



Sawtry Eye

Distributed to Conington,
Glatton, Upton, Winwick,
The Giddings & Sawtry

www.caresco.org.uk

No. 130 Oct - Nov 2017



SAWTRY FIREWORK DISPLAY



Sunday 5 November at Greenfield, Straight Drove, Sawtry

GATES OPEN: 5.30PM BONFIRE LIT: 6.30PM FIREWORKS START: 7.00PM

The display is by **CAMBRIDGE FIREWORKS**

Tickets are available from:-

Cooper's Garage, CARESCO Charity Shop, Sawtry Parish Council Office & Best One

Prices: Adults & Y7 pupils upwards £4.00 (£5.00 on the gate)

All Children Y6 & below **FREE ENTRY**

(When **accompanied** by a paying adult – Max 2 children per adult)

Food including burgers, hot-dogs, bacon-rolls, tea, coffee, cake etc available

PLEASE SUPPORT YOUR LOCAL FIREWORK DISPLAY

Voluntarily run by

Sawtry Sports & Leisure Association and in association with Sawtry Parish Council.

For more information please call 01487 830837 or 831797

** No fireworks to be brought into display (including sparklers) **

** No dumping of rubbish for the bonfire please **



Sawtry Small Business Partnership, Sawtry Youth Project and CARESCO present ...

Sawtry Frost Fayre

Sat 2nd Dec 2017
11am -3pm

Sawtry Village Academy

Gift stalls galore, Santa's Grotto, Food stalls, Refreshments and Snacks, Christmas Carols and much more



In aid of Sawtry Youth Project and CARESCO

Stall enquiries: Steph 07720583340



ROYAL AIR FORCE

Christmas with The RAF Wyton Area Voluntary Band

**Saturday 16th December
2017 Sawtry Village Academy
Fen Lane, Sawtry PE28 5TQ**

with the guest appearance
of the children of
Sawtry Junior Academy



Tickets £12 (under 16s £6)
includes Christmas present, tea/coffee and mince pie.
Available from CARESCO office.
Tel: 01487 832105 or
Email: office@caresco.org.uk



In aid of
CARESCO

**Doors open 7pm Concert
starts 7.30 prompt**

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you



Make A Date

2017	Group	Details	Contact No	Page
5 October	CARESCO	Annual Public Meeting	01487 832105	5
5 October	Royal British Legion, Sawtry	Bingo Night	01487 834338	8
7 October	Vintage / Friendship Clubs	Quiz Supper	01487 832105	11
9 - 14 October	Sawtry Library	National Libraries Week	---	16
14 October	Wellside Surgery	Flu Clinic	01487 830340	18
25 October	Macmillan, Sawtry	Biggest Coffee Morning	01487 830442	7
28 October	Sawtry Library	Family Learning Week	---	16
28 October	Sawtry Bowling Club	Quiz Night	01487 832854	30
4 November	All Saints, Sawtry	Autumn Fayre	01487 830243	11
5 November	Sawtry Sports & Leisure Association	Sawtry Firework Display	01487 831797	Front Page & 7
10 November	CARESCO	Body Shop Evening	01487 832105	11
25 November	Sawtry Parish Council	Chairman's Challenge Table Top Sale	01487 831771	9
30 November	Hill View Residential Home	Prize Bingo	01487 831709	10
2 December	SSBP, SYP & CARESCO	Frost Fayre	07720 583340	Front Page
2 December	St Nicholas, Glatton	Christmas Fayre	01487 832401	23
2 December	Hill View Residential Home	Christmas Fayre	01487 831709	9
2 December	Sawtry Bowling Club	Christmas Bingo	01487 832854	30
2/3, 8/9/10 December	All Saints, Sawtry	Christmas Tree Festival	01487 830243	10 & 12
7 December	Royal British Legion, Sawtry	Bingo Night	01487 834338	8
14 December	Sawtry WI	Christmas Afternoon Tea	01487 831793	9
16 December	CARESCO	RAF Wyton Voluntary Band	01487 832105	Front Page
2018	Group	Details	Contact No	Page
9 June	Sawtry Carnival Committee	Sawtry Carnival	07799 062278	17
6 - 12 August	Sawtry Light Factory	Holiday Club	01487 830345	12

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date'. We cannot include regular meetings/classes as space will not allow, but we would love to know about the special events.

When your organisation fixes dates, please let us know. Don't wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours).

We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.





Sawtry Eye is published by:
CARESCO

Contact details:

Sawtry Eye
CARESCO Centre
Green End Road
Sawtry
Huntingdon
Cambs PE28 5UX

01487 832105

sawtryeye@caresco.org.uk

Articles & Letters can be emailed to the address above. Please put the subject "For Sawtry Eye" and enclose full name and postal address.

www.caresco.org.uk

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CARESCO Printshop

EDITORIAL POLICY SUMMARY

- All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.
- Anonymous items will only be considered where the author has submitted their full name & contact details to the editors with their contribution and have requested, with reason, that these are withheld.
- Before printing a critical item the editors reserve the right to approach the criticised persons/group and offer an opportunity to comment, where possible, in the same issue. At their discretion the editors may delay the critical item to the following issue or publish without a reply.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.
- The copies of Sawtry Eye delivered to the parish of Sawtry are accompanied by the Sawtry Parish Council Newsletter which is published by and the responsibility of Sawtry Parish Council.

The full Editorial Policy is available from the CARESCO office during office hours.

DISTRIBUTION OF SAWTRY EYE:

If you know of anybody who does not receive a copy or would like to help deliver Sawtry Eye, telephone: 01487 832105 between 9am — 12 noon Monday - Friday



Welcome

And so Autumn has arrived! Schools are back, the weather is generally colder and wetter, but we also have the beautiful colours in the trees and the harvest fruits to enjoy.

What a brilliant Sawtry Show we had again this year, congratulations to those who won the cups and to the committee and stewards who made the day so enjoyable. Don't forget that these big community occasions, particularly the Carnival & the Show, need a team of willing people behind them to make them work. If you are interested, please find the contact details with their articles in this issue and get in touch, you will be very welcome.

Much that we don't want to mention it this early, Christmas is coming and we already have details of a number of planned events for the season. Many are community fundraisers for local organisations and need your support, again details inside.

If you have interesting news to share with other readers, or want to get involved, please get in touch via the CARESCO office - details on page 5.

From the Sawtry Eye team, have a good one.

Liz - Co-Editor



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October 2017

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November 2017

M	T	W	T	F	S	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

SCHOOL TERM DATES FOR SAWTRY SCHOOLS

Autumn Term 2017

Half term: 23 to 27 October

End of Term - 19 December

Spring Term 2018

Start of term - 3 January

Half term: 12 to 16 February

End of Term 29 March

Summer Term 2018

Start of term 16 April

Half term: 28 May to 1 June

End of Term - 24 July

NB Schools have a number of training days available to take at their discretion. Please contact your local school for details. Information taken from the Cambs County Council website at <http://www.cambridgeshire.gov.uk/education>



HDC REFUSE COLLECTION

LANDFILL WASTE (GREY)

(Week Beginning)

9 & 23 October

6 & 20 November

GARDEN WASTE & DRY RECYCLING

(Week Beginning)

2, 16 & 30 October

13 & 27 November

- The earliest you can put out your waste bins/bags is 6pm the day before collection
- Wheeled bins should be returned to your property as soon as possible once empty
- Do not put filled black or dark-coloured bin bags in your recycling bin
- Take clothing and textiles to your local clothing bank or favourite charity shop

To find out your exact dates or for more information visit <http://www.huntsdc.gov.uk>



S A W T R Y W I

Sawtry WI meets on the 1st Thursday of the month, at 7.30pm in the WI Hall, Gidding Road, PE28 5TS (wheelchair access and hearing loop)

Charity Number 229016

5 October

'Girl Cop' - Sandy Osborne

Competition - An unusual object beginning with 'M'

2 November

A.G.M

'It shouldn't happen to a home economist' - Sian Fox

No Competition

7 December

'You cannot be serious' - Alan Gray

No Competition

Visitors and new Members always receive a warm welcome
If you haven't tried the WI before, come along and meet us

Regular features include:
Bring & Buy, Books, Raffle and Refreshments

President Roz Rowland 01487 831793

Correspondence Secretary Rosemary Jubb 01487 830243

SAWTRY WINEMAKERS



Come along to any of our meetings which take place on the third Wednesday in the month at The Old School Hall, Green End Rd, Sawtry PE28 5UY

Calendar of Events

Wednesday 18 October
Sampling New Zealand Wines

Wednesday 15 November
AGM and Social Evening

Wednesday 20 December
Christmas Party and Quiz

You will be most welcome to come along to any of our meetings.

Our aim is to promote the making and enjoyment of homemade wines and beers, to share the results of our efforts and encourage new wine and beer makers

For more information call Eileen 01487 830020

**For Issue No: 131
Dec 17 - Jan 18**

**Advertisements by
12 Noon on 10 Nov
News Items by
12 Noon on 17 Nov**

Rates for Mono

Full Page: Portrait
(17.5cm x 26cm)
1 Issue - £129
6 issues - £643
Monthly SO - £58

Half Page: Landscape
(13cm x 17.5cm)
1 Issue - £69
6 Issues - £341
Monthly SO - £31

Quarter Page: Portrait
(13cm x 8.5cm)
1 Issue - £38
6 Issues - £190
Monthly SO - £18

Eighth Page: Landscape
(6.5cm x 8.5cm)
1 Issue - £22
6 Issues - £110
Monthly SO - £11

For more information and prices
for colour, call in or phone
9.00am - 12 Noon
Monday - Friday

0 1 4 8 7 8 3 2 1 0 5

sawtryeye@caresco.org.uk



**COMMERCIAL ADVERTISING
TERMS & CONDITIONS**

- Commercial advertisements can be submitted by email to sawtryeye@caresco.org.uk (preferred option), on a disk or as a paper copy delivered to the CARESCO Centre
- A final simple layout can be produced by our in-house graphic designer (possibly at extra cost)
- High contrast line art is usually better than photos
- Remember to include your name & full contact details
- Make your instructions clear
- Payment with advertisement please, call us to discuss options
- We can accept payment by BACS, cash or cheque (made payable to 'CARESCO')
- Sorry, we cannot take card payments
- CARESCO cannot accept any responsibility for business lost due to any error in production
- Our editorial policy is available on request
- Additional information, rates and deadlines along with our editorial policy are all available from our website by following the links to the Sawtry Eye pages

www.caresco.org.uk



MYDONATE



CARESCO is registered with MyDonate which enables us to receive donations via the link on our homepage at

www.caresco.org.uk

Our account also allows you to set up a fundraising page to help us to provide vital care services for our local community.

Thank you to everyone who has already done this.



easyfundraising
.org.uk

www.easyfundraising.org.uk/CARESCO

**CARESCO Pens
For Sale**

£1.00 each

**** Popular chunky style **
** Black ink ****

**Available from
the CARESCO
Centre**



**CARESCO General Meeting
and Annual Public Meeting**

Thursday 5 October

Starting at 7.30pm

In the CARESCO Centre, Green End Road, Sawtry, PE28 5UX

All are welcome to come along and learn more about our village charity and the work that we do providing services to the local community.

Annual reports will be available at the meeting and afterwards from the CARESCO office or the website at www.caresco.org.uk

CARESCO CHARITY SHOP

Did you know that you can also support our charity shop through eBay?
Free local collection, so no postage costs! Look for us by searching for:



caresco_charity_shop

Below are details of some of the activities run by CARESCO, the Sawtry-based charity behind this magazine.



For more details about our services, please visit our website or contact the CARESCO Centre
www.caresco.org.uk

What is CARESCO?

We are a small Sawtry-based charity working to meet needs within our local community. We run a range of different activities, some of which are detailed here, with the help of a large number of volunteers. You can find us at:

The CARESCO Centre
 (Behind the Old School Hall)
 Off Green End Road, Sawtry, PE28 5UX
 Tel: 01487 832105
 or email: office@caresco.org.uk

Vintage Club

because life gets better with age

Wednesdays & Thursdays
 9.30am - 2.30pm

We aim to bring together those who are looking to socialise, but may not have the means or are not physically able to get out and about by themselves for a regular day of friendship, food and fun. The team are able to offer a basic level of care in a safe environment where people can find company, activity and assistance where needed.

Group activities include: crafts, quizzes, bingo, raffles, outside entertainment and luncheon outings.

Cost: £6.50 per session, includes cooked lunch, refreshments and transport

Come and join us for all things musical and the spoken word.

We meet on the
 2nd and 4th Fridays of the
 month from 1.30pm to 3pm
 At the CARESCO Centre



Refreshments included

Forthcoming dates:
 13 & 27 October
 10 & 24 November

There is a charge of £2.00 to help cover costs

SAWTRY CAR SCHEME

Volunteer drivers offer door-to-door transport for people in the community who do not have their own car and cannot access public transport.

Journeys cost 45p per mile (£2.00 min charge)

Trips can be for shopping, to hospital, or for some social occasions

For more information
 contact the co-ordinator on 07810 476979

Coffee Shop

Is open every Friday

9.00 - 11.30am

(9.45 - 11.30am during school holidays)

Come and meet friends for a warm welcome, tea/coffee, homemade cake, bacon butties (when available) and a chat

CARESCO PRINTSHOP

Mondays to Fridays

9am - 12 noon

We provide a simple printing service to local community groups for their newsletters & programmes.

The Sawtry Eye is our main regular work, alongside which we also print magazines for other villages as well as annual reports and regular newsletters for local groups.

Could we also meet the printing requirements of your group?

Contact us with your requirements and ask for a quote.

CARESCO CHARITY SHOP

7 Greenways, Sawtry, PE28 5UR 01487 208026

Mondays to Fridays	9am - 4.30pm
Saturdays	9am - 12.30pm
Sundays	Closed

Find yourselves a bargain while supporting our services.

Donations of good quality, suitable, clean items always welcome, but please stagger large quantities as storage is limited.

All proceeds support CARESCO activities

FRIENDSHIP CLUB

MONDAYS & TUESDAYS
 10.30AM - 1.30PM

Club members meet for conversation and to share a two-course meal cooked fresh on the day, the more active enjoy helping with small tasks.

Couples are welcome

Transport can be provided within Sawtry but if you live outside of the village and would like to attend, Sawtry Car Scheme may be able to help.

Cost: £4.20 per session plus transport if required.

Farmers' Markets

Truly local food sold by the people who produce it.

OUNDLE

Every 2nd Saturday from 8.30am - 1.30pm
Market Street

For further information please contact
Oundle Town Council

Call 01832 272055, or email otc@lineone.net

ST IVES

Held on 1st and 3rd Saturday from 8.30am - 2.00pm
at the Sheep Market in St Ives town centre

For further information please contact
St Ives Town Council, call 01480 388929,
or email clerk@stivestowncouncil.gov.uk

Farmers' markets are different because the food sold there must be from the local area and sold by the people who grow or produce it.

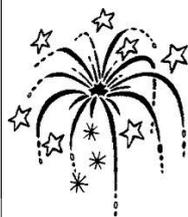
Bought-in produce is not allowed.

Buy fresh, high quality produce from the people who can tell you how it was grown or made.

SAWTRY FIREWORK DISPLAY

On Greenfield Sports Field
Sunday 5 November

BBQ, food and refreshments
available from 5.30pm



Any additional help or volunteers
are very welcome

Please contact Mike on
01487 831797 for more information

SAWTRY STEPPERS LINE DANCE CLUB

Meet Wednesday Evenings

****NEW VENUE****

Glatton Village Hall,
High Haden Rd,
Glatton, PE28 5RU

7.15 - 9.30pm ~ £4.50 per class
Beginners Welcome

Learn to line dance, no partner required and all ages welcome. We are a friendly class that dances to all types of modern and traditional music.

Contact Julie:
jcgillmore@sky.com
07939 070406

www.sawtrysteppers.co.uk



Line Dancing



MacMillan Biggest Coffee Morning

On Wednesday 25 October
At Sawtry Methodist Church Hall
Green End Road, PE28 5UX

10.30am to 12.00 noon

Tea or Coffee and Cake £2.00
Bring and Buy Stall and Raffle

Make it the best one ever!
Everyone welcome,
the more the merrier

Any queries to

Ann Martin on

01487 830442

WE ARE
MACMILLAN.
CANCER SUPPORT



Saturdays

21 October

18 November

4:30 - 6:30pm

All Saints' Church
Church Causeway, Sawtry

Crafts for all ages

Celebrate with
bible story and songs

Share a meal together

For more information see
www.allsaintssawtry.org.uk
or contact the Rectory

BOOK STALL AND COFFEE MORNING

At Winwick Church

Saturday 14 October

Saturday 11 November

10.00 till 11.30am

The Church is open for everyone to come along and enjoy a cup of coffee and cake and browse our extensive supply of second hand books

Donations invited in exchange for the above

Proceeds to go to the Church



For more information please contact:
Sue Fowler 01832 293215



SAWTRY WI

In Aid of the WI Hall, Gidding Rd, PE28 5TS

BINGO

13 October - 10 November - 8 December

Everyone welcome - Eyes down 7.30pm



Contact:
Rosemary Jubb - 01487 830243

Charity Number 229016

THE ROYAL BRITISH LEGION SAWTRY & DISTRICT BRANCH

Sawtry Club, Gidding Road

PRIZE BINGO

5 October - 7 December

Eyes down 7.30pm

All Welcome

Profits to Sawtry Branch

For more information, call 01487 834338



Huntingdonshire Concert Band presents:

A concert given by over 80 musicians as the massed bands of HCB and

THE BAND OF THE IRISH GUARDS

on Saturday 18 November
at the Hinchingsbrooke Performing Arts Centre

Tickets - £16

Available from 1 September
visit www.ticketsource.co.uk/hinchingsbrookePAC
or via telephone on 01480 375678

In aid of the
Soldiers, Sailors, Airmen & Families Association
(SSAFA)

Not a Lot of People Know That!

Animal Facts (2)

- There are more chickens than people in the world.
- In the last 4,000 years, no new animals have been domesticated.
- Babies are born without kneecaps; they don't appear until the child reaches 2 to 6 years of age.
- Women blink nearly twice as much as men.
- Our eyes are always the same size from birth, but our nose and ears never stop growing.

Now you know a lot more than you did before!!

Tony



Craft Buddies

Do you love to knit or crochet or sew? Or would you like to learn? We're a small friendly group of people who love to welcome new members.

Meet new friends, learn new skills, and share your experience and knowledge. Bring along your projects or just come to chat.

No charge to attend, drinks including tea and coffee available to buy at the bar.

7.30 - 9.30pm every Tuesday

At Sawtry Club, Gidding Road, Sawtry

Just turn up or for more info contact

Carolyn on 01487 832682

or email carolynwatts56@yahoo.co.uk

SAWTRY GARDENING CLUB

Autumn programme:

Monday 16 October

Quiz

Monday 20 November

TBC



Fri 8, Sat 9 or Sun 10 December (TBC)

Evening visit to a creatively lit garden
Sandpipers in Somersham, 5 - 9pm

We meet at the Sawtry Club
on the third Monday of the month
from 7pm

Susan Lovelock on 01487 208146

susanlovelock@hotmail.co.uk

or

Janet Spencer on 01487 208676

janet.spencer14@yahoo.com



Dementia
Friends

An Alzheimer's Society Initiative

Would your group or club like to become Dementia Friends?

Learn more about the symptoms and help create a more dementia friendly community by turning understanding into action.

We would love to bring this session to you and help your members and our community to become more dementia friendly.

Contact us to discuss details

Sessions are just 60 minutes long

Together we can do it!

Call 01487 832105

or email office@caresco.org.uk

A TIME FOR MEMORIES

CHRISTIANS TOGETHER IN SAWTRY
will hold their annual service of commemoration and thanksgiving, to remember loved ones who have died

**On Sunday 5 November at 4pm
at the Methodist Church
Green End Road, Sawtry**

All are welcome to this simple but moving service, which will be followed by refreshments and a chance to chat

For more information, please contact one of the Clergy, details on pages 22-23



SAWTRY WI
In Aid of the WI Hall,
Gidding Rd, PE28 5TS

**CHRISTMAS
AFTERNOON TEA**
(sandwiches, mince pies and cakes)

**Thursday 14 December
2.30 - 4pm**

**Tickets £4.50
Raffle, Crafts and Cakes**

Everyone welcome

Contact: Roz Rowland 01487 831793

Charity Number 229016

CHRISTMAS FAYRE

in Aid of
**Hill View Residential Home
Residents Comfort Fund**

**Saturday 2 December
2 - 4pm**



At Hill View, St Judith's Lane, Sawtry
For more information, contact
01487 831709



We look forward to seeing you

CLARMA'S CHALLENGE

**Indoor Table Top
+ Car Boot**

**Saturday 25 November
9am - 1pm**

Refreshments available

**Old School, Green End Road,
Sawtry PE28 5UY**

Pre book only - £5 per table
via the Parish Council,
37 Green End Road, 01487 831771
or email admin@sawtry-pc.gov.uk

*Raising funds for the community
by the community*



GLATTON WI

We meet on
**2nd Thursday of the Month
at 7.15pm in the Village Hall, Glatton**

We start the evening with WI business followed by an activity or talk then refreshments

**Wednesday 11 October
Group Meeting**

Speaker: Alan Gray
Subject: *Wimbledon Umpire*

Thursday 12 October

Speaker: Amanda Hindshaw
Subject: *Stick Fairies & Christmas arrangement*
Competition: *Autumn Leaf arrangement*

Thursday 9 November

AGM with Fish & Chip supper
Competition: *Fish design on piece of cloth*

You are very welcome to join us as a visitor or as a new member

For more information see
the WI website at www.theWI.org.uk

Find us on Facebook
'Huntingdon & Peterborough WIs'
or Glatton Village Website
www.glatton.org.uk



The Royal British Legion Sawtry & District Branch

The Poppy Appeal for 2016 is coming to a close. Over the course of the year you have helped the branch to raise over £11,500. The Members of the Sawtry & District Branch would like to send you a huge 'Thank You' for all your support throughout the year.

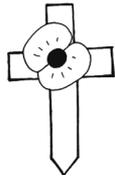
The 2017 Poppy Appeal starts on 28 October when you will see our presence at the Co-operative Food Store & the Poppy Appeal Volunteers collecting door to door. We hope we can rely on your continued support.

Please come & join us on Remembrance Sunday for the parade & service at All Saints Church.

**Carol Stobbs,
Poppy Appeal Organiser
Tel: 01487 834338,
or Email:
carolsonoma@gmail.com**

**Thank
You!**

Sawtry Remembers REMEMBRANCE SUNDAY 12th NOVEMBER



- 10.15am Parade gathers at the Green
- 10.30am Parade leaves the Green
- 10.45am Parade arrives at All Saints Church
- 10.50am Public act of Remembrance

Following our tribute to the fallen named on our memorial when their names are read out, a time of silence will be observed at 11:00am.

Everyone is then invited into the Church for our annual united service of Remembrance.

All are welcome



CHRISTMAS TREE FESTIVAL

at
All Saints' Church Sawtry

The first two weekends of December

Come and see the Church decorated with Christmas Trees created by local Organisations & Groups

**For more information please
email: rogerjubb@btinternet.com
or phone: 01487 830243**



SAWTRY WI

WI Hall, Gidding Road, PE28 5TS
(wheelchair access and hearing loop)
Charity Number 229016

KNIT & NATTER CRAFT GROUP

Every Wednesday afternoon
2pm - 4pm, in the WI Hall
£1.00 a session

**Everyone welcome, call in or phone
Maureen on 01487 832841 for further details**

Also

PATCHWORK & QUILTING GROUP

Every Second Monday each month
11am - 3pm, in the WI Hall
£1.00 a session

**Everyone (including beginners) welcome,
call in or phone Jacqueline on 01487 830849**



ON YOUR OWN FOR CHRISTMAS?

*Do you know what you're going to be doing
this Christmas?*

Are you going to be on your own?

*Would you prefer to be with other people
to celebrate the festivities?*

CARESCO will once again be hosting our Christmas Day Party for people in the Sawtry area who is going to be by themselves this year. Would you like to join in the fun?

Space is limited, so early applications are recommended. Transport can be provided.



**For more information
and an application form
please get in touch with
the CARESCO office
on 01487 832105 or
office@caresco.org.uk**



BINGO

in Aid of
**Hill View Residential
Home Social Fund**

Thursday 30 November
7.30pm start

At Sawtry Club, Gidding Road, Sawtry

For more information,
contact 01487 831709

CAMBRIDGESHIRE HEARING HELP?

**** New QUARTERLY drop-in ****

Hearing Help Service
for NHS hearing aid users.

*Free batteries and hearing aid servicing;
advice on how to manage hearing loss.*

**At the CARESCO Centre
Off Green End Road
Sawtry, PE28 5UX**

From 2.30 - 4.00pm

On Wednesday 4 October
& Wednesday 3 January '18
(And quarterly thereafter)

All Welcome

**Cambridgeshire Hearing Help CIO,
8A Romsey Terrace, Cambridge, CB1 3NH
Tel 01223 416141**

**Registered Charity No 1154071
www.cambridgeshirehearinghelp.org.uk
(formerly Cambridge CAMTAD)**

The Friendship & Vintage Clubs

Invite you to join them for their

QUIZ SUPPER ??

On Saturday 7 October

From 7.30pm

At the CARESCO Centre

Green End Road, Sawtry PE28 5UX

Tickets £8.00

(To include a hot supper)

Bring your own drink and glasses

There will be a raffle on the night

Tickets available from the CARESCO Office or please call 01487 832105



An Evening with

THE BODY SHOP

Friday 10 November

Doors open 7.15pm - Starts 7.30pm
At the CARESCO Centre

Tickets: £5.00 in advance
£6.00 on the door

(Complimentary Cocktail or Mocktail)

Available from CARESCO Office 01487 832105
office@caresco.org.uk

Mini Pampers, Chocolate Fountain,



Cakes & Raffle



All proceeds to CARESCO

Chatterbox

DROP-IN SESSIONS
FOR FAMILY CARERS

A friendly drop-in where you can get help.
Chat & relax over a cuppa.
Guest speakers & Carers Assessments.

Every 2nd & 4th Monday
between 2 - 4 pm

On 9 & 23 October
then

13 & 27 November



At The CARESCO Centre,
Green End Road, Sawtry, PE28 5UX

AUTISM & ADHD PARENT SUPPORT GROUP

Chat & offload with other parents
& carers. Find help & advice.
All family & carers of someone with Autism
or ADHD welcome. Come along for a cuppa.

on 12 October, 9 November
& 6 December
7.30 - 9.30pm

at The CARESCO Centre,
Green End Road, Sawtry

Befrienders

— It's Good To Talk

Befrienders are volunteers who offer friendship and support through a weekly chat & cuppa in your own home.



If you would like a befriender to visit or find out more

We cover Sawtry and surrounding villages

For more information on any of these activities:
Call Miranda on 07751 798287 for a chat
or email: carers@caresco.org.uk
CARESCO office 01487 832105
(9am - 12 noon)



Sawtry Eye Oct - Nov 17



The first years of your child's life are very special to your family, with new challenges and exciting changes for you all.

Our friendly, experienced

Children's Centre staff offer a wide range of services, activities and support to help you make the most of this time.

Contact us for more information:

Sawtry Children's Centre
Middlefield Road, Sawtry, PE28 5SH
Tel: 01487 830618

Farcet Children's Centre
St Mary's Street, Farcet, PE7 3AR
Tel: 01733 743721

Email:

North.HuntsChildrensCentre@cambridgeshire.gov.uk
www.cambridgeshire.gov.uk/childrenscentres



Search for 'Ramsey, Sawtry, Somersham & Farcet Children's Centres'

All Saints' Church, Sawtry

AUTUMN FAYRE

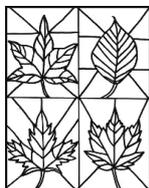
~ Raffle ~ Stalls ~

Saturday 4 November

10.30am - 12.30pm

In The Old School Hall

For more information, contact Roger
at rogerjubb@btinternet.com
or phone 01487 830243



ALL SAINTS' CHURCH CHRISTMAS TREE FESTIVAL 2017

All Saints' is holding a Christmas Tree Festival to mark the start of Advent, the period leading up to Christmas.

The Festival will run over two weekends; 2 - 3 & 9 - 10 December. Public viewings will be on Saturdays from 10.00am - 4.00pm and on Sundays from 2.00 - 4.00pm. We are also having an evening viewing on Friday 8 December, from 6.00 - 8.30pm. It will be possible for groups to arrange visits during that intervening week.



All community groups are invited to take part. Trees can be up to 4ft high (122cms) and you can use a conventional tree, or make one using any materials you like - the more creative the better! Think of a title for your tree, too. You can use the space just around your tree, so some organisations might like to have some promotional leaflets or whatever fits in with your tree's theme.

There will be power points for lights, or you may prefer battery operated lights or none at all!

Setting-up will take place on Friday 1 December when the Church will be open from 2.00 - 6.00pm, or you can arrange to set-up during the day by appointment.



There is no charge to take part, and entry to the Festival will be free of charge. We are supporting two charities this time and hope to raise some funds for the work Alzheimer's Research UK and Christian Aid. Refreshments will be available when the Church is open.

If you would like to take part, please email rogerjubb@btinternet.com for an application form, or phone 01487 830243 and a form will be sent to you.

Letters



VOCATION, VOCATION, VOCATION

Having a vocation to be a priest or minister is a huge and challenging privilege. You are invited into individuals' lives in the saddest of times and happiest of times. You meet lots of different people, and experience first-hand the depths of kindness and goodness that dwell in the hearts of many, but often go unnoticed. You are invited to help a community express its celebration and its remembering, its joy and its sorrow. All this comes as a result of God's call to be a Rev. It's been my privilege to serve Sawtry and Glatton in this way for the last year or so.

But I am a Rev Dr - a twin vocation. In other words, I believe God has called me not only to be a parish priest but also to be a teacher and writer of theology. And I sense that I have an opportunity now to exercise this other, academic vocation more fully. It entails stepping aside from serving in a parish and focusing on reading, writing and teaching. It's a risk because it's giving up a degree of security, but it's also an adventure, and one that fills me with excitement.

And so to my third vocation. The wedding liturgy of the Church of England describes marriage as 'a gift of God in creation'. The Church thus sees marriage as a vocation, something to be received from God and practiced with his help. I have received from God the wonderful gift of a lovely woman whom I plan to marry at Christmas. More than anything else this vocation fills me with joy, and will be the bedrock of everything else.

So, three vocations, all from God. I wonder what you see as your vocations, because we all have them, and God is deeply involved in each one.

I will always be grateful to you, the people of Sawtry and Glatton, for welcoming me into your communities for this time. And in the final words of an Irish blessing,

Until we meet again,

May God hold you in the palm of His hand.

Donald McFadyen



SAWTRY LIGHT FACTORY

A huge thank you to all those who helped make Sawtry Light Factory Holiday Club a success again this year. To the parents for bringing the children, to the children for letting them, to the team for voluntarily giving up their time to be silly while working hard for a week, to the folk who made sure the team got lunch each day and to all those who so generously supported us financially, including Sawtry Parish Council.

This was the 17th year for the Club, run by the Churches Together and hosted at the Methodist Church. Our theme was *Mission Rescue* as we followed some of the adventures of Moses, learning how he led his people out of Egypt. Our mornings saw the main sessions with songs, stories, quizzes and group time, then back for games or crafts in the afternoons and a family barn dance at the end of the week.

We will be back again next year, starting **Monday 6 August**, see you there!

For more information please contact Matt Coates on 01487 830345

'like' our page on Facebook to receive news next year as we begin to plan the next event

DEE STRATTON

Graham, Jo, John and Daniel, would like to thank all their friends and family for their cards, kinds words and support following the sudden loss of their Wife, Mum, Nan, Dee.

She was a very special lady and will be sadly missed by so many people. Thank you to everyone who was able to attend her funeral, it meant so much to us seeing the church so full, she would have been very overwhelmed.

Thank you

CARESCO DONATIONS

Our grateful thanks to the family of Jim Wright for nominating CARESCO to receive the donations made at his funeral on 12th July, totalling £291.00.

This will help to support our ongoing work.

Liz Coates, CARESCO



SAWTRY YOUTH PROJECT

The Sawtry Youth Project Committee have applied to become a charity and our committee continues to grow ever stronger. The SYP youth committee remain keen to see a skatepark and enhanced leisure and exercise area within their community and are still actively engaging in initiatives such as litter picking around Sawtry. They are coming up with lots of ideas for the winter months so please keep an eye out on social media!

We are excited to be working alongside CARESCO and the Sawtry Small Business Partnership again this year to bring you the ever-popular Frost Fayre. This will be held in the Village Academy on Saturday 2 December (see front cover for details). It will be lovely to see the hall full of people, getting into the Christmas spirit and supporting this great event.

Please keep up to date with us via our website sawtry-youth-project.org or via our Facebook page - [sawtry youth project](#). Thank you for your ongoing support with the project.

Sawtry Youth Project Committee



**ARE YOU UP FOR A NEW CHALLENGE?
TWO TRUSTEE VACANCIES AVAILABLE**

Would you like to become more involved in your local community by helping to shape the work we do at CARESCO? Do you want to make a difference?

We are seeking two new members to our board of trustees. We are looking for individuals who are willing to give their time voluntarily to help progress the work we do.

The board meet seven times a year usually on an evening. Trustees also provide ongoing hands on support, sit on sub-committees and make management decisions. This could be finance, governance, human resources, marketing or fundraising.

Our current trustees are a mix of employed and retired local people with a wide range of different skills, experience and perspectives.

CARESCO covers the area of Sawtry and the surrounding villages providing two day centres for the elderly, a friendly lunch club, our charity shop, community Printshop and produce the Sawtry Eye, run a coffee shop, a social music group, our carers support sessions, a befriending scheme, autism support, Christmas Day party, foodbank and supports the Sawtry car scheme. We are also hoping to open a Man Shed in Sawtry.

**Please contact Miranda on 07751 798287 or 01487 832105 or
Email: volunteer@caresco.org.uk to apply or find out more.**

SAWTRY INFANT SCHOOL NEWS

We are really looking forward to this academic year. Our Year 1 and 2 children have quickly settled back into school life and are enjoying getting to know their new teachers and rekindling their friendships.



It was all go onsite this summer. Our three Reception classrooms were given an overhaul with fresh new windows, cloakrooms, flooring, lighting and doors. There was a slight delay with things at the start of term, meaning the workmen were still in, building 'snagging' was being done and boxes were being emptied - but it all looked fantastic in time for our new little ones to start their school journey.

We guarantee that this term will be jam packed with fabulous learning experiences for the children and adults alike. News of what we have been up to will be in the next edition of the Sawtry Eye, but until then our families can keep up to date with what we get up to via our website or Facebook page.

As ever, please do not hesitate to contact us using the details shown below.

With best wishes from everyone at the Infant School.

Email: office@sawtry-inf.cambs.sch.uk Telephone: 01487 830678



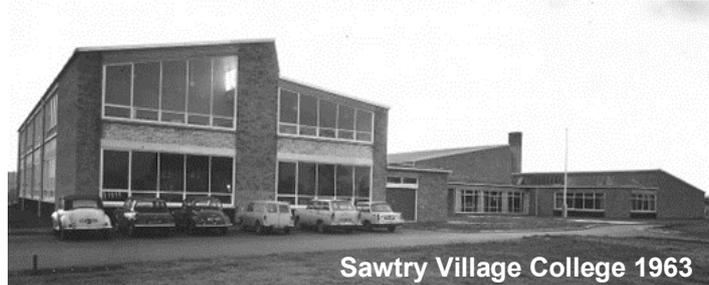
SAWTRY HISTORY THEN & NOW

Our ongoing series on the stories behind old buildings which can still be seen around the area today

Sawtry, 'Life in the 60s'

Do you remember Sawtry in the 60's? What pubs were open? What shops did you go in? Where did you go to school?

The Royal Oak (George & Irene Beaumont), Chequers Inn (Kate and Syd Cooper), the Bell Inn (William & Pamela Palmer), and Oddfellows Arms (Frank Warren) were the places to go to for a pint, but watch out for John Geeson who was the village Policeman.



Sawtry Village College 1963

'The Hut' was originally called the *Ex-Servicemen's Institute* and originally erected in memory of the men lost in the 1st World War. When it got the alcohol licence in 1964 it was changed to the *Ex-Service & Working Men's Club*. A film show could be viewed every Wednesday in The Hut.

You could get your sweets from the shop on the corner of High Street and Church Street, bread from Newton's the bakers and everything possible from Audrey Wright in Church Street or Hoskins General Store. Hunting's the butcher for all your meat, was sited where Greenways now stands, the Post Office moved to Green End Road in 1966 and who remembers Tippy Colbert from the Cycle Shop? This was run by Charlie Colbert (a former POW from the Sawtry Prisoner Camp previously called Werner Karl Kucheinbecker).

Infants and Juniors would go to school in the old Land Army Hostel, (now Cotton Close) and Seniors would attend what is now the Old School Hall until 1963 on the opening of the Sawtry Village College. Infants and Juniors then moved into the Old School Hall until the current schools were built. A swimming pool for the College was dug out by local residents and became a popular venue. Dances were held at the College and theatrical plays were performed by Glatton Players.

Sawtry had Football and Cricket teams and there was always the W.I. as now.

The main sewerage was laid in 1963 a much welcome utility. The village started to expand in 1969, the population figures in early 1960 was just short of 1,000. You could catch a bus (the 151) on the old A1 for Peterborough, Huntingdon or Cambridge, alternatively the service 315 came through the village for Peterborough or Huntingdon.

What do you remember???

Sheila Tibbs & Alan Bottell

For more information and pictures, please visit the Sawtry Community Archive website at <http://sawtry.ccan.co.uk/>

SAWTRY JUNIOR ACADEMY NEWS



It has been a busy summer at Sawtry Junior Academy. Our National Lottery funded holiday club led by Jack Hubbard from *Finding Fitness* was a popular success and gave the children an opportunity to try new sports. We also had some internal improvements with new lighting, fantastic lockers for our children in years 3 and 4 and repainting of corridors and the hall. Our beautiful parquet floor has also been restored to its former glory. Improved surroundings have a direct and positive impact on academic attainment and morale.

The children have returned to school looking very smart in their new uniforms and eager to get started on new routines and topics. This term is going to be another busy one, with teachers already planning trips. We will also be holding a Harvest celebration and sending our donations to the Sawtry Foodbank.

Our extra-curricular clubs and activities are also continuing to run. We are delighted to announce that our choir has been invited to perform with the RAF Wyton band at their Christmas concert this year (see details on the front cover). We are also intending to return to the O2 for the Young Voices concert.

It is now almost a year since we converted to an Academy and during this time, we have benefitted greatly from the support from CMAT, in particular the other CMAT Primaries and Sawtry Village Academy with whom we have formed strong links. This year we are excited to be part of an Arts project running across the trust and which will involve our pupils.

Our SATs results in 2016 were improved greatly in all subjects and we are expecting this to continue in 2017-18. We are looking forward to an exciting year ahead.

Sarah Flack, Principal

Email: office@sawtry-jun.cambs.sch.uk

Telephone: 01487 830204

www.sawtryjunioracademy.org.uk

AN EYE ON NATURE



Our most popular animal in the UK is in crisis. Hedgehogs are continuing to decline at an unstoppable rate. There may be as few as a million of them in Britain today, down from a population of 30 million in the 1950's.

Hedgehogs have been around for a very long time and were living in our woods long before humans arrived. They have survived against all odds, against the elements, predators and habitat loss, but are now fighting a losing battle. Many are still being poisoned by slug pellets, run over, hit by hedge-trimmer's and burnt in autumn bonfires where they seek shelter.

Being aware of their plight is half the battle and changing things to improve the lot of our hedgehogs can be simple. Our world is becoming increasingly hostile for them, so here are a few garden tips:

- Access to lots of gardens is key to good foraging, so try and link your garden with the neighbours by hog friendly fencing. Make a small underpass.
- Quiet undisturbed areas under shrubs and a woodpile always helps, but not too tidy
- Please **do not** feed them milk and bread it makes them very ill. In summer put out a bowl of water and in early autumn extra food (dog or cat food).

This edition of Sawtry Eye will arrive at a critical time for our prickly friends. Hopefully youngsters will have found enough food to reach hibernation weight, but if not make sure you give them that extra food. If by the first frosts they are still too small and out in the day they will need rescuing. The lists of contacts who can advise and help are as follows:

- www.britishhedgehogs.org.uk
- Cambridgeshire Wildlife Care, Haddenham, 07977 320 320
- Shepreth Hedgehog Hospital, 07505 651 968, (Tasha) tashaennew@googlemail.com

Please help turn the tide and halt the decline of our favourite animal.

Martin Baker

The views expressed in this article are solely those of the author

**For more information on our local wildlife, contact the Wildlife Trust:
Phone 01954 713543 or visit www.wildlifebcn.org**



SAWTRY VILLAGE ACADEMY NEWS

We are celebrating continuing excellent academic success!



Sawtry Village
Academy

A-level results - We achieved the coveted 100% pass rate in line with our 2016 results, but this year 57% of students achieved A*-B, which is a 12% increase on 2016. A*-C grades also rose to 83%, 9% higher than in 2016. This places SV among the top performing sixth forms in Huntingdonshire.

Additionally, the Level 3 Diploma in Childcare and Education had another extremely successful set of results with 75% A*-B and 100% A*-C. Praise also goes out to students that took the BTEC Applied Medical Science Course, who all attained two A* grades.

The majority of our A Level students have secured their first choice of university with many others securing employment or Apprenticeships.

GCSE results - We achieved another strong set of results with 68% of students achieving 4-9 in both English and Maths, the equivalent of A*-C, which is a 3% increase on 2016, despite the more difficult examinations. 81% of students achieved a grade 4 or higher in English and 72% in Mathematics. Over 10% of entries across all subjects were graded 9 or 8 (A* equivalent) and 24% entries were graded 7 (A equivalent), or above.

The science department has continued to improve with 65% of students achieving 2 or more C grades or above in two sciences. In Biology, Chemistry and Physics 100% of students achieved C grades or higher.

Congratulations to all! These results, which show continued improvement over the past three years, have not only exceeded our predictions, but also reflect the hard work and dedication of students and staff. We wish all our students the very best in their future endeavours.

Please visit our Facebook page or website www.sawtryva.org to find more detailed information. You can also follow us on Twitter @Sawtryva.

Sarah Wilson, Principal

For more information, please contact the Academy at:

**Fen Lane, Sawtry,
Cambridgeshire, PE28 5TQ
T: 01487 830701; F: 01487 831679
Email enquiries@sawtrycc.org
Or visit www.sawtryva.org**

NEWS FROM SAWTRY LIBRARY

Summer Reading Challenge 2017 - Animal Agents

Congratulations to everyone who took part in and completed this year's Summer Reading Challenge! We had 88 children sign up for the challenge and 38 finished it. The presentation took place on 12 September and was a great success!



National Libraries Week

To celebrate National Libraries Week this year we are having a cake display and quiz running in the library from 9 - 14 October.

Family Learning Week

Join us on Saturday 28 October and come and make your own time capsule in the library from 10.00-12.00. This is a free drop-in event for all ages.

Yaxley Arts Alive

As part of our Arts Alive programme Yaxley library will be running some wonderful shows over the next year. Our Autumn season is as follows:

- **Daddy's Diaries** will be on 20 October at 7pm – Tickets are £7 for adults and £4.00 for concessions
- **Jack and the Beans Talk** will be on 25 October at 2pm - Tickets are £7 for adults and £4.00 for concessions.

For more details on these events, please pick up a brochure in your local library.

Opening Hours for Sawtry Library

Monday	Closed
Tuesday	3pm - 7pm
Wednesday	10am - 1pm and 2pm - 5pm
Thursday	Closed
Friday	3pm - 5pm
Saturday	9.30am - 12.30pm



To renew or request books: www.cambridgeshire.gov.uk/Library
Enquiries: 0345 045 5225

For further details about any of our events listed here please see a member of staff.

Paul Smith, District Library Assistant, Huntingdon, Yaxley and Sawtry Libraries



SAWTRY FOODBANK GOES INDEPENDENT

Feeding local people in crisis

After two and a half years of operation, Sawtry Foodbank has become independent from Godmanchester Foodbank and will now run under the CARESCO umbrella as a partnership with the Sawtry Churches. The changes will mostly be in the background as the need for this service, session times, collection baskets and requested foods will remain the same.

We continue to need donations of basic dried and tinned foods to make up food parcels which can then be given out to anyone who presents a voucher. Please leave your donations in one of our collection baskets at any of the churches, the CARESCO Charity Shop, Glatton Village Hall, Best One, Sawtry Co-op Foodstore or the CARESCO Centre. Thank you to everyone who has donated in the past, sadly the need for this emergency support service is now well proven in our own community.

Over a dozen local agencies are working with us and able to give out a voucher to anyone they consider is in urgent need for an emergency food parcel, which contains food for three days. These are designed to get people through a crisis point until other support can be found.

Thank you to everyone who continues to support the Foodbank with donations of food, money or time to help local people. Thanks also to the local businesses and community organisations who have also offered their support, especially through organised collections such as the recent Harvest Festivals. They will help us to help others through the Winter to come.

❖
**** Please note: From now until early December, we will also welcome donations of Christmas foods to make up hampers and enable those without to also celebrate. Please ensure that use by dates are well beyond the big day. ****
❖

Sawtry Foodbank is open from 3.30 - 5.30pm on Tuesdays and Fridays in the CARESCO Centre, for anyone in receipt of a voucher from one of our supporting agencies, or for donations of food. For more information, please contact the CARESCO office on 01487 832105 between 9 & 12 noon, or phone the Foodbank Team during session times on 07743 593863.



SAWTRY CARNIVAL

Sawtry Carnival Court have had a wonderful summer attending carnivals and events across the region proudly supporting Sawtry and being a part of the Carnival Court Community. We are very proud to have won several prizes over the season including 'Best Court' at both Kettering and Irthingborough.



We will be looking for a new Carnival Queen, Princesses and Rosebud to lead the parade on Carnival Day next year and represent Sawtry across the region too! The Selection and Crowning Evening for the 2018 Court is to be held at Sawtry Club early next year- details to follow.

I am also happy to announce that the date has been set and planning is already underway for the 2018 Sawtry Carnival:

**** The 2018 Carnival will be held on Saturday 9 June ****

If you wish to take part with a stall, to perform in our arena, join the parade or try out for the Court, please email or call for further information and look out for Carnival updates in the next Sawtry Eye and on Facebook!

Looking forward to another fabulous, family fun-filled day on 9 June.

**For all enquiries and further information; please contact us via:
sawtrycommittee@gmail.com or sawtrycarnivalcourt@gmail.com
Or call 07799 062276**

Julia, Chairman, Sawtry Carnival Committee



THE VINTAGE CLUB

Calling all those in our community who are looking to socialise but may not have the means or are not able to get out and about by themselves to join us for a free lunch. Over the next few weeks, we at the Vintage Club are offering this to the members of our community. All you have to do is to ring the office on 01487 832105 and book

your space on a Wednesday or Thursday. Along with the lunch you can also join the rest of our members in their daily activities if you would like to, the choice is yours!

If you enjoy the friendship, you may wish to join us on a more permanent basis. We are a very relaxed group and offer all kinds of activities. As the Autumn and Winter approaches what could be nicer than a home cooked meal and convivial company?

Our entertainment programme continues to edge closer to Christmas with only two trips remaining for this year. On Thursday 2 November, we are going to Waterside Garden Centre for lunch and some pre-Christmas shopping and on Thursday 21 December, we will be enjoying a fabulous lunch at the Dolphin in St Ives. This is always very popular with our members.

Since the last edition of the Sawtry Eye we have enjoyed a BBQ cooked by Helen, which our members appreciated, the day was fine so some of us, in true BBQ style, ate outside. We also loved having fish and chips from Rumbles followed by ice cream sundaes. On 7 September, we enjoyed a visit to the Raptor foundation. A flying display was followed by lunch and a visit to the gift shop. It was a lovely day and the weather stayed fine for us too!

Our next fundraiser will see the return of our popular Quiz Supper on Saturday 7 October, see page 11 for details.

If you would like any further information on our club or would like to give us a try and come for a free lunch please feel free to contact Vicki or Gill.

Vicki and Gill, Vintage Club Managers

You can find the Vintage Club at the CARESCO Centre, off Green End Road, Sawtry PE28 5UX on Wednesdays and Thursdays from 9.30am until 2.30pm, email us at vintageclub@caresco.org.uk or call the office on 01487 832105



SAWTRY CHORALE

The Chorale is now back in full swing, rehearsing hard for the busy festive season. We are looking forward to performing for you again and our Christmas programme will include a familiar mix of popular seasonal songs, both religious and less so. There will be a few opportunities for audience participation, and as before, individual contributions from choir members, both sung and declaimed.

We already have a concert confirmed for Friday 1 December at St Bartholomew, Great Stukeley. Further dates to follow.

We are always looking for new members (particularly men), so if you would like to sing with us please contact 07745 618364 or come along to rehearsal – Wednesdays 7.45pm in the Methodist Church Hall, Green End Road, Sawtry. You don't need to read music, just like to sing.

David Campbell

WELLSIDE SURGERY NEWS



Annual Flu Clinic

Our annual flu clinic is scheduled to take place on Saturday 14 October subject to any alteration to our booked delivery dates. Should it be necessary to alter the date we will publicise this within the surgery and on our website. Patients falling within the following at risk categories will be entitled to the vaccination:

- Aged 65 or above (including those becoming age 65 by 31.03.18)
- Chronic respiratory disease, such as severe asthma, COPD or bronchitis
- Chronic heart disease
- Chronic renal disease at stage 3, 4 or 5
- Chronic liver disease
- Chronic neurological disease
- Patients who are morbidly obese – ie. BMI of 40 or above.
- Diabetes
- Patients who are immunosuppressed
- Patients who have a splenic dysfunction
- Patients who are at any stage of pregnancy
- Patients living in long-stay residential care homes
- If you receive a carer's allowance, or if you are the main carer for an elderly or disabled person whose welfare would be at risk if you were taken ill.

<u>Surnames beginning with</u>	<u>Please attend</u>
T - Z	9am - 9.45am
N - S	9.45am - 10.30am
G - M	10.30am – 11.15am
A - F	11.15am - 12pm

Flu vaccination appointments with our Practice Nursing Team will be available as of Monday 23 October for patients who are unable to attend the flu clinic. If you wish to book one of these appointments please contact our Reception Team on 01487 830340.

We will also be participating in the national programme to offer the flu vaccination to all children who will be aged 2 or 3 on 31 August 2017. We will be writing to invite this group of patients to attend in due course.

Emergency Care Practitioner

I am very pleased to be able to announce that Jon Haslam will be joining the Practice on Monday 9 October. Jon's role will support the existing clinical team with the provision of a wide range of services to include: minor illness consultations, acute/emergency appointments and home visits.

With the expansion of our clinical team it will be really important for us to ensure that you are given an appointment with the appropriate team member. When you call to make an appointment our receptionists will ask you for some brief information about the nature of your problem. This will help us to ensure that we book you an appointment with the most appropriate person.

Repeat Prescription Requests

Please be aware that if you require an item of medication which you have not requested for some time, this may require a discussion with a member of our GP team before the item can be provided.

Mrs Claire Wright, Practice Manager

Wellside Surgery, Sawtry, Tel: 01487 830340

GOING GREEN

We have recently been driving west on the A14 a lot to visit family and have loved seeing all those wind turbines as we passed Kettering. They are so elegant and we find it quite therapeutic watching them slowing turn in the wind, especially knowing that they are creating green energy in the process. Although there have been turbines around for many years now, the technology is coming on in leaps and bounds making them far more efficient and cheaper than ever before.

Not many of us realise that our energy is subsidised, but it is. The new Hinkley Point C nuclear plant has secured subsidies of £92.50 per megawatt hour. However, there was much excitement recently when it was announced that the next proposed offshore wind farms will have a subsidy of just £57.50 per megawatt hour, making it significantly cheaper for the first time. We only have to go back to 2015 when comparable subsidies were around the £115 mark. These subsidies are paid from a levy on consumer bills and will run for 15 years - unlike nuclear subsidies for Hinkley C which will run for 35 years.

Bigger turbines, higher voltage cables and lower cost foundations, as well as growth in the UK supply chain and the downturn in the oil and gas industry have all contributed to falling prices.

Of course, the wind is not always blowing, so other forms of energy generation and ways of storing the excess energy generated until it is required are needed, but these are also being developed and becoming more economically viable. Along with three offshore wind farm projects, biomass and energy from waste plants also recently secured subsidies for low-carbon energy, with a total of 11 successful schemes in the latest auction.

With the right support and investment, we can anticipate a time when our little island will be able to rely almost entirely on renewable energy and with the upcoming change over to electric cars, the world will soon look a rather different place and our carbon emissions will be significantly reduced, which is the aim after all. So, next time you are driving along the A14 enjoy the view of the future!



Eco Apprentice

BECOMING A COURT APPOINTED DEPUTY

In the absence of a Lasting Power of Attorney or Enduring Power of Attorney, no one can make decisions relating to the assets or wellbeing of a mentally incapable person until a Deputy is appointed by the Court of Protection.

A Property & Financial Affairs Deputy will usually be needed unless the mentally incapable person has no property or savings, in which case someone can become their 'appointee' to deal with their DWP benefits.

Healthcare professionals can make health and welfare decisions in the best interests of a mentally incapable person, and so a Health & Welfare Deputy is unlikely to be appointed by the Court unless the decision is difficult or complex, or someone disagrees with a course of action, or the person needs ongoing help with decisions.

To apply to be a Deputy, the Court needs a great deal of information about the mentally incapable person, to include an assessment of mental capacity, and the proposed Deputy. Once the Court has received the application, the timeframe for them to deal with it depends on a number of factors, including the workload of the Court which often experiences significant delays. The appointment of a Deputy can take from six months to a year to complete.

Signing a Lasting Power of Attorney in advance of becoming mentally incapable avoids the need to deal with the Court at all.

For more information, please contact Paul Belliere-Wilson on 01780 484531 or alternatively visit www.buckles-law.co.uk.

SAWTRY SMALL BUSINESS

PARTNERSHIP

SAWTRY SMALL BUSINESS PARTNERSHIP

The Sawtry Small Business Partnership would like to invite all types of business people to find out more about who we are as group. As a 50 member strong organisation, we offer the community trusted local trades and services.

If you work from home full-time or part-time, you are as welcome as are all established businesses on the industrial estates and shops, etc.

We are non-for profit and membership is only £60.00 a year. True value for money!

For further information, email Ralph at ralph.maloney@ssbpartnership.org or call 01487 832683

CARESCO CHARITY SHOP

Thank you to everyone who has been donating items to us for resale. We really appreciate your support which goes towards funding our work in our community.



Did you know, if you are a UK tax payer, we could make your donations go even further if you Gift Aid them? All you need to do is to complete a declaration form next time you are in the shop, and we will do the rest.



SAWTRY HISTORY SOCIETY

The July meeting was titled *A Hundred Years of Maps & Surveys* presented by Liz Carter of the Huntingdonshire History Society. This was full of interesting information on finding old maps of the local area online. The national maps of Scotland are the most detailed & easy to see maps of the whole country, and they are all free!

As usual there was no meeting in August.

Future meetings:

Thursday 19 October
Women & the Home Guard
Presented by Ruth Kerse

Thursday 16 November
Afternoon Tea in the Trenches

Presented by Annie James of the Huntingdonshire Family History Society

The History Society meets on the third Thursday of the month in the WI Hall, Gidding Road, Sawtry at 7:30. Visitors always welcome, entrance is £2.00 by donation.

For info call Chris Merton 01487 831441



SAWTRY SHOW 2017

Saturday 9 September saw the 13th Sawtry Show held in the Village Academy.

I hope everyone who came on the day had a good time. It appears that it is the event of the year for everyone to get together for a chat over a cup of tea and to see what talent there is in the village. The awards were presented by John Garner, former Parish Councillor, District Councillor, Headmaster of Sawtry Junior School, and currently President of CARESCO.

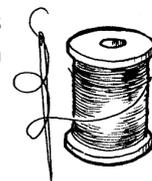
The winners were:

The Photography Trophy:	Janet Spencer
The Chandler Cup for Arts and Crafts:	Pat Edwards
Flowers, Plants and Flower Arranging:	Rosie Darby
The Cooper Shield for Vegetable and Fruit:	Janet Spencer
The Wines and Beers Cup:	John Rose
The Barry Lovell Cup for Cookery and Preserves:	Anke Chandler
The Arthur Golder Shield for Best Overall Entry:	Carolyn Watts
The Overall Junior Points Winner:	Annabel Rhodes
The Overall Points winner Cup:	Janet Spencer
Sawtry Village Academy Student Points Winner:	Emily Rhodes
Sawtry Village Academy Student Best Entry:	Alex Bolton

As I have served my three years as Chairman, I would like to thank everyone who has helped with the organisation and running of the Show during that time. As with all these events, it seems a nightmare in the days running up to it, but everyone knows what to do on the day, and it all comes right in the end.

The Show cannot run without the Committee and we need new members if it is to continue to grow successfully. It is a rewarding job on the day, but obviously does need organising to be successful. If you feel you can spare a few hours and would like to help with this community event then please come to our next meeting on 26 October in the Old School Hall at 7.30pm when we will have a shakedown of this year's event and discuss what changes we can make for 2018. You don't have to be an expert in ANYTHING, just a wish to take part in village life. Come along and try us on for size.

If you would like more information on how you could help, please phone me on 01487 831281.



Barry Dupée, Show Chairman

TRUSTEES' WEEK: 13TH - 17TH NOVEMBER

What are trustees?

Trustees are the people in charge of a charity. They help to make the UK the sixth most giving country in the world. They play a vital role, volunteering their time and working together to make important decisions about the charity's work. Trustees' Week is an annual event to showcase the great work that trustees do and highlight opportunities for people from all walks of life to get involved and make a difference.



SAWTRY FEAST SUPPER

Following on from this year's Feast Supper it has been a quiet few months. We hope you all enjoyed this year's event, we have received very positive feedback especially regarding the entertainment which was enjoyed by all. I have now heard from Upwood Ukeles who also enjoyed playing and they would like me convey their thanks to all that attended. The donation collected on the night was an amazing £373.23 for Magpas.

It is with sadness that we heard that Dee Stratton, a long standing Committee Member of the Feast Supper, passed away in July. Dee was well known amongst everyone who attended the Supper. She loved delivering her invitations each year and seeing everyone, she also helped tremendously with fundraising for the Feast Supper and will be sorely missed by ourselves and all who attended on the night.

Our annual AGM is on Monday 9 October at 7.30pm at Sawtry Club followed by our Committee meeting. If anyone is interested in joining us we would welcome any new members, we are a very small committee.

Since the Carnival, we have been very fortunate to receive a donation from Sawtry Winemakers for which we are extremely grateful. We look forward to planning our Feast Supper for 2017.

Karen Leader, Secretary, Sawtry Feast Supper Club
karenleader@yahoo.co.uk / 01487 832645 or 07903 841708

REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year. In October & November we particularly remember:

OCTOBER

Lance Sergeant John William BINGHAM	29 October 1914	Holme
Private George Thomas HALL	18 October 1916	Conington
Private George Christopher BABBAGE	25 October 1916	Great Gidding
Lance Corporal John Robert ALLAN	31 October 1916	Sawtry
Private Percy WOODS	31 October 1916	Sawtry
Private Jim QUINCEY	2 October 1917	Holme
Private Arthur George COLES	9 October 1917	Hamerton
Private Christopher HARRISON	19 October 1917	Conington
Private Jesse WRIGHT	31 October 1917	Conington
Corporal George SYMONDS	8 October 1918	Holme
Private William HARRIS	21 October 1918	Holme
Private George Arthur GINNS	24 October 1918	Sawtry
Pilot Officer Henry John Hamley JONES	21 October 1943	Great Gidding

NOVEMBER

Rifleman Herbert SHARPE	14 November 1914	Holme
Private George Henry BOWLAND	14 November 1916	Sawtry
Private Herbert PARKER	3 November 1917	Sawtry
Private James JACKSON	22 November 1917	Sawtry
Private Walter James TURNER	8 November 1918	Old Weston
Lance Corporal Dennis Montague PETERS	9 November 1942	Sawtry
Lance Corporal James Walter QUICK	14 November 1942	Glatton
Private Leslie Benjamin FAVELL	1/2 November 1944	Old Weston



They shall grow not old as we that are left grow old
 Age shall not weary them, nor the years condemn.
 At the going down of the sun and in the morning
 We will remember them.



Sawtry Eye Oct - Nov 17

ALL SAINTS' PARISH CHURCH

Church Causeway, Sawtry, PE28 5TD

www.allsaintssawtry.org.uk

October		
1	8.00am	Holy Communion (BCP)
	10.30am	All Age Harvest Festival
2	9.30am	Morning Prayer
8	10.30am	Holy Communion (CW)
9	9.30am	Morning Prayer
15	10.30am	Morning Prayer
16	9.30am	Morning Prayer
22	10.30am	Morning Prayer
	6.00 pm	Holy Space
23	9.00am	Morning Prayer
29 <i>Bible Sunday</i>	10.30am	Joint service of Holy Communion with St Nicholas (at All Saints)
30	9.30am	Morning Prayer

November		
5 <i>All Saints Day</i>	8.00am	Holy Communion (BCP)
	10.30am	All Age Worship
	4.00pm	Service of Thanksgiving & Remembering
6	9.30am	Morning Prayer
12	10.45am	Remembrance Day
13	9.30am	Morning Prayer
19	4.30pm	Holy Communion
20	9.30am	Morning Prayer
26 <i>Christ the King</i>	10.30am	Holy Communion
	6.00pm	Holy Space



Every Monday - 'Morning Prayer'

A simple but rich service of about half an hour, which gets the week off to a good start. An opportunity to draw near to God, pray for our community, our friends and family, and ourselves. Please come and join us if you can. All are welcome every Monday at 9:30am at the Church, *except Bank Holidays*.

'Holy Space'

An informal contemporary service of worship, prayer and reflection, with time for laying on of hands and anointing. Every last Sunday of the month at 6:00pm at the Church.

Messy Church

Messy Church will meet on Saturday 21 October and Saturday 18 November, 4.30-6.30pm in church – but-not-as-you-know-it- for families of all sizes, shapes and ages. Come and enjoy being messy, with activities, celebration and a meal.



Discoverers & Seekers Clubs

Discoverers (years 3-6) will meet on Friday 20 October & 10 November, 6.30 - 7.30pm in Church.

Seekers will meet on Tuesday 17 October & 14 November, 7.45 – 9.00pm in Church. For more info on either of these groups, contact Ali Scott on 07506 411507 or 01487 832478.

Saturday Opening

All Saints Church is open every Saturday from 2.00 to 4.00pm, for an opportunity to enjoy a moment of peace and quiet, to pray, or share a cup of tea and a chat. A warm welcome awaits you.

FOR FURTHER DETAILS

Please contact either Priest-in-Charge Donald McFadyen, 01487 830215, donald.mcfadyen@me.com, with any general enquiries or enquiries about baptisms or weddings, if you would like a visit, you have any questions about the Christian faith, or would like to have prayers said for anyone.

The Churchwardens Mark Fellowes and Cheryl Elmer can be contacted at churchwarden@allsaintssawtry.org.uk.

ST NICHOLAS PARISH CHURCH
CHURCH ROAD, GLATTON

October		
1	9.00 am	Morning Prayer (BCP)
8	9.00 am	Holy Communion
12	10.30am	BCP Holy Communion St Nicholas Chapel
15	9.00 am	Morning Prayer (Common Worship)
22	9.00 am 6.00 pm	Holy Communion All Saints Holy Space
29	10.30 am	Shared Service at All Saints

November		
5	9.00 am	Morning Prayer (BCP)
12	9.00 am	Remembrance Service - Holy Communion
19	9.00 pm	Morning Prayer (Common Worship)
26	9.00 pm 6.00 pm	Holy Communion All Saints Holy Space



Christmas Fayre

Advance invitation is given to our Christmas Fayre on Saturday 2 December at 14:00

Tea and Cake

Come and join in the Tea Afternoon on Wednesday 18 October and 15 November in the Village Hall from 3 - 4.30pm. Find out what is happening at St Nicholas, chat with friends and meet new people.

**Communication should be to the church warden 01487 832401,
or Revd Dr Donald McFadyen 01487 830215**

See Glatton website for more information: www.glatton.org.uk

	<p>SAWTRY METHODIST CHURCH <i>Green End Road, Sawtry, PE28 5UX</i></p>	
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Minister: Rev Alan Taylor - Tel 01487 209457
alan@sawtrymethodist.org.uk

<p>Weekly Sunday Morning Worship at 10.30am</p>	
	<p>SPECIAL SERVICES</p> <p>Holy Communion 8 October - 10.30am Led by Rev Alan Taylor</p> <p>Holy Communion 5 November - 10.30am Led by Rev Alan Taylor</p>
	<p>Come and join us, all are welcome</p>

MONDAY UNITED FELLOWSHIP
Monthly on Mondays starting at 2.30pm - Open to all.
30 October & 28 November
Contact Joy Kisby for more information on 01733 566588

SATURDAY COFFEE MORNINGS
9.30 – 11am
All Welcome. Proceeds aid of Building Project Phase Two.

	<p>Christmas with The RAF Wyton Area Voluntary Band <i>Saturday 16 December at Sawtry Village Academy</i> <i>Doors open 7pm - Concert starts 7.30 prompt</i></p>	
	<p>Tickets £12 (under 16s £6) - includes Christmas present, tea/coffee and mince pie. Available from CARESCO Office. Tel: 01487 832105 - Email: office@caresco.org.uk</p>	<p>In aid of </p>



ST BENEDICT'S CATHOLIC COMMUNITY SAWTRY

Served by St Luke's R.C. Church Peterborough

In 1981 St Benedict's Catholic Community Sawtry was formed.

Mass is celebrated at the Women's Institute Hall, Gidding Road, Sawtry on Sunday Morning at 9.15am.

After Mass you are invited to stay to meet everyone and enjoy refreshments.

There is also a weekly Prayer Group and details of House Masses will be announced at the beginning of Sunday Mass.

Everyone is Welcome

We are a friendly proactive community involved in a number of events in Sawtry and the surrounding villages.

St Benedict's also works closely with the other Church communities in Sawtry.

If you wish to know more

Contact Tony – tony.stefanelli04@gmail.com - 01487 830680

For details of all services at St Benedict's and St. Luke's Peterborough check website

<http://www.saintlukesparish.org.uk>

Find us on:



LET'S GET THIS PARTY STARTED TO HELP BREAST CANCER PATIENTS!



Addenbrooke's Breast Cancer Appeal

In the UK, one person is diagnosed with breast cancer every 10 minutes. The good news is that here on your doorstep we are fortunate to have the Cambridge Breast Unit based at Addenbrooke's, providing excellence in care, treatment and research for patients.

The annual Addenbrooke's Breast Cancer Appeal, organised by Addenbrooke's Charitable Trust (ACT), asks people to host a party for family, friends, work colleagues or fellow students this October to help raise money to transform care for patients. Party suggestions include getting together for tea and cake, a prosecco party, office party or even a summer 'BooBieQ'.

To get involved and find out more, visit www.act4addenbrookes.org.uk/ABCappeal, or email fundraising@act4addenbrookes.org.uk or call 01223 349885.

DEMENTIA SERVICES IN PETERBOROUGH

Alzheimer's Society Peterborough provides services for people with dementia, their families and their carers.

Someone to talk to

You can phone during our opening hours to talk in confidence with a member of our Dementia Support Service. Alternatively come to one of our drop-in peer support groups: Mondays 2pm - 3.30pm for people with dementia and Wednesdays 10.30am - 12 noon for carers.

Dementia Advisers & Dementia Support Workers

Our Dementia Adviser provides individualised information and advice to people in the process of getting a diagnosis or after diagnosis of dementia. Our Dementia Support Workers give personalised information and support to people with dementia and their carers.

Dementia Cafés

Anyone who has dementia or is caring for a person with dementia is welcome to attend the Cafés which are held Thursday afternoons at selected venues. Each Café is staffed by our workers and volunteers.

The Carer Information and Support Programme (CrISP)

Our Carer Information Support Programme is a series of five workshops for carers and family members of people with dementia. This programme aims to offer information to inform and support the caring role.

Activity Groups

We offer a wide range of activity groups including Singing for the Brain, Knit & Knatter, Current Affairs, Cognitive Stimulation and Arts & Crafts. These services give people with dementia the chance to meet others in a relaxed setting.

We are open from 9am to 5pm, Monday to Friday. Please call us on 01733 893853 or visit the Alzheimer's Society, Dementia Resource Centre, 441 Lincoln Road, Millfield, Peterborough PE1 2PE (entrance via 5 York Road PE1 3BP). Email: peterborough@alzheimers.org.uk



NOT ALL TEA IS CREATED EQUAL

Tea is the most popular drink in the world after water – an estimated 70,000 cups are drunk every second. And yet despite this, the farmers and workers behind our daily brew struggle to get a fair deal. This can have a very real and human cost. Behind your brew, real people face low wages, discrimination and the hard choices living in poverty can bring.



Most tea is produced on large plantations or estates and picked by employed workers. It is also grown on small plots of land by smallholder farmers who sell their freshly-plucked green leaf to plantations or tea factories for processing into black tea.

In Africa, the average smallholder's farm is less than half the size of a football pitch. Tea farmers face the challenge of low and fluctuating prices for the green leaf they sell, and a lack of power in a tea supply chain dominated by large companies. On tea estates, the challenges for workers range from notoriously low wages, long working hours and a difficult relationship with estate management. And it is the management they depend on for basic needs such as housing, healthcare, access to water and even education for their children.

Both small farmer organisations owned and governed by the farmers themselves and tea plantations that comply with strict Fairtrade Standards for hired labour can become Fairtrade certified. Fairtrade Standards for tea include an origin-specific Fairtrade Minimum Price, which acts as a safety net against the unpredictable market, and payment of the additional Fairtrade Premium of US\$ 0.50/kg black tea, for producers to invest as they see fit. Examples include putting resources into better farming so they can earn more money for their crops, or it could be for education, clean water and clinics for the community.

Through Fairtrade, farmers and workers can improve their working conditions and learn how to improve the way they farm and manage their environment. They can make sure their children are fed and can go to school. Communities can invest in clean water and clinics, improving everyone's health.

So, however you make your cuppa, make sure it's Fairtrade!

Look for the FAIRTRADE Mark on your shopping. It's your guarantee that disadvantaged farmers and workers in the developing world are getting a better deal.

**For more information visit www.fairtrade.org.uk
or call the Fairtrade Foundation on 020 7402 5942**

CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Winter is upon us and as the colder months draw in, we begin using our fires, burners and chimneys once again to warm our homes. Chimney Fires continue to be a common occurrence in home fires in the winter months. We experience an average of 81 chimney fires a year in Cambridgeshire alone.

To ensure you keep your home safe from fire, follow our Top Tips below:

- Whatever fire you have or fuel you burn it is vitally important to have your chimney swept to avoid a build-up of ash and soot
- Avoid burning resinous woods (that quickly build up soot)
- Only burn fuels suitable for your burner (eg: never burn anything other than wood in a wood burner)
- Do not overload the grate/ appliance
- Do not bank fires too high and remember to let them burn out well before you go to bed
- Check the hearth, floor and furnishings near the fire for hot sparks/embers
- Do not place objects on or over the mantelpiece which cause you to stand too close to the fire
- Use a fire/spark guard to prevent accidental fires and make sure it has the kite mark or conforms to British/ European standards
- Inspect your chimneybreast, particularly the roof space. Make sure it is sound and sparks/fumes cannot escape through cracks or broken bricks
- For each slow burning period there should follow a quick burn to dry out unwanted tar/creosote deposits and to warm up the chimney again
- At the end of each burning season and at least once during the season the entire system should be cooled and thoroughly cleaned to maintain top performance.

Also ensure that Wood and Multi-Fuel burners are installed and regularly maintained by a qualified and competent engineer. You can refer to www.solidfuel.co.uk for further advice and information.

Most importantly, ALWAYS fit a smoke alarm that carries the kite mark or British Standard Number 5446 – test your alarm weekly by pressing the test button and know the life of your battery.

ALWAYS also install a Carbon Monoxide (CO) alarm in the room where the burner is installed.

For more information log on to www.cambsfire.gov.uk, follow us on social media or call 01480 444500.

For the latest news, incidents and safety advice, or to contact us, log on to www.cambsfire.gov.uk. Sign up to email alerts and find us on Twitter, Instagram, YouTube and Facebook.



CAMBRIDGESHIRE
FIRE & RESCUE SERVICE
Working together to improve community safety

ROTARY CLUB OF PETERBOROUGH ORTONS

Rotary is a worldwide organisation, and as well as helping people in trouble, such as after disasters, or who are vulnerable, we can also help make positive change. One way we do this is through Youth Exchange, by facilitating exchanges and by organising camps to enable young people to learn about the world and themselves.

Amaan, who is sixteen, went to Egypt this summer to an international camp studying Egyptology. All the young participants were guided and cared for by Rotarians from Cairo, and they went to a Rotary meeting. As well as visiting and learning about the pyramids, Aswan and Luxor, all the students gave a talk to the rest about themselves and where they came from. Given the fact that the camps usually have just one participant from any country, you can imagine how much they all learned about the world and each other!

Not many people – of any age – have the chance to share an intense experience with people from all over the world. The learning that takes place, listening to and understanding others and appreciating how others live is just as important as the “formal” subject matter of the camp. Can it help bring about a more peaceful world? We hope so.

If you are interested in Rotary, phone 07812 749 500, or look at our website at www.ortonsrotary.org, or try our Facebook page <http://tinyurl.com/OurRotaryClub>



QUESTIONS FOR THE GARDENER

Is this a good time to plant out hardy cyclamens?

Cyclamen (from the Greek *kyklamos* or, *kyklos* ie circle-form or circular) refers to its spiralling of the *peduncle* or the main flowering stalk of the plant. Cyclamens have been known since at least Plato's time and probably before. Cyclamen tubers were used in ancient antiquity for medicine, curing anything from boils to skin rashes etc.

The two most well-known hardy *Cyclamens spp* (*C. hederifolium* and *C. coum*) were introduced here in the late 16th century but the plant was more fashionable in the Victorian era when *C. persicum* or the tender florist's cyclamen was bred to produce much larger varieties with bigger bolder flowering displays for the Victorian conservatory or garden room.

Yes this is a good time to plant hardy cyclamens but try to purchase pot grown plants ie ones in full growth if you can, because the plants will establish themselves much better than dried corms and because you can actually see where you are planting them and where they will come up again in the following years. Two *Spp. C. hederifolium & C. coum* are the hardiest & easiest ones to grow. Plant them out en masse, say under large trees eg beech and oaks etc, some will even take to growing under large evergreen shrubs especially where the lower branches are lifted up or are removed altogether. Otherwise find an aspect well sheltered from extreme winter weather & frost exposure or another semi-shaded site with moisture retentive but well drained soil, “think woodland”.

NB The two species mentioned hate being grown on heavy, badly drained or on very dry soils especially in full sun, there are however other cyclamens that will take these aspects but these are only semi-hardy.

Good Gardening
The Gardener



Wildlife Trust – Huntingdonshire Local Group

www.wildlifetrust-huntsareagroup.org.uk/

Gardening with Wildlife in Mind

Wednesday 11 October at 7.30pm

Iain Webb, the Cambridge Community Conservation Officer for the Wildlife Trusts, will explain how small changes that we can make in our private gardens can make a really big difference in the conservation of our native species. Whether it is by planting the best nectar producing plants or simply by hanging out nuts and seeds for birds and providing bird baths, we can all help!

Wild Sri Lanka: the Pearl of the Indian Ocean

Wednesday 8 November at 7.30pm

Jo Thomas invites us to discover the Island's rich biodiversity, from the Sri Lankan blue magpies in the verdant tropical forests to the blue whales off the scenic coastline where turtles also breed. Jo is the Director of Wild About Travel and she has travelled extensively, particularly across India, for 25 years

Our meetings are held at at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB and anyone interested in wildlife is most welcome to attend. Booking is not necessary. Entrance charge £2.50 (accompanied children free). Please contact Tim on 01480 457795 for more information.

For more information please contact Tim on 01480 457795. Everyone is most welcome to attend. There is no charge, but donations are welcome.

Registered Charity No: 1000412

CAMBRIDGESHIRE ADVANCED DRIVERS AND RIDERS

Changing attitudes by education

www.cadar.org.uk

Can you stop before you hit the vehicle in front?

The important thing to understand about deceleration (i.e. braking) is that the process is not constant. You might think that a car travelling at 60mph would shed a larger proportion of its speed at the onset of braking. The opposite is true.

Over a total stopping distance of (say) 40 metres over half the speed is wiped off in the last 10 metres. It takes 30 metres to get from 60mph to 30mph; just 10 metres to get from 30mph to zero.

You are on a motorway travelling at 70mph, then you remember the chocolate bar that you hid in the glove box and go for the grab. When you look up there is a sea of brake lights across all three lanes. In the second that passed the traffic has slowed to 50mph. By the time you react they are doing 30mph with a rate of deceleration a lot faster than yours. You can't match them, so unless you have the clear distance between you and the vehicle in front, you find yourself at the wrong end of the braking curve and about to collide with the vehicle in front.

A vehicle builds up kinetic energy by a factor of its weight multiplied by the square of its speed, and as a result the braking distance increases exponentially (this is one of Sir Isaac Newton's laws of physics). So, if you double the speed, you quadruple the braking distance; and a Fiat Cinquecento moving at 40mph hits with the same energy as a Juggernaut doing 10mph.

CADAR's mission is to promote safer driving and riding.

Contact us by email at info@cadar.org.uk or visit our website at www.cadar.org.uk for further details.

This issue's top tips:

- In dry conditions allow a minimum of 2 seconds between you and the vehicle in front and at least double in the wet.
- Maximise grip with the road surface by having your tyres at the correct pressure and with a good depth of tread.



SAWTRY FOOTBALL CLUB

An F.A. Charter Standard Club

Sawtry FC are running two teams this season, both teams playing in the Peterborough and District Football League. They are Sawtry First Team, sponsored by APPS UK Ltd. and playing in the Premier Division and Sawtry Reserves, sponsored by The Bell PH and playing in Division 2. Both teams play their home games at Greenfield, Sawtry, kick off at 2pm on Saturdays. Please come down and show your support.

Recent Results

August 05	League Premier Division	Deeping Rangers Res	0 - 3	Sawtry FC
08	League Premier Division	Sawtry FC	5 - 2	Warboys Town FC
12	League Premier Division	Langtoft Utd	1 - 10	Sawtry FC
15	League Premier Division	Sawtry FC	1 - 3	Netherton Utd FC
19	League Premier Division	P'boro Sports Res	3 - 2	Sawtry FC
	League Division 2	Stamford Lions Res	9 - 0	Sawtry Res
22	League Premier Division	Sawtry FC	1 - 2	AFC Stanground Sports
26	League Premier Division	Holbeach Utd Res	2 - 1	Sawtry FC
29	League Premier Division	Sawtry FC	A - A Poor light	P'boro ICA Sports FC
Sept 02	League Premier Division	Moulton Harrox FC	4 - 3	Sawtry FC
	League Division 2	Sawtry Res	0 - 9	Spalding Utd Res
09	President's Shield	Deeping Rangers Res	7 - 2	Sawtry FC

Sawtry FC would like to thank their sponsors and supporters, DV Maintenance, SRD Spirotech, Bradgate Groundcare, East Anglian Galvanising, Happy K9, B S Graves Electrical Ltd., Catalyst Design Partnership, Travis Perkins, Sawtry Youth Project and CARESCO.

If you or anyone you know would like to play or volunteer to help on match days please contact the Secretary on 07939258032

DRAGON YOGA & MARTIAL ARTS ACADEMY

Custom-built studio at 11 Ashdale Close, Sawtry. 07585 950923. markad@btinternet.com
Yoga, Qigong, Feng Shui, Meditation, Karate, Kickboxing, Weapons, Self-defence

Events and Local Seminars:-

- 21 October Martial Arts Seminar – Sawtry
- 12 November Martial Arts Seminar – Sawtry

Classes:

- Tuesdays 9am, Meditation Class - NEW
- Tuesdays 9.30am, Yoga & Qigong (Suitable for OAPs) - NEW
- Saturdays 3pm, Yoga & Qigong (Suitable for OAPs)
- Saturdays 4pm, Yoga & Qigong (Suitable for OAPs)
- Saturdays 5pm, Martial Arts
- Sundays 9am, Martial Arts
- Sundays 10am, Yoga & Qigong (Suitable for OAPs)
- Sundays 11am, Family Yoga & Fun Self-defence



Recent Promotions: Andy Brock

Instructor - Grandmaster Mark Adlington, 9th Dan

Facebook under "Sawtry Martial Arts" & "Sawtry Yoga"

SAWTRY AND DISTRICT BOWLING CLUB

Another bowls season has come to an end and a mixed season it has been, with good success for the Club, but maybe it could have been better.

As previously reported, Toby Furzeland, Karen Leader, Maddy Leader, Matt Nickerson, Sam Nickerson and Kevin Bowers were all runners up in their respective County Competitions earlier in the year – 8 in total. Brad Herbert made it 9 recently in the Hunts EBA Under 18's

Club wise, our teams were also Runners Up in the Durham Trophy; Hunts League Triples, and Tatman Cup. However, we did win the Dilley Cup. Our Over 60's B team also won promotion in their league, as did our Men's B Team who are promoted as Champions. Well done to everyone involved.

Our Club competition finals took place in September, the winners of each competition were:

Men's 4 Wood Singles	Matt Nickerson
Ladies' 4 Wood Singles	Nicki Mason
Men's 2 Wood Singles	Iain Hamilton
Ladies' 2 Wood Singles	Maddy Leader
Over 60's Singles	Tony Burnham
U18's Singles	Maddy Leader
Carpet Bowls Singles	Khloe Howett

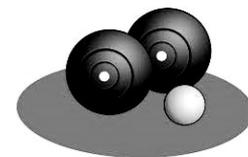
Non-winner's Singles	Garry Goodes
Handicap Singles	Tony Burnham
Chosen Pairs	Maddy and Karen Leader
Mixed Pairs	Karen Leader and Kevin Bowers
Husband and Wife	Doug and Maureen Urwin
Club Pairs	Nicki Mason and Bernie Shannon
Triples	Pete Tomsett, Dorothy Binge and Brian Garratt

Well done to all the winners, and commiserations to the runners-up. It's great to see a number of new names on the trophies this year.

Some members and invited guests also recently took part in the second charity game in memory of a dear member, Sue Rayson. We raised £550 which will go to the Arthur Rank Hospice. It was a day enjoyed by all that attended in great weather.

Upcoming events:

- Saturday 28 October – Quiz Night (not 21st as previously advertised)
- Saturday 11 November – Presentation Night
- Friday 17 November – AGM
- Saturday 2 December – Christmas Bingo
- Sunday 10 December – Christmas Lunch



My personal thanks to everyone for their efforts this year. We look forward to seeing members at our out of season events, and hope everyone has a good winter.

Any Queries contact - Club Secretary Kevin Bowers - Tel No 01487 832854

You can also find us on our Facebook Page (just search Sawtry and District Bowling Club), and our Website -

**<https://www.hugofox.com/community/sawtry-and-district-bowling-club-8948/about-us>
(or search for 'Sawtry and District Bowling Club').**



SAWTRY COLTS

Despite not having had a major football tournament over the Summer and missing out on seeing England lose on penalties to Portugal, or defeated by some thunder-clapping Vikings, it's seems to have been a very short break from football. Maybe it's been something to do with the weather and the summer that never quite happened, despite the now customary two weeks of sweltering weather before the kids break up from school.

Anyway, all that rain has meant the pitches of Greenfield are looking true to their name as the Colts sides ventured back to pre-season training - usually sessions of half a dozen players as the summer holiday period gets in the way and coaches have no idea how many players to expect each week and who will actually turn up. Then the schools go back and you hastily arrange a quick friendly for the next Saturday. The kids spend half the time catching up with their mates about their latest holiday romance and the other half trying to remember everyone's names, and that's just the Under 7s and then the season starts.

As mentioned we have an Under 7 (U7) team this year - big things are expected - two new young and keen coaches ready to impart all their knowledge onto their new team. Friendly matches have brought promising results, hopefully we'll be able to bring news of how they get on in their first competitive matches and see how they develop as a team over the years to come.

The U9 team suffered a sickness bug in the team so unfortunately had to cancel their first game, hopefully they will all be fighting fit soon. The observant readers amongst you will notice that there is no mention of an U8 team - that's because we don't currently have one! The U9s are instead an amalgam of U8 players (mostly) and U9 players. Attempts are being made to try and find a few more U9 aged players (so that's in Year 4 at school now if in any doubt) to hopefully try and have an U8 and U9 team in the very near future. If there are any boys or girls in Year 4 who want to give football a go then please get in touch as your village needs you.

The U10s had a slow start to the season losing to Whittlesey when it took them the best part of 30 minutes before they started showing what they are capable of. Hopefully they will pick up where they left off in their next match when they play host to Fenstanton.

The U12 Blues kicked off their season with a loss to Huntingdon Rowdies whilst the U12 Yellows started with a morale boosting 3-1 win away to Whittlesey. The U13 Blues opened their season with a 3-0 defeat away to Gransden and the U13 Yellows also started with a loss away to Somersham.

The U14s have yet to play a league match and the same goes for the U17 team, both should be beginning their season soon.

So more losses than wins on Day One. County cup games start soon so hopefully we'll be able to bring you news of cup runs as well as league wins in the very near future.

Brian Craig

www.sawtrycolts.co.uk

SAWTRY MOTORCYCLE CLUB

Well the summer's finally over and I hope everyone managed to get away for a well-deserved holiday. A few of us from the Motorcycle Club went over to Europe at the beginning of August (it was actually cheaper than going to Scotland, which was our original idea) - we rode out through Belgium (Bastogne) to Germany (Rothenburg ob der Tauber) and finally to the Black Forest region (Seebach). It was a brilliant trip, although the roadworks on some of the main roads were a pain. Now to start thinking about next year!

Here's another of our bike write ups for you:

"I bought my **Harley Davidson Road King Classic (1690cc V-twin)** back in 2011 as a retirement present to myself. It replaced my old BMW R1150RT, which was a lovely bike but I found the seating position uncomfortable on long runs. I liked the 'feet forward' style of the Harley and after a test ride I decided it was definitely the bike for me. I visited a couple of dealers and in the second one I saw the exact bike I was after - right engine, colour & options - so that was it!

I use my Harley exclusively for touring, predominantly in Europe. I love the comfort of the bike on long journeys, with my feet forward and resting on boards rather than pegs. The slow revving, lazy engine gives the bike a lovely sound and feel. Slow handling is tricky (it's a heavy bike), but once I'm moving it's fine. If I keep the speed below 70mph I can get 59 mpg - not bad for a big bike.

My only dislikes of this Harley is that there is no rev counter, and the cost of (Harley) accessories is very high. Other than that, it's the bike for me."

And one final reminder - if you want to know more, or just chat about bikes, join us at the Greystones on a Tuesday evening, about 8.30pm.

Pete

Tel: 01487 832478

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Email: smcc@scottfamily.plus.com



USEFUL NUMBERS

All Saints' Church - 830215
American Football Weekly - 07725 908356
Beavers/Cubs/Scouts - 01480 581072
Buttons & Bows Playgroup -
07914 278466
Brownies - 830806
Cambs Bobby Scheme - 01480 413311
Cambs Libraries Contact Centre -
0345 045 5225
CARESCO - 832105
CARESCO Charity Shop - 208026
Citizens Advice Bureau, Huntingdon -
0344 245 1292
Electricity 24hr Helpline & Emergencies -
0800 7 838 838
Gas 24hr Helpline & Emergencies -
0800 111 999
Guides - 07811 072670
HACT (Community Transport) -
01480 411114
Ladies Hockey - 07872 339662
Learning Bears - 07811 072670
Methodist Church - 01480 453857
Police (Non-Emergency) - 101
Rainbows - 831076
St Benedict's Catholic Community Sawtry
- Tony 830680
St Luke's Catholic Church Peterborough
- 01733 370877
Samaritans Day/Night - 01733 312727
Sawtry & District Astronomy Society
- 831921
Sawtry & District Bowling Club - 832854
Sawtry Camera Club - 832602
Sawtry Car Scheme - 07810 476979
Sawtry Chorale - 830149
Sawtry Club - 830462

USEFUL NUMBERS

Sawtry Colts - 834478
Sawtry Cricket Club - 834699
Sawtry First Responder Group -
07885 422257
Sawtry Fishing Club - 07436 016188 -
(Charlie)
Sawtry Football Club - 831403
Sawtry History Society - 07596 672588
Sawtry Infant School - 830678
Sawtry Junior Academy - 830204
Sawtry Junior Cricket Club - 830581
Sawtry League Badminton Club - 832871
Sawtry Motorcycle Club - 834190
Sawtry Old School Hall - 831771
Sawtry One Leisure - 01480 387800
Sawtry Parish Council - 831771
Sawtry Pharmacy - 832558
Sawtry Post Office - 208460
Sawtry Small Business Partnership
- 832683
Sawtry Sports & Leisure Association
- 831797
Sawtry Table Tennis Club - 831374
Sawtry Tang Soo Do (Karate) - 830601
Sawtry Village Academy - 830701
Sawtry Walking Group - 832407
Sawtry Wine Makers - 830020
Sawtry WI Hall - 07763 438409
Sawtry Yoga Club - 830601
Sawtry Youth Community Centre - 831542
Seijimkai Karate Club - 832773
Tree Warden - 208676
Wellside Surgery, Sawtry - 830340
www.safelocaltrades.com - 0800 014 1832
Yaxley Surgery - 01733 240478

SAWTRY AREA CODE - 01487



If you would like to add a new number to the list or you have spotted a wrong number then let the CARESCO team know on 832105