in the display case outside the CARESCO Centre during January for anyone who wished to read them. I am hopeful that we will be able to do this again this year and get many more hearts on the "Tree of Light".

Jacqui Hedington, Fundraising Manager

## DID YOU KNOW...?

The CARESCO team has been busy behind the scenes during the pandemic to support local people. From the beginning of April 2020 until the end of the year:

- Our wonderful Covid Response Team did **280** shopping trips for people isolating or shielding.
- The Covid Team also delivered **840** prescriptions.
- Our amazing staff made well over 2500 phone calls to our service users stuck at home.
- The hardworking Sawtry Foodbank team provided 730 food parcels for local families in crisis.
- In June 2020 staff delivered **150** bouquets of flowers to our wonderful; volunteers to let them know we were thinking of them.
- In June our day care teams also delivered **90** cream teas to members of our various activities.
- In December 2020 the Foodbank team made up and delivered **66** Christmas Hampers.

Thank you to everyone involved, you are all amazing!





The CARESCO Centre, Green End Road, Sawtry, Huntingdon, PE28 5UX 01487 832105 office@caresco.org.uk www.caresco.org.uk

REGISTERED COMPANY NO: 7513432 CHARITY NO: 1140728

### CARESCO Sawtry Eye is published by CARESCO

#### Contact details:

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01487 832105

Please where possible, articles & letters with the subject "For Sawtry Eye" and enclose full name and postal address to:

#### sawtryeye@caresco.org.uk

Past issues can be found at www.caresco.org.uk

#### **Editors**

Marina Joyce / Liz Coates

Advertising/Sales Marina Joyce / Donna Green

> Design / Artwork Donna Green

> > Printed By:

#### Clanpress (King's Lynn) Ltd EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item
- Views expressed in the Sawtry Eye are not necessarily those of the editors or they are included in the CARESCÓ, Interests of free speech.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.

The full Editorial Policy is available from the CARESCO office or www.caresco.org.uk

> For Issue No: 151 April - May 21

Advertisements by

12 Noon on 12 March News Items by

12 Noon on 19 March

#### Rates for Mono

Full Page: Portrait (17.5cm x 26cm) 1 Issue - £151.50

6 issues - £757.50 Monthly SO - £66.30

Half Page: Landscape (13cm x 17.5cm)

1 Issue - £81.50 6 Issues - £407.50 Monthly SO - £35.70

Quarter Page: Portrait (13cm x 8.5cm)

1 Issue - £44.50 6 Issues - £222.50 Monthly SO - £19.50

Eighth Page: Landscape (6.5cm x 8.5cm)

1 Issue - £26.50 6 Issues - £132.50 Monthly SO - £11.60

\* All prices include VAT

For more information and prices for colour. contact the CARESCO office

Welcome... ... to the 150th issue of your favourite village magazine! It's quite a milestone, but we are

proud to have reached it. You can read the story of the Eye on page 6 and find out more about how we got here. Our thanks to everyone involved, be they past or present, who has made it possible.

Spring is definitely coming, even as I write the pair of doves in my garden are getting friendly and thinking of nest building. With the change of seasons, we can only hope the mass vaccination of all those most vulnerable to the virus will make the difference and allow us to once again meet up as a community. So get the Sawtry Carnival date in your new diary and hopefully we can have some sort of party to celebrate.

But let's not lose all the good that has come from the past painful year, the community spirit and looking out for each other. Meanwhile, our thanks once again to all our key workers who have kept us supported through the darkest of times.

Be good to each other.

Liz - Co-Editor

## **CARESCO UPDATE**

As previously with lockdowns #1 and 2, we have once again had to suspend most of our activities.

We have however continued to proved our two emergency support services, the Sawtry Foodbank and the Sawtry Covid Response Team and both teams have been doing a fantastic job supporting local people during the pandemic.

Until the restrictions lift later in the year, our other teams will continue to work hard behind the scenes supporting our service users and club members as best they can.

Our lovely charity shop has been shut for a large part of the last twelve months, which has meant a significant drop in our charity's income. Despite this, CARESCO has been able to continue supporting local people, even if restrictions have meant that the way we could do this has had to change. Please think of us when considering making a charitable donation, you can find details of our Fund our Future campaign on page 2 and via our website where you can also make a donation,

Thank you for your understanding

For more information please call 01487 832105 Email office@caresco.org.uk or visit www.caresco.org.uk

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#### SCHOOL TERM DATES



### Spring Term 2021

Half term 15 - 19 February
End of term 26 March

Summer Term 2021 Start of term 12 April Half term 31 May - 4 June End of term 22 July Autumn Term 2021 Start of term 1 September Half term: 25 - 29 October End of term 17 December

**NB** Academies are responsible for setting their own holiday dates and may not match those set by Cambridgeshire County Council. Schools have a number of training days available to take in addition at their discretion. Please contact your local school for more details.

Information taken from www.cambridgeshire.gov.uk/education



## HDC REFUSE COLLECTION

#### LANDFILL WASTE (GREY)

(Week Beginning) 8 & 22 February 8 & 22 March

## GARDEN WASTE (GREEN) & RECYCLING (BLUE/GREEN)

(Week Beginning) 1 & 15 February 1, 15 & 29 March

To find out your exact dates or for more information visit http://www.huntsdc.gov.uk



Your Kind of Music presents

## 'Stilton in Tune'

Sadly, a return of our music shows will be delayed until sometime later in the year, meanwhile we can only wish our patrons a safe 2021.

Look out for details in future issues.

For further details please contact Tony Oliver on 01480 474282 or 07918 602600 or email tony.oliver5@btinternet.com

## Dial-a-Prayer



FREE phone lines for prayers and news from the Methodist Church

Listen to a prayer: 0808 281 2514 Listen to news: 0808 281 2478

Content is updated on Thursday afternoon

## SAWTRY WI

Sawtry WI meets on the 1<sup>st</sup> Thursday of the month, INSPIRING WOMEN at <u>7pm</u>, in the WI Hall, Gidding Road, PE28 5TS

Charity Number 229016

We are currently unable to hold in-person events due to government restrictions.

WI groups and meetings are currently being held via Zoom.

Our members and the community will be informed when the situation changes.

\*\*\*\*\*

President Jacqui Svensson 07841 647345 j.svensson@btopenworld.com

Correspondence Secretary Rosemary Jubb 01487 830243 rosemaryjubb@gmail.com



Come and join us for all things musical and the spoken word.

We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of the month, from 1.30 to 3pm At the CARESCO Centre

Suspended until further notice.

Please contact the
CARESCO office on 01487 832105
for information

There is a charge of £2.00 per session, refreshments included



Have you recently got engaged? Had to postpone your marriage plans due to COVID-19? Or looking to get married in the next few years?

#### Your parish church is here for you

Did you know that if you, or one of your parents, live in the parish of Sawtry, Glatton or Holme with Conington, you are able to be married in the parish church?

If you would like more information on having a church wedding, please get in touch with Reverend Becky revdyball@gmail.com or 01487 506217



Chocolate is God's way of telling us he likes us a little bit, chubby.

## CAMBRIDGESHIRE HOME ENERGY

Discover how we can keep your home warm, save on energy costs, and reduce your household's carbon footprint

- Switching supplier
- · Fuel debt relief
- Problem solving with your energy supplier
- · Energy saving tips and advice
- Solutions to damp and condensation

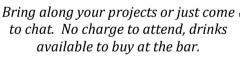
PECT www.

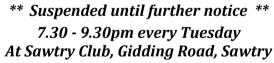
or visit PECT www.pect.org.uk/warmhomes

Call 0800 8021773

Funded by the Energy Industry Voluntary Redress Scheme see www.energyredress.org,uk

## CRAFT BUDDIES





Just turn up, or for more info contact Carolyn on 01487 832682 or email carolynwatts56@yahoo.co.uk

## BOOK STALL AND COFFEE MORNING

**At Winwick Church** 

Saturdays once a month
10.00 till 11.30am
\*\* Cancelled until further notice \*\*



The Church is open for everyone to come along and enjoy a cup of coffee and cake and browse our extensive supply of second-hand books

Donations invited in exchange for the above Proceeds to go to the Church

For more information please contact : Sue Fowler 01832 293215

There is no need to apply for the COVID-19 vaccine.



When it's your turn to receive it, you will be notified by the NHS.

## **CHATTERBOX**

NHS

**Drop-in sessions for family carers** 

A friendly drop-in where you can get help.
Chat & relax over a cuppa.
Guest speakers & Carers Assessments

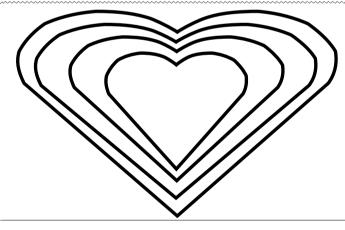
Every 2<sup>nd</sup> & 4<sup>th</sup> Monday between 2 - 4 pm



Currently suspended, but we will be back as soon as permitted!

At The CARESCO Centre, Green End Road, Sawtry, PE28 5UX

For more information
Email: office@caresco.org.uk
or call the CARESCO Office 01487 832105



## SAWTRY STEPPERS MODERN LINEDANCE CLASSES

This style of dancing is suitable for all ages and fitnesslevels, bringing with it physical and mental benefits and is a great way of making new friends.

Ask to join our 'Sawtry Steppers' where I have all my class details.

Contact Julie: jcgillmore@sky.com, 07939 070406

Facebook group:





We will be back with our 'Tropical Fiesta' for 2021

Sawtry Carnival
Saturday 12 June

Look out for more details soon!

For further information, please contact Julia, Sawtry Carnival Chairman

sawtrycommittee@gmail.com or call 07799 062276







## **Messy Church and Light Factory**

Present:

## An Eggcellent Easter Party

Good Friday - 2 April from 3 - 4.30pm

For songs, crafts and fun!

See www.sawtrylightfactory.uk for the latest information



## FROST FAYRE

Saturday 4 December 2021 At Sawtry Village Academy

Meanwhile, support local craft businesses by visiting "Sawtry Frost Fayre Stallholders" on Facebook



For details: Call Steph Taylor on 07720 583340

### **Guess The Item**

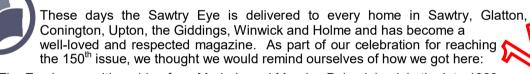
Hope you managed to guess the vintage item in our last issue. In case you didn't, the item was a:



Here is another item for you to guess. The answer will be in the next issue.



## CELEBRATING OUR 150TH ISSUE!



- The Eve began with an idea from Mariorie and Maurice Dybeck back in the late 1980s.
- The first issue was published in the Autumn of 1988 as an A5 booklet, just two A4 pages folded together with a front cover designed by Sue Simmons (now available to download from www.caresco.org.uk)
- At first, the Eye was only published quarterly before moving to bi-monthly.
- Beryl Ashley got the Eye off the ground and was the first editor.
- Hazel Cooper took over the editorship as the Parish Clerk, with design help from volunteer Zealah Gibbs.
- CARESCO's Printshop produced and distributed the Eye.
- In 1996 CARESCO took over the editorship with Kathy Jones (Organiser) and Jean Middleton (Printshop Manager) as editors.
- In 2000 Samantha Rees became the volunteer graphic designer for the community news section, while Zealah Gibbs continued to do the advertisement section.
- Autumn 2001 Marina Joyce (Printshop Manager) and Liz Coates (Organiser) took on the editorship, while Donna Green became the volunteer graphic designer for the advertisement section.
- In October 2012 Donna Green took on the graphic design for the whole magazine.
- In Spring 2019, with the closure of CARESCO's Printshop, the Eye was sent to commercial printers for the first time.

Thank you to everyone who has played a part over the years, including contributors, advertisers, designers, editors, collators, staplers, distributors and lastly not forgetting our readers! To the best of our knowledge, this is the timeline of the Sawtry Eye so far. If anyone knows any different, please contact the CARESCO Office. If you have any copies earlier than 1993, we would love to see them. Remember, you can

download back copies (Oct-Nov 08 onwards) from the CARESCO website as well as that very first edition.

Liz Coates, Co-Editor



## SAWTRY CHORALE **Currently suspended** until further notice.

We are always looking for new members, so if you would like to sing with us please contact 07870 248897 or come along to rehearsal when they resume - Wednesdays 7.45pm in the Methodist Church Hall, Green End Road in Sawtry. You don't need to read music, just like to sing.

If you would just like to support the Chorale in other ways, we would be happy to hear from you.

We look forward to seeing you all again soon...





## **Connect with Care Network!**

During these challenging times our Community Navigators can help you find local support. This includes access to our Help at Home essential shopping and our Wellbeing Phoneline services

Speak to your local Huntingdonshire Coordinator today on 01480 423065

To learn more or donate to our Covid-19 www.carenetwork.org.uk/ Response services please visit









## SAWTRY WINEMAKERS

#### Calendar of Events

Due to the current situation with Covid-19 it is unlikely that our meetings will resume until well into late Spring 2021.

> We will advise you as soon as we intend to meet again. Until then keep safe and well.

You will be most welcome to come along to any of our meetings and join us when they resume. Winemakers meetings are normally held on the third Wednesday each month at the Old School Hall.

Our aim is to promote the making and enjoyment of homemade wines and beers, to share the results of our efforts and encourage new wine and beer makers.

For more information call Janet 01354 278824

## Doing Anything SOCIALLY DISTANCED ON SUNDAY?



We managed to fit in a few work parties before being prevented again from meeting, due to the latest coronavirus restrictions. If matters improve, we may be able to fit in a few late dates before we finish the 2020-2021 season at Easter. Otherwise - see you next autumn: we hope!

Please visit our website http://www.p-c-v.co.uk, or email us (info@p-c-v.co.uk) for more information.

## DONATION FROM POLYGON

In December, CARESCO was fortunate enough to be given a donation from POLYGON in Huntingdon and this enabled us to provide a Christmas gift to some of our club members. I met with two employees of POLYGON, Claire Brooker and Jamie McAlindon and explained to them what CARESCO was all about. They impressed with everything CARESCO offers to our community and as a company were pleased to have been able to help us.

Polygon is a global property damage restoration company with its UK headquarters located in Huntingdon. Their 750 UK colleagues are trusted by insurance companies, construction largest companies and industry, to mitigate damage caused by water, fire and climate and get their customer's lives and businesses back on track. They aim to be always

by the side of their customers and to make a positive difference both to the people they work with and to the communities local commu they serve.

We are always thankful to everyone who helps and CARESCO and supports are grateful to POLYGON for their help.

Jacqui Hedington, Fundraising Manager



#### SUPPORT LOCAL

A big thank you to all our local businesses who have worked so hard over the past year to support and serve local people during the pandemic. Many have gone above and beyond to help, despite the challenging circumstances they're facing financially themselves.

Some have had to adapt to the new circumstances, such as the pubs providing a delivery service, or in Holme even a shop at the Admiral Wells! Many have generously supported the Foodbank too.

When we needed them, they were there for us. As we slowly move on, please don't forget them and go back to just using the big companies. Shopping locally means local jobs and boosts the

economy. Keep supporting local!



#### SAWTRY WI

Sawtry WI has been unable to have monthly meetings in person at our hall due to restrictions, but we are still very much a strong and active group of over 40 members. Our committee is always willing to find innovative ways of keeping our members engaged. During restrictions we have benefitted from quizzes, phone calls, recipes, questionnaires, a 'buddy' system, WhatsApp group and email newsletters with contributions from members and committee. Birthdays have been celebrated with personalised cards and gifts. Members who are unwell receive support together with notes, cards, emails and telephone calls. Friendship goody bags were delivered at Christmas, good wishes phone calls to every member and a Zoom Christmas Tea and raffle were held.

Lockdown and restrictions has not stopped our WI members from continuing to work in our community eg Sawtry Foodbank, CARESCO and Covid Response Team volunteers. Members made quilts for charities in UK and Australia, and owls and little dresses for homework centres in Malawi. NHS masks and scrubs, winter warmers, blankets and hats for hospitals and Sawtry Man Cave twiddle muff squares. Donations of yarns and fabrics are always welcome. Members are each constructing or writing a Lockdown Memory Square using any medium on the theme 'Staying Connected Through Our Common Threads' and these items of work will be on display at some time in the future.

We now hold the following groups via Zoom: Afternoon Tea, Knit & Knatter, Patchwork & Quilting, Reading & Discussion and monthly members' meetings. We also join other WIs at their Zoom meetings. WI is a national and inclusive organisation open to all adult women. Members have access to a range of benefits, WI online training college 'Denman At Home' and regular email and internet communications from our Huntingdon and Peterborough Federation of WIs and National WI groups all keeping us connected to our WI values and commitment to each other and our community.

If you are interested in joining WI, or would like further details, please contact Jacqui Svensson 07841 647345 j.svensson@btopenworld.com Sawtry WI Charity number 229016.

#### HOLME WI

Things have been quiet on the WI front after our Christmas themed educational bags were which dropped December members thoroughly enjoyed. A lovely bag containing a small, iced fruit cake, chocolate buttons and KYRIKG WOME Christmas themed chocolate shapes, friendship



crocus bulbs, a small Christmas wreath kit to make and mulled wine sachet.

The chocolates have long been consumed (mine did not last long), and the crocus bulbs planted, I am now waiting for them to appear in my pots, a good sign spring is on its way. So, now we once again sit tight and wait for things to improve as we are now in Lockdown No.3. Members are still busy



Zooming, knitting, and quizzing, and recently blankets have been made from knitted squares, these will be donated to Olive Mead Care Home, in a safe manner of course.

Anyone wishing to contact us please email Wlholmevillage@gmail.com

Alison McGuinness President

### COMMUNITY INSPIRATION AWARDS

Everyone at CARESCO was delighted to be nominated for the 10th annual local Community Inspiration Awards at the end of last year for our hard work in the community during the Coronavirus pandemic.

There were six categories for the awards which Neighbour, Good Young Achiever. Community Spirit (Individual), Community Spirit

(Group), Lifetime Achievement and the Judges award.

When the winners were announced, the Community Spirit (Group) Award was presented to CARESCO, our charity that serves Sawtry and nearby villages.

The annual awards were hosted by Chorus

Homes in partnership with The Hunts Post.



## CONGRATULATIONS TO OUR CHRISTMAS QUIZ WINNER

Thank you to everyone who supported our Christmas and congratulations to quiz our winner Jacqueline Martin.

We hope you enjoyed the guiz and look out for our next guiz in the near future.

**CARESCO** 



My wife asked me to take her to one of those restaurants where they make the food right, in front, of you. So I took her to Subway,

> the fight started.

and that's how

## SAWTRY GARDENING CLUB

Sadly, all our talks and activities are suspended until further notice.

For info: 07598 431308. or email

sawtrygardeningclub@gmail.com

Find us on Facebook at: Sawtry Gardeners





## SAWTRY HISTORY SOCIETY

Please visit our website

www.sawtryhistorysociety.btck.co.uk where you can read articles, there is also a link to our archaeology page, and you can follow us on Facebook.

The History Society usually meets on the third Thursday of the month in the WI Hall, Gidding Road Sawtry at 7:30. However, we have suspended our meetings until further notice. The archive will also be closed for the foreseeable future.

Our AGM will go ahead when meetings resume.

We are planning a trip to the Churchill War Rooms & the V & A Museum later in the year.

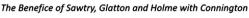
For info call Chris Merton 01487 831441

## **Dial-a-Sermon**

To listen to this weeks sermon simply call this number

01487 800141

(standard network rates apply)
You can also listen to sermons online at
www.allsaintssawtry.org.uk



- Helping you stay connected while we are apart -

## ARE YOU FED-UP WITH DOING THE SAME OLD WALKS?

Walking in Cambridgeshire www.walkinginengland.co.uk/cambridge is the website for you!

With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group (Covid restrictions allowing), all the information is there in one place.

There is so much walking information on the web, but it is difficult to find. Walking in Cambridgeshire (part of the Walking in England suite of websites (www.walkinginengland.co.uk) — one for each county in England) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.



So home or away, check out the websites and get walking!

John Harris
www.walkinginengland.co.uk
john@walkinginengland.co.uk

## QUINTUPLICATION - THIRTY YEARS OF VILLAGE GROWTH

In 1963 Sawtry had just 900 inhabitants. Thirty years later the population was over five thousand. We had QUINTUPLICATED in size! No other place grew at this rate and here is an account of those years by one who was in the front line and saw it all.

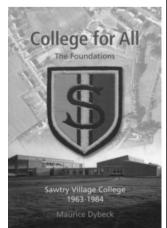
A national survey described this area as one that had one of the lowest per-capita incomes in the land. Yet it was far from poor in spirit. Being some ten miles from any town meant that self-reliance had always been important. If you wanted things that were not available in a village, you often had to make do. And in those thirty years there was much that Sawtry achieved in response to what some might have seen as an existence in a forgotten backwater of old Huntingdon. The result was a place that became the envy of others, even 'townies'. And we still called ourselves a village, and proud of it!

Somebody in County Planning had an eye on us long ago. When I applied for a job here in 1962, I noted something interesting about the local sewerage works just east of the A1. These are the places that have since been more politely named Water Treatment Facilities. Anyway, recently, its capacity had been increased to five thousand! So, starting at the bottom, so to speak, this told me that Sawtry would not remain a rural backwater for ever. And, thanks to those administrators who saw the place as a focus for educational development, the place was viewed as just right for a Village College..... and I got my job. Almost 40 years earlier Education Chief Henry Morris had seen that such colleges could enhance the lifestyles of villagers of all ages across the county of Cambridge. And, although at that time we were not part of Cambridgeshire, Huntingdon was not unaware of what went on next door.

At the College Opening Ceremony, (by Chris Chattaway) the local Parish Council Chairman brought the house down by telling that august gathering that this was "The greatest thing that had happened to Sawtry since they terminated the Night Soil Collection!" (For the next 20 years I had my work cut out to live up to that expectation, but that's another story, and mostly not for here. See 'College for All - Sawtry Village College 1963 - 1984')

From a village point of view one of the first gains for Sawtry was a proper Youth Centre. It already had a thriving Youth Club under Jim Green, meeting in other premises. But here now was a facility just for them! It was the first purpose-built youth centre in the county and the story goes that when the County Architect was asked to design a Village College he automatically included a Youth Wing because "that was what they had in Cambs!" Of course, Jim's club did not use it every night and soon it was also the base for the Scouts and others. In the daytime there was a so-called Nursery School, forerunner of playgroups, which came later. (But I said I would hold off 'College' History....) If you like this account, there is plenty more where it came from. next could be the

building boom and then a glimpse at how our local parish council played a leading part



in monitoring developments. then I could recount the saga of the dump and how it helped in our do it yourself improvements. and then there is the topic of footpaths, on which many people had a view. and so on......

#### Maurice Dybeck

Former Sawtry resident and first Warden at Sawtry Community College

## "Unprovided with original learning, unformed in the habits of thinking, unskilled in the arts of composition, I resolved to WRITE a book." - Edward Gibbon

The scholar, Edward Gibbon (1737 to 1794), with more than a touch of his renowned irony, made the above declaration. His declared shortcomings failed to hold back a prolific amount of historical treatises. His famous magnum opus being "The History of the Decline and Fall of the Roman Empire".



All of us possess the ability to produce a written work, irrespective of our perceived abilities and our educational backgrounds. Our movements currently being restricted, and interaction with others limited, gives us a golden opportunity to dig into our memories and reminisce.

It doesn't matter how old, or young you are, your life is part of your family's history. The way we live and work, our environments, the food we eat, for example, are constantly changing. Many of us only have to think "B.C." - Before Computers: Before Covid: to realise the magnitude of those changes.

I'd like to challenge you to create a historical snap shot of your life, something that current, and future generations of your family will be able to enjoy. To help you along, here are a few pointers. Dig out the family photo albums - guaranteed to stir a few memories. When recalling a particular event use your five senses to add depth to the memory. Don't confine yourself to writing chronologically. Write as and when a memory has become fully formed in your mind and you can commit it to paper. Just as a pebble thrown into a pond creates ripples, recalled memories have a habit of triggering another one, then another.

Put a title at the top of each memory so it can easily be identified. It doesn't matter whether it's long or short with an odd spelling mistake, perhaps a grammatical error, or a superb example of syntax that your old English teacher would be proud of. It is your "voice", your "memory" and will reflect your personality. Add photographs if you can as they enhance the content.

Grab a note book, or fire up the computer, start writing and create history.

The Bookworm

#### CHANGING ATTITUDES BY EDUCATION

**Key principles of fuel-efficient driving** as published in "Roadcraft – The Police Driver's Handbook". Roadcraft together with the Highway Code are the two "bibles" that form the basis of our advanced driver training.

- Enhanced hazard perception and awareness looking well ahead and anticipating potential hazards and planning how to deal with them can decrease fuel consumption by reducing unnecessary acceleration and braking.
- Selective use of gears it's generally more efficient to change gear upwards sequentially, but if the revs have climbed high enough it's more fuel efficient to skip a gear and block change. In an automatic vehicle, select the "eco" option to ensure that gears are used as efficiently as possible.
- Progressive use of controls smooth use of the controls (accelerator, brakes, steering) saves fuel. Hard
  acceleration and braking use more fuel and in today's traffic conditions you are unlikely to arrive at
  journey's end much earlier.
- Compliance with speed limits consider reducing your speed where possible to save fuel. Driving at 60-mph in a 70-mph zone uses less fuel and it won't take you that much longer to complete your journey.
- **Prepare to stop, plan to go** by using engine braking/torque, using vehicle momentum and avoiding unnecessary stops. Plan how you are going to negotiate a hazard and adjust your speed etc. as you make your approach and not at the last moment.
- **Use technology** correct use of cruise control, stop-start features, and in-vehicle technology can all contribute to reduced emissions, but systems may need to be switched off under certain conditions. Check your vehicle handbook for full information.
- **Effective pre-driving checks** for example, tyre pressures. Incorrect tyre pressures could result in an increase in tyre wear, affecting stability and stopping distance. Under-inflation can increase fuel consumption and emissions.

**Top Tip:** Adapt your driving/riding to changing road and weather conditions. Always prioritise safety over fuel efficiency.

Visit our website at <u>www.roadarc.org.uk</u> for information on the car and bike training that is available (subject to COVID-19 restrictions).



#### WELLSIDE SURGERY NEWS

#### **Covid Vaccinations**

By the time you read this you will probably be aware that our patients are starting to be called to receive their covid vaccination. We are working with our Primary Care Network (PCN) colleagues who along with us, comprise the A1 PCN. The five practices, Alconbury and Brampton, Almond Road (St Neots),



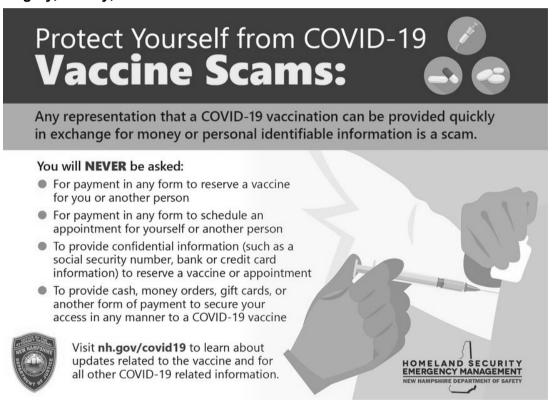
Buckden and Little Paxton, and ourselves here at Wellside are committed to providing this service to our registered patients. Patients will be invited to attend in accordance with the priority groups set by the government. Initial invitation will be sent via text and all patients who do not have a mobile phone number on record will receive a telephone call. On a national level, letters are being sent to patients inviting them to attend one of the large scale mass vaccination centres which are coming on line. Patients can choose whether they wish to attend a large centre or a more local hub - your choice may be determined by which you are offered first.

Whilst we focus our efforts on provision of covid vaccination clinics locally we are having to prioritise the services available at the surgery as we will be working with a greatly reduced practice team. During this time non-essential services will not be available. We thank you for bearing with us during this time.

We need people to help at our vaccination site with roles such as car park marshalling, meet and greet, and helping elderly and infirm patients get in and out of the centre. This will be at a local hub covering patients of all practices within out PCN. Help may be needed 7 days a week. If anyone has any free time to help out it would be greatly appreciated. Please contact loraine.harris@nhs.net (note one r in loraine).

Mrs Claire Wright, Practice Manager,

Wellside Surgery, Sawtry, Tel: 01487 830340



## YOUR FEEDBACK HELPS NHS AND CARE TEAMS SUPPORT US ALL

Have you seen your GP lately? Had a hospital or dental appointment? Perhaps you have care services at home or visit a loved one in a care home. If you, a family member or friend have used a local health or care service, Healthwatch Cambridgeshire wants to hear about your experience – good or bad.

We're the local health and care champions. And by sharing your feedback with us, local NHS and care services can find out what's working well or needs improving.

Please support our new campaign 'Because We All Care' by giving your feedback about the services you are using. It's being run with the Care Quality Commission and follows on from our big Covid-19 survey across Cambridgeshire and Peterborough earlier this year. It only takes a few minutes to share your views with us. And you feedback helps services to continue providing the right support to local people.

Share your views online at

www.healthwatchcambridgeshire.co.uk/share-your-views

You can also call Healthwatch on 0330 355 1285, text your views on healthw 0752 0635 176 or email enquiries@healthwatchcambspboro.co.uk



#### NEWS FROM SAWTRY LIBRARY

Sawtry Library is currently open for limited purposes including: Select and Collect, returning items, collecting reserved items and pre-booked PC use. However we are hoping to expand our services soon so please keep checking for updates on our website www.cambridgeshire.gov.uk/library or you can call us directly on 0345 045 5225.

#### **Home Schooling?**

We have a wide range of resources to help with home learning available with topics such as: Science, Geography, Maths, Art, History, Sport and Computing. You can request specific books for home learning from our online catalogue (https://cambridgeshire.spydus.co.uk/) or request a selection of books or topics using our Select and Collect service (https://cambridgeshire-self.achieveservice.com/service/Select and Collect). Alternatively, you can give us a call to let us know what you need on 0345 045 5225.

#### **Getting Started in Reading?**

Are your children just starting to read? If so, why not try our First Steps to Reading and Young Readers collections. These books are designed for beginning readers and range from basic phonic books to short chapter books to help teach children how to read and to boost their reading confidence. You can request these books from our catalogue or from our Select and Collect service.

#### National Storytelling Week and World Book Day

This year National Storytelling Week runs from 30 January - 6 February and World Book Day is on the 4 March. Both events aim to share the love of reading and sharing stories so reserve your books from the library early so that you are ready to join the celebrations.

#### **Online Events**

Cambridgeshire Libraries have a variety of online events and activities in which you can join in from the comfort of your own home. Why not try one of our upcoming Engage Online or Read a Little Aloud Online events? Or listening to an online Rhymetime or Storytime! For further information, please go to our website: https://www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries/library-online

#### **Social Media**

Please take a look at our social media pages for Paul Smith, information, updates and events, including the return of Twitterchat! You can find us on Facebook by searching for District Library Assistant, 'Cambridgeshire Libraries' and on Twitter we are Huntingdon, Yaxley and @cambslib.

Sawtry Libraries



## **AUDREY PATERSON**

February 1927 - December 2020

For those who remember Audrey, she died on Sunday 20 December 2020 with her son John and daughter Kate by her side. After many years of travelling the world, Audrey and her two children moved to Sawtry in 1973, with her husband Bill joining them in 1974 when he retired from the army.

Audrey soon joined in village life, joining the congregation at All Saints Parish Church, the local British Legion and the WI. At All Saints, Audrey worked alongside five Rectors over 47 years variously having the roles of PCC secretary, Church Warden, Verger, Sidesperson, she oversaw the flower arranging, ran the crèche, cleaned the church and stood behind too many cake stalls to count. As for the British Legion, Audrey was a member of the Women's section and worked alongside Bill as the Welfare Officer.



Audrey loved living in Sawtry and was the first resident in Papyrus Way, moving in whilst the rest of the cul-de-sac was being built. Audrey's final job, before she retired, was in the contracts Department at Huntingdon Life Sciences. Upon retirement, she busied herself delivering Meals-on-Wheels and volunteering at Papworth Hospital fundraising shop. Audrey also enjoyed being a member of the Lunch Club at CARESCO, where she had many lovely meals among friends.

Audrey was a gentle loving woman, with a keen intelligence, an adventurous spirit and a strong faith. Kate, John and Charlene, and Cassy and Dani would like to thank all their friends around the village for their kind words of comfort during their sad loss. The family would especially like to thank Rev Gill, Rev Becky and Alex, all the flowers arrangers at All Saints and Matt for helping to give Audrey such a wonderful memorial service.

#### Kate Paterson



#### SHOPPING ONLINE?

Please consider supporting CARESCO by signing up with AmazonSmile or the Easyfundraising scheme Each purchase will give us a donation at no extra cost to you.

Thank you

### A SPACE FOR PEOPLE TO BE

Hopefully spring will see us moving away from the eye of the pandemic storm. But our experience of the last year is that nothing is certain except that the consequences of Covid-19 will have far reaching impacts on our lives here and abroad. For some, life will have changed irrevocably; for all it is difficult to see our way forward. Whilst we all have had to be flexible and nimble as circumstances have changed, our optimism in our new-found ways of doing things is tempered by the reality that there are some areas Zoom just can't reach.

Coping well with uncertainty is often about being prepared, getting the basics of our lives sorted and digging firm foundations. Minnie Haskin's poem, written over 100 years ago, good advice for the start of 2021: -

I said to the man who stood at the Gate of the Year,
'Give me a light that I may tread safely into the unknown.'

And he replied, 'Go out into the darkness, and put your hand into the Hand of God.

That shall be better than light, and safer than a known way.'

Our Methodist Church, with its heart for Sawtry, has over the last few years, been thinking seriously about how our church adapts to the needs of village as it changes and grows. We all see that church for most people does not 'scratch where they itch' but, conversely, we live in a time where more and more people ask themselves fundamental questions about life and faith.

We enter a time where renovation of our church building has become a necessity. We recognise that this is a challenge and opportunity, a chance to redesign our sacred space to offer the most it can to the lives of people of our village, to be a space of meeting and sharing, a space of sustenance and refreshment, and a space for people to be. But it's a difficult and uncertain path. As we put ourselves in the hands of God to show us the way, we will later in the year be looking for dialogue and conversations with everyone in Sawtry to be part of this journey and walk with us in thinking about the needs of our community and how we best respond. So, with best wishes for this

strange new year, stay safe and please watch this space......

Rev Sue Baker-Maher Sawtry Methodist Church See below for contact details







#### SAWTRY METHODIST CHURCH

Green End Road, Sawtry, PE28 5UX





Help us, O Lord, to conquer all harshness of judgement with your gentleness; to quench all meanness of spirit with your generosity and to defeat all indifference of compassion with your fervour.

Teach us to be courageous in loving, patient in suffering and attentive in prayer; through Christ our Lord.

Amen

## SUNDAY MORNING WORSHIP - 10.30AM

While we are again unable to meet in our church building, we are continuing to gather online using the Zoom video conferencing app.

We would love you to meet with us for an hour of worship and fellowship (bring your own refreshments!)

Details of how to login can be found on our website www.sawtrymethodist.org.uk

Come and join us, all are welcome

#### **MID-WEEK ACTIVITIES**

There are opportunities during the week to meet informally online

Please check our website for details

#### LENT GROUP

We will be meeting online during Lent as we prepare ourselves for Easter.

Please check our website for login details



For more information, please contact Rev Sue Baker-Maher on 07483 153948 or via www.sawtrymethodist.org.uk Find us on Facebook - SawtryMethodistChurch

### REMEMBRANCE



The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year



FEBRUARY		
Private Ernest HADMAN	17 February 1917	Glatton/Holme
Private Herbert WRIGHT	14 February 1942	Wood Walton
Driver Edward Harold DACK	9 February 1944	Sawtry
MARCH		
Private Victor John FURNELL	7 March 1916	Wood Walton
Private George Edward SAVAGE	15 March 1916	Glatton
Private William ROWELL	17 March 1917	Sawtry
Private William BARRETT	18 March 1918	Sawtry
Private George Frederick DEWBERRY	20 March 1918	Wood Walton
CQMS Henry James NICKERSON	23 March 1918	Sawtry
Private William Percival GLOVER	27 March 1918	Great Gidding
Sergeant Norman George Wood BOYCE	26 March 1942	Old Weston
Sergeant Robert Charles DOBIE	26 March 1942	Old Weston
Flight Sergeant Donald Cole LINDSEY	26 March 1942	Old Weston
Flight Sergeant Robert Joseph O'LEARY	26 March 1942	Old Weston
Private John Edward ANDREWS	23 March 1943	Sawtry

They shall grow not old as we that are left grow old Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning We will remember them.





## ROMAN CATHOLIC PARISH OF ST LUKE PETERBOROUGH ST BENEDICT'S CATHOLIC COMMUNITY SAWTRY

Sawtry Sunday Mass normally at the Methodist Church, Green End Road, Sawtry PE28 5UX

\*\* Currently Suspended \*\*

We are a friendly proactive community working closely with the other Church communities in Sawtry, as well as our Roman Catholic Parish Church of St. Luke in Orton Malborne, Peterborough.

Contact in Sawtry: Tony - tony.stefanelli04@gmail.com - 01487 830680

Parish Priest: Fr Jeffrey Downie VF Assistant Priest: Fr Jude Belnas Deacon: Rev. Prameel Joseph Administrator: Sr Erika Perini

Phone: 01733 230464/371129 Email: saintlukesparish@yahoo.co.uk

Masses at St. Luke's, Orton Malborne, Peterborough:

Mon-Fri 10am; Sat 6pm; Sun 9am, 10.30am, 12noon & 6pm

Social distancing and other measures in place, masks & sanitiser provided

## ALL SAINTS', SAWTRY, ST NICHOLAS', GLATTON & ST GILES', HOLME WITH CONINGTON PARISH CHURCHES

As many of you will have already heard, public worship across Sawtry, Glatton and Holme has been suspended until further notice. We continue to have online services

(including the opportunity to call in from a phone), coffee times, dial a sermon, listen again and a phone care tree.

For the latest information about our services, please look at your local notice board or visit www.allsaintssawtry.org.uk You are also always welcome to be in touch with me directly, see details below. Our offline provision includes:

Dial-a-Sermon: 01487 800141

**Daily Hope - 0800 8048044 (free) -** Available 24 hours a day. An opportunity to listen to hymns, prayers, bible readings and short messages sharing the meaning of the gospel.

#### Fancy a Pancake?

February and March see some key dates in the Christian Calendar and we are creatively coming up with ways to celebrate and mark these occasions.

Pancake Day (16 February), Ash Wednesday (17 February), Mother's Day (14 March) Lent and Holy Week are all part of the journey to Easter Day (4 April), the biggest Christian celebration of the year. It is a time when lots of people make time to think carefully about their life. For Christians, this means trying to live God's way and remembering all that Jesus did. We are following a series of teaching and exploration looking at how to #LiveLent.

Pancake Day is also called Shrove Tuesday and is one last chance for a big party before Lent begins with Ash Wednesday the next day.

Long ago, Christians traditionally used up all the eggs and fat they had in store by making pancakes and feasting on them. This was because when Lent came, they would eat less food, or even fast (do without food sometimes) to help them focus on God and not on the things they wanted. This tradition has been passed down the generations.

Shrove Tuesday always falls 47 days before Easter, a date which changes every year. This year, we'll be eating our pancakes on 17 February and are excited to invite everyone to our Zoom Pancake Party taking place 5:30 -6:30pm. Suitable for all ages, we will have a chance for a natter, a fun quiz, some activities and a live pancake cook-off. You don't have to have a pancake, just yourself. We would love to see you there.

Rev Becky Dyball

Email: revdyball@gmail.com; Mobile: 07444 574039; Office: 01487506217

Address: The Rectory, Church Causeway, Sawtry, PE28 5TD



#### BENEFICE DATES FOR YOUR DIARY

All activities are subject to change and take place online at present:

Online Sunday Service - Weekly on Sundays at 10:30am
Online Morning Prayer - Weekly on Mondays at 9:30am
Online Coffee Time - Weekly on Wednesdays and Saturdays at 2:30pm - 3:30pm

#### **February**

Tuesday 17 February - Pancake Party at 5:30 - 6:30pm
Tuesday 23 February and the following 6 weeks - Online #LiveLent Study 7 - 8pm

#### March

Sunday 14 March - Mothering Sunday Service - Online at 10:30am Sunday 28 March - Palm Sunday Service - Online 10:30am Holy Week runs from Sunday 28 March until Easter Day on Sunday 4 April

Easter Sunday 4 April - Easter Celebration - Online at10:30am

#### April

Maundy Thursday 1 April - Holy Communion Service - Online at 7:30pm Good Friday 2 April - Churches Together Service 10am (More details available soon) Good Friday 2 April - Messy Church and Light Factory Present:

An Eggcellent Easter Party from 3 - 4.30pm - visit www.sawtrylightfactory.uk for the latest information





## Huntingdonshire Local Group

#### Identifying Key Biodiversity Areas for Conservation: Lessons from Africa and Applications to Britain

Online illustrated talk (hosted via Zoom) on Wednesday 10 February at 7.30pm

Andy Plumptre is Head of the Key Biodiversity Area Secretariat at the University of Cambridge, where globally important areas for biodiversity are identified, promoted and monitored. Andy will show us what has already happened in Africa and ask whether this can be applied to Britain.

## Where The Wild Things Are: A Study of Antarctic Biodiversity Online illustrated talk (hosted via Zoom) on Wednesday 10 March at 7.30pm

Hilary Blagbrough and Huw Griffiths, both of whom work with the British Antarctic Survey, will show us how increasing human activity, pollution and climate change, continue to exert pressure on the ecosystems and environments of the Antarctic.

Booking is via the Trust's website, www.wildlifebcn.org/events and then following the Eventbrite link. Entry charge is £2.50 for members of the wildlife trust or £4.00 for non-members.

For more information, contact Alistair Grant on alistairrgrant@hotmail.com or 07775365507

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire Registered Charity No: 1000412

#### SUPPORTING CARERS

Local charity Caring Together is providing tailored support to help people looking after a family member or friend, so they and the person they care for can get to their appointment for the coronavirus vaccination.



so that carers have choices

It is important that people who are elderly, have health conditions or play essential roles in helping others are being vaccinated against COVID-19 first. We know many people who are looking after a family member or friend find it hard to attend medical appointments, so we are here and ready to help.

Whether it is the carer or the person they are looking after who has the appointment, practicalities such as transport or finding replacement care for the person who is being looked after can be a challenge. School closures may now mean childcare is an extra problem for families who are already struggling.

When a carer gets an invitation for a vaccination appointment, they can contact us, and we will work with them to help in every way we can. That may mean our trained homecare team looking after someone for the duration of their appointment, it could be us providing transport, or any other way to ensure they can get to the appointment and get the vaccination they need.

Caring Together support carers across Cambridgeshire, Peterborough and Norfolk.

If you are a carer who has a problem attending a coronavirus vaccination appointment, please contact Caring Together on 0345 241 0954 or email hello@caringtogether.org

### CENSUS 2021 - SUNDAY 21 MARCH

The census is coming. By taking part, you can help inform decisions about services that shape your community, such as healthcare, education and transport.

It's important that you fill in your census questionnaire because it gives us the most detailed information we have about our society. Without the information you share, it'd be more difficult to understand our community's needs and plan and fund public services.

Ahead of Census Day (Sunday 21 March), the Office for National Statistics (ONS) will send you a letter in the post with an access code and instructions. You can do your census online as soon as you get yours. If your household circumstances change on Census Day, you can let the ONS know.

The ONS aim to make things as easy as possible for everyone, but if you need help taking part in the census, there's a wide range of support services available. You can request support for yourself, or someone else, including:

- guidance and help in many languages and formats
- a paper version of the questionnaire, if you prefer
- accessible census guidance, for example, in braille

There is a help area on the census website. It covers everything from who to include on the questionnaire to how to answer each question.

If you cannot find what you need there, there's a dedicated contact centre where census staff will be on hand to give help over the phone, in a web chat or on social media.

If you need help, visit www.census.gov.uk

census 2021

### AN EYE ON NATURE

A chilling thought is the fact that we have been in this pandemic for a year. Our third lockdown has meant lots of local walks for our daily exercise. Not all is doom and gloom though as nature pokes its head out of the frost and possibly snow. Our wild year starts with snowdrops and aconites, and what a welcomed sight on our winter walks around the village.

I discovered 'my' tree back in March 2020 in our first lockdown. I call it 'mine', but in truth this mighty oak has been there for hundreds of years. It is certainly 200 years old plus and the nicest example of a classic English oak I have ever seen and, as you can imagine regular readers of my articles, I have seen a lot of oaks. They are by far and away my favourite species of tree. You may have passed it many times on your way to the Wellside Surgery in Sawtry as it occupies pride of place in a small triangle of grass off Deerpark Road.

This tree became the focal point for many walks as I wanted to watch it progress through all the seasons. With such a terrible year, it was nice to look forward to something so simple to brighten up my day. What a pleasure it was too watching the new leaves unfurl, welcome shade on another roasting hot summer day (remember those) and the chill of autumn as the leaves fell like confetti at an autumn wedding. I still admire its stark beauty in

winter with the branches bare but buds ready to burst into life as the days lengthen and the temperature climbs.

As this splendid tree comes into leaf yet again this spring, I hope we have all been able to appreciate where we live a little more, remembering our favourite green spaces in our villages and the wonderful nature around us giving such pleasure and hope for the future.

#### Martin Baker

The views expressed in this article are solely those of the author

For more information on our local wildlife, contact the Wildlife Trust: Phone 01954 713543, or visit www.wildlifebcn.org



#### SAWTRY AND DISTRICT BOWLING CLUB

It felt very strange not to have been busy preparing for our usual Christmas dinner in late December, although I am sure our little merry band of helpers were grateful for the break – albeit not the reason for it.

Equally, as I write we would normally be busy preparing for our infamous Burns Night later in January. I know of at least one member who was looking to buy her own haggis, to do her own celebrations with her household. Hopefully the sounds of the bagpipes did not upset the neighbours!

Obviously, we await news of this latest lockdown before we can plan any bowling or social activities for 2021 and beyond. In the meantime, work goes on in the background at league and County level in the hope that we will resume bowling this spring. Time will tell, and will no doubt be dependent on the much awaited vaccines for many, and the ability to socialise again.

Members may notice some activity on the building near the back gate in the next few weeks. This will be undertaken as and when contractors are allowed to carry-out work to repair a large number of cracks in the brickwork, probably caused by the nearby large willow trees that have now been removed from the pub's gardens.

Fingers crossed for more positive news in the next edition, and hope you all stay safe.

Any Queries contact - Club Secretary Kevin Bowers - Tel No 01487 832854

Visit our Facebook Page - search Sawtry and District Bowling Club), Our website :https://hugofox.com/community/sawtry-and-district-bowling-club-8948/about-us
or search for 'Sawtry and District Bowling Club'



## SAWTRY WALK TO RUN FOR EVERYONE - EVEN THOSE WHO THINK THEY CAN'T RUN!

At the time of writing, we are back to only being able to run with members of our own household or one other person. As such, our group sessions are currently on hold but like everyone, we hope to be back to some sort of normal in time for Spring.

Despite Covid, we still have over 100 members many of whom have been busy completing challenges throughout the year. As a club, we have set both fun and more serious challenges to keep our members motivated and lots of prizes have been won along the way. We currently have a 5k Improver challenge on the go and have just started a 2021 kms in 2021 challenge. Fingers crossed real live races, including our own 10 mile race (Sunday 5 September), will be back on the agenda this year.

Prior to lockdown, we were able to host our Santa Run in aid of CARESCO. No meeting for mulled wine and mince pies this year but still over 70 Santas walked and ran their way round the village raising almost £600. We hope to double that fundraising figure next year on Sunday 5 December.

If you want to improve your physical and mental health this year, you can join our Facebook group for motivation and join us when we get back together again on Sundays at 8.30am and Tuesdays & Thursday at 7.15pm. Membership is just £20 a year.

For further details you can email Jean at jeandrumm\_1@btinternet.com, call Nona on 07861 740040 or reach out to our Mental Health Champions at runandtalk3@gmail.com.

Champions Champions

More details at www.sawtrywalktorun.co.uk

Running - it's much more fun than you might think!

#### SAWTRY COLTS



Those with a good memory might remember that somewhere between Lockdown 2, but before Tier 4 and the latest lockdown, we were still able to play football. A few of the Sawtry Colts teams even managed to play some matches. As a reminder that the heady days will return again, here is how they got on:

The U12s remain top of the league with a 5-1 victory over Fenstanton, but had a setback in their last match as they lost to Priory by the same score. Priory are three points behind them in the league but have played one match less.

The U13s lost 4-2 at home to March but managed a victory in their last match before Christmas defeating St Neots 6-2. When football resumes they have a local derby against Stilton to look forward to.

The U14 Yellows managed only one game losing 5-3 at home to Godmanchester. The U15s didn't manage to get on the field between lockdowns and this season so far have only played the three matches, winning them all.

The U16 Blues also never managed to get back to the field between lockdowns and the U16 Yellows played just the one match - an excellent 3-1 victory away to Brampton and they currently sit mid table.

The U18 Blues are another team who played just the one match and were on the end of a 4-2 loss to Glinton.

So there we go, a few teams managed to play some games during the brief period when COVID was on the wane. Quite rightly youth football was stopped after Christmas, but hopefully with the vaccine programme now ramping up there is a chance of football, as well as some normality, returning soon.

As we've become accustomed to saying over the last year, take care.

#### Brian Craig

## YOGA, TAI CHI, MEDITATION & MARTIAL ARTS

Custom-built studio at 11 Ashdale Close, Sawtry 07585 950923 markadddd@gmail.com Tai Chi, Karate, Kickboxing, Self-defence, Yoga, Chi Kung, Reiki, Weapons, Qigong, Feng Shui, Meditation, Healing, Nutrition, Breathing Techniques etc.

#### **Events and Local Seminars:**

- · Chi Energy Seminars every month
- Dowsing, Reiki, Meditation, Breathing, Yoga
   Workshops every month
- Gathering of the World Masters TBN

Many more events contact for info

Instructor - Grandmaster Mark Adlington, 9th Dan

Facebook under "Yoga, Tai Chi & Meditation" & "Qigong Martial Arts"

#### Classes:

Because of the lockdown I have put 100s of video on Facebook and YouTube for our students, with more to follow.

#### **Recent Promotions & Awards:**

Kelly Thompson, Janet Clark, Helen Shellard, Mark Brown – Spiritual Breathing

Eden Courquin - Push Up award

Devon & Russell Courquin – Heavy Hand Breathing Award Toby Brindley, Kelly Thompson, Mark Brown - Advanced Rooting Certificate

#### SAWTRY GOLF SOCIETY

Sawtry Golf Society accommodate local golfers from scratch to 54 handicap, we welcome all comers who enjoy a round of golf.



#### Recent News

Due to the current Covid restrictions, since our last report we have only been able to have one game where we played Orton Meadows Golf Course.

But what a day it turned out to be! The course was very wet and in places there was even standing water, so everyone thought a low score would be enough to win as there was no carry on the balls after they had pitched. However, no one told the Greystones landlord Doug White, who managed to win with a fantastic score of 45 points, but that was only two points ahead of Luke Reed who thought he had done more than enough to win the day. As it turns out he had to settle for second place, in third was AJ Longford, again with a very creditable score of 41 points. The only consolation for the rest of the society is that all of the top three will have their handicaps cut.

We are now three games behind, but we hope to catch up before the season end in June, fingers crossed.

Membership is only £15 for the year, if you are interested contact us on our Facebook page or ring our secretary Dave Gadsby on 07834 386632